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**BRIC** Dents du Midi region is a BRIC partner! Find a range of activities in September for SENIORS seniors:

- > 49, 55 · Marvellous Mushrooms
- > 55 · The Belling of the Stag
- > 50 · A Nose for Nature
- > 55 · Gourmet E-bike Ride
- > 51, 55 · Barme Hike & Fondue in the Wild

Vintage Motors Expo

Auxiliaries & volunteers · event@rddm.ch

- f Animations Dents du Midi region
- f Volunteers Dents du Midi Region
- Prices are in CHF.
- This programme is subject to modification. For up-to-date info, go to regiondentsdumidi.ch.
- Guidebook edited 22.05.2025.

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# **ALPES'HUSKIES ACTIVITIES**

Join us this summer for a host of husky activities, from husky karting and husky hikes to mushing adventure camps an kennel visits. These naw-some experiences will leave you howling for more!

# Champéry & Morgins

Information schedules and booking at buskies agenda of



# Camps

## **Pony Camps**

Under the watchful eye of expert monitors, our young campers will learn how to care for their pony, play games, practice riding technique, and go on excursions in and around the village.

Centre Équestre Champéry · 09h00 › 12h00 30.06-15.08 · Mondays to Fridays

Single price (5+ yrs): 250.- (week)  $\cdot$  55.- (morning) Information & registration at +41 79 429 60 20

# **Mushing Adventure Camps**

At this fun summer camp, children spend 5 glorious days with our friendly huskies for a lifetime of memories! Your children will learn to interact with our dogs and will have plenty of time for activities like husky hiking and husky-karting.

Grand Paradis Shelter Champéry • 09h00 > 16h00 07-11.07 • 21-25.07

Single price (8-16 yrs): 750.- week (accommodation & meals included)

The camps are structured to cover a 5-day period. Children may join for single days during the week for CHF 120.-/ day. Information & registration at huskies.agenda.ch

# **Summer Camps**

Summer Camps might just be the best part of the summer holidays! At the Palladium summer camps, children develop social interaction through play, learn new skills at immersive workshops centered around a weekly theme, and build independence - happy to arrive each morning for a day of thrilling adventures!

Palladium Champéry

Littlies · 09h00 > 12h00 / Biggies · 09h00 > 16h00

07-11.07 · Climbing Games

14-18.07 · Biking

21-25.07 · Space Explorers

28.07-01.08 · Koh Lanta Survivor

04-08.08 · Rolling & Sliding

Littlies (3-4 yrs): 150.- / Biggies (5-9 yrs): 300.- (week)

Option lunch during the week: 44.- extra. 1 day during the week, your child will need to bring a picnic. Reduction for brothers and sisters: 10% off the youngest sibling's camp, 10% off with 2 or more weeks' registration. Registration at balladiumdechampery.ch

# **Kids Bike Camp**

Accompanied by experienced bike monitors on levelappropriate trails, young riders will improve their mountain biking technique, gain confidence, and explore the basics of bike mechanics.

# Grand Paradis car park Champéry · 09h00 › 12h00 14-18.07 · 28.07-01.08

Single price (6-14 yrs): 250.- (week) · 60.- (morning)

20.- discount on the weekly price for members of the Illiez Bike Club. Participants must have basic biking skills. They should feel confident braking and standing up on the pedals. Information & registration at kidsbike-camp.ch

## **DH Kids Camp**

This week-long camp will teach your kids to shred like the experts, while making sure they learn safe riding habits from the get-go! Our expert monitors will provide tips for mastering slopes adapted to each participant's level.

# Grand Paradis car park Champéry · 10h00 › 16h00 14-18.07 · 28.07-01.08

Single price (10-16 yrs): 500.- (week)

30.- discount on the weekly price for members of the Illiez Bike Club. Participants must have basic biking skills. They should feel confident braking and standing up on the pedals. Information & registration at kidsbike-camp.ch

# **Swiss Cycling Academy 4 Kids**

Over three mornings, your young riders will learn to handle their mountain bikes - braking, turning, passing obstacles, and making small jumps—in a fun, supervised environment.

In front of the Salle de la Jeur Morgins · 09h30 › 12h00 (Monday, Tuesday, Thursday, Friday) 07-11.07 · 21-25.07 · 04-08.08 (four mornings)

Single price (6-12 yrs): 199.-

Must have basic biking skills. Registration at morgins.swisskischool.ch

## **M3S MTB Workshop**

Hop on your bike, hit the forest trails, practice riding, pumptrack, and trial riding techniques.es, learn the basics of bike mechanics, and make new friends who love mountain biking as much as you do!

Morgins village centre, outside the Snowline shop 09h30 > 12h30 (Monday, Tuesday, Thursday and Friday) 21-25.07 · 28.07- 01.08 · 04-08.08 · 11-15.08

Single price (8-14 yrs): 220.- (four mornings)

Participants will need a pass for the Morgins gondola for Friday morning. Information & registration at info@m3s.ch

## **Evazion Summer Camps**

Evazion licensed summer camps offer sports, arts, animal care, nature, and adrenaline-packed activities led by experts in each field, ensuring your kids learn and grow in a welcoming, safe, supervised environment.

# Chalet Alpina in Champéry & Chalet Les Planoz Morgins 30.06-16.08

Packages with and without accommodation. Explore our vast selection of camps throughout the summer. Information, prices & registration at evazion.ch



# **21** SATURDAY

# Inauguration

# Hive in Danger Buzzbee v Mordax

The hive is in danger! Buzzbee vs Mordax is a new, family-friendly augmented reality game that takes place along the Bee Trail in Morgins. Join us at the grand opening for a fun-filled, educational adventure featuring live shows and interactive activities! (Only in French)

Place du 6 Août Morgins · 09h30 › 16h00

Free

## **Welcome to Woodworking**

Whether you're passionate about woodworking or simply curious about local history, you'll discover how our ancestors worked and the tools they used in days gone by. Our specialist will show you step-by-step how to repair a bench using traditional techniques.

Vieux Moulins de la Tine Troistorrents · 13h30 › 16h30

Single price (14+ yrs): 50.-

Entry to the Vieux Moulins de la Tine included. Information & registration at reservation@vimoti.ch

# Behind the Bottle Wine Tasting with the Winemaker

Visit the Fischli family's winery in Morgins to sample outstanding local vintages and discover wines aged high in the alpine pastures by expert winemakers.

Le Ferrage Morgins · 14h30 › 17h00

Adult (16+ yrs): free

Booking at info@fischli-vins.ch

# Vernissage | *Empreintes du Val* by Brian Walker & Manon Jaquerod

Brian Walker, a professional animal photographer, and Manon Jaquerod, art therapist and teacher, use Tiffany stained glass techniques to transform their rambles into magnificent artwork that celebrates nature.

Raiffeisen Gallery Champéry · 18h00

Free

# **22** SUNDAY

# Yves Moulin

# **Tiny Accordion Concert**

Accordion virtuoso Yves Moulin presents a timeless musical interlude at the stunning Chalet Chanso high above Morgins. You won't want to miss this one-of-a-kind showcase of an increasingly rare alpine art.

Chalet Chanso Morgins · 17h00 › 18h00

Concert only: 20.-

Concert + meal: 40.- (including a 25.- voucher for the restaurant)

Reservation recommended if you're planning to eat.

# 20-21.06 · Monthey Music Festival

Monthey comes alive with the sound of music! For two days, a diverse array of musicians will perform on stages throughout the town. We invite you to wander freely, enjoying the shows, sampling tasty treats from food stands, and dancing the night away at a panoply of events.

#### Monthey

Friday · 16h00 > 02h00 / Saturday · 12h00 > 02h00

ree

Information at fetemusiquemonthey.ch

#### 21-22.06

# Châtel Chablais Léman Road Cycling Race

Whether you're a seasoned rider or just getting started, take your pick from different distances and two surface options for an unforgettable day setting off from either Châtel or the UCI World Cycling Centre in Aigle.

Over the two days, top cycling brands will rub shoulders with local artisans, producers and businesses in the bustling expossible in the heart of Châtel

Church square Châtel

Free (vendor village)

formation & registration at chatelchablaislemanrace.com



# **26** THURSDAY

# **Alpine Cheesemaking\***

Explore the mix of tradition and modernity that regulate cheesemaking in our alpine pastures as you watch the step-by-step transformation of creamy, farm-fresh milk into delicious alpine cheeses. When you're done, you'll have a chance to taste some mouth-watering local specialities!

#### Tovassière Fromagerie Morgins · 07h45 › 09h45

With tasting : Adult : 10.-

Child (12 and under, must be accompanied by an adult) : 5.-Demonstration only : Adult : 5.- | Child : free

#### Crochetan Mobile | The Mont Blanc Affair

Sit back, soak up the view, and relive one of mountaineering's greatest tragedies—a gripping tale brought to life in an audio dramatisation created with the Crochetan Theatre in Monthey. On select dates this summer, just pop on your headphones and settle into a cosy seat on one of our most spectacular alpine restaurant terraces.

#### Cantine sur Coux Champéry · 19h00 > ~19h30

Free (food and drink for purchase)

Reservation recommended if you're planning to eat

# **28** SATURDAY

## **Welcome to Woodworking**

A small-group, hands-on introduction to an ancient art that was part of our ancestors' daily lives.

#### Vieux Moulins de la Tine Troistorrents · 13h30 › 16h30

Single price (14+ yrs): 50.-

Entry to the Vieux Moulins de la Tine included. Information & registration at reservation@vimoti.ch

# Behind the Bottle Wine Tasting with the Winemaker

Visit the Fischli family's winery in Morgins to sample outstanding local vintages and discover wines aged high in the alpine pastures by expert winemakers.

#### Le Ferrage Morgins · 14h30 › 17h00

Single price (16+ yrs): free

Booking at info@fischli-vins.ch

# 27-29.06

## Salon du VTT · Pass'Portes du Soleil MTB

This year, our neighbours in Les Gets will be hosting the Pass'Portes mountain biking vendors village. Stop by for heaps of fun activities for Pass'Porters and spectators of all ages! (Games, massage stands, shops, and more.)

In the heart of Les Gets · O9h00 > 19h00. Till 18h00

In the heart of Les Gets · 09h00 › 19h00. Till 18h00 Sunday

Free

Information at passportesdusoleil.com

# 30.06-06.07

## The Ultimates Cyclosportive

A new race format with one bold goal: to pack the most elevation gain per kilometre into 1000 km, 555 km and 333 km ultra-distance itieraries. From the start line at the UCI World Cycling Centre to the finish at Aigle Castle, you'll ride self-supported through some of Switzerland's most breathtaking alpine landscapes—and run the gamut of emotions along the way.

Information & registration at theultimates.ch



# 05.07 - 17.07 10H > 18H45 **CHAMPÉRY I PALLADIUM POOL**

Adult: 8.- | Child: 6.-

- > Pool entry



22.07 - 27.07 13H > 18H

Adult: freel Child: 5.-

- > Bouncy castles Wooden games
- Workshops (slackline, corkscrew,
- walking stick, clock & cheese platter) Bibliobus
- > Snookgolf (Saturday)
- > Biathlon (Sunday)

29.07 - 10.08 9H > 19H MORGINS I CENTRE SPORTIF POOL

Adult: 5 .- | Child: 3 .-> Pool entry

- > Bouncy castles





# OI TUESDAY

# **Vineyard Discovery in the Valley** & Behind the Bottle\*

An immersion in the Valais wine world in the company of the Fischli family, winegrower in Morgins. You will visit the vineyard of our valley and taste the wines from it combined with a delicious aperitif planchette.

Cavagne car park Troistorrents · 15h30 > 17h00

Single price (16+ vrs): 12.-

# **Q** WEDNESDAY

## A Morning at the Ranch\*

After a morning at the Ranch tending to the ponies, your children will be on their way to becoming an expert horse whisperer! Young equestrians will jump at this unique chance to learn more about life in the stables.

Morgins Ranch · 09h00 > 10h30

Single price (4-14 yrs): 20.-

# **O3** THURSDAY

## Alpine Cheesemaking\*\*

Explore the mix of tradition and modernity that regulate cheesemaking in our alpine pastures as you watch the step-by-step transformation of creamy, farm-fresh milk into delicious alpine cheeses. When you're done, you'll have a chance to taste some mouth-watering local specialities!

#### Tovassière Fromagerie Morgins · 07h45 > 09h45

With tasting: Adult: 10.- | Child (up to 12 yrs): 5.-Demonstration only: Adult: 5.- I Child: free

# Milking Cows & Raclette Tasting\*

Pull on your coveralls and spend the afternoon being an alpine dairy hand. When you've milked the cows and worked up a hearty appetite, we'll treat you to a delicious snack of authentic Raclette cheese.

#### Portes de Culet Morgins · 16h30 › 21h00

Adult: 30.- I Child (7-12 yrs, must be accompanied by an adult: 20.-) Free for children under 7

30-45 min walk from the Portes de Culet car park (signs will show you the way). We recommend setting off no later than 4h30 pm to reach the activity site by 5 pm. Children must be accompanied by an adult.

# **O4** FRIDAY

# Haute Cime Summit Hike - Objective 3257m!\*

Follow an experienced guide to the very pinnacle of the Dents du Midi. From the windswept summit of the Haute Cime—the region's highest peak—vou'll enjoy breathtaking, bird's-eve views over the French and Swiss Alps. On the way, you'll spend a restful night in one of our most iconic mountain huts.

## Champéry tourist office · 13h45 the next day 16h00

Single price (15+ yrs): 190.-

Overnight at the Susanfe Hut, Must be in good physical condition.

#### Jazz & Wine

Enjoy the ultimate summer afternoon, leisurely strolling Champéry's quaint village street. Stop here and there to enjoy live music, sample local wines, savour delicious nibbles, and soak up the lively atmosphere of an entire community turned out for some festive, Friday-night fun. Sound too good to be true? Nope. it's Jazz & Wine!

#### Village street Champéry · 18h00 › 23h00

Free (food and drink for purchase)

Reservation recommended if you're planning to eat. More information at iazzandwine.ch

# **O5** SATURDAY

## Yoga & Hiking Weekend: Recharge your Batteries!\*

Escape into nature for a restorative weekend of hiking, yoga, and restful nights in the charming Anthème mountain hut. This idyllic escapade in an inspiring natural setting will send you home rested and revitalised!

#### Grand Paradis car park Champéry 09h30 ~12h00 the next day

Adult: 220.-

Child (14-17 yrs, must be accompanied by an adult): 170.-

The price includes an overnight stay in the cabin (half board, drinks extra), two yoga sessions, and guided mountain support.

# **Guided Tour | Monthey: Behind the Scenes**

This fascinating, free guided tour will show you a side of Monthey you've never seen before. From theatre to concerts to the performing arts, this unassuming, industrial city is also a cultural hotspot. Take a peek 'backstage' and see for

#### In front of In front of Casa Nova Monthey 10h00 > 11h30

Free (with booking)

Information & registration at casanovamonthey.ch/agenda

\*Different workshop every day, Full programme online,





# A Morning at the Ranch\*

After a morning at the Ranch tending to the ponies, your children will be on their way to becoming an expert horse whisperer! Young equestrians will jump at this unique chance to learn more about life in the stables.

Morgins Ranch · 09h00 > 10h30

Single price (4-14 vrs): 20.-

#### Downhill MTB 101\*

Hit the trails and feel the rush! Explore the epic Morgins and Portes du Soleil bike terrain with a guide who'll match your level and help you boost your skills with pro tips along the

Centre Sportif car park Morgins · 10h00 > 16h00

Single price (10+ yrs): 95.-

Morning access to the Géant drag lift is included in the price. Afternoon access to the Morgins gondola is not included. Basic biking skills are required: riders should feel confident using the brakes and have good balance when standing on the pedals.

# **Weaving Workshop**

During this fascinating workshop, you'll experience the ancient art of weaving on a loom, just like our ancestors used to do. With help from a master craftsman, vou'll make a beautiful, handwoven tea towel to take home.

Vieux Moulins de la Tine Troistorrents

Two time slots available: 10h00 > 12h00 or 13h30 > 15h30

Single price (14+ vrs): 50.-

Visit of the Vieux Moulins de la Tine site included in the price. Infos and registration on reservation@vimoti.ch

# **Archery Basics & Campfire Picnic**

A real-life Robin Hood and William Tell adventure! In small groups accompanied by a monitor, your merry boys and girls will work up an appetite with an introductory archery course on our 18-target trail, then roast Swiss Cervelas sausages and marshmallows over a crackling campfire!

Géant drag lift Centre Sportif Morgins · 14h00 > 18h00

Single price (8-12 yrs): 35.-

Information & registration at morgins.swisskischool.ch



# **O5** SATURDAY

# Behind the Bottle **Wine Tasting with the Winemaker**

Visit the Fischli family's winery in Morgins to sample outstanding local vintages and discover wines aged high in the alpine pastures by expert winemakers.

Le Ferrage Morgins · 14h30 > 17h00

Adult (16+ yrs): free

Booking at info@fischli-vins.ch

# **O6** SUNDAY

# Scavenger Hunt in the They Vallev\*

Set off on a quest through the They Valley forest in search of a secret treasure hidden away by a band of mischievous trolls! Along the way, you'll have loads of fun learning to navigate and discovering local wildlife and plants.

Morgins tourist office · 14h00 > 16h00

Single price (5+ vrs): 15.-

# **08** TUESDAY

# Photography Workshop\*

It would be hard to find a more photogenic spot to learn the tricks of the trade of landscape photography. In brilliant daylight or the dark of night, or with a spectacular sunset over the mountains, we will see just how different the same landscape can look in different light.

Morgins tourist office · 18h00 > 21h00

Single price (16+ vrs): 30.-







VENDREDI 11 JUILLET - 18 H 45
CENTRE PAROISSIAL ET CULTUREL - CHAMPÉRY

INFOS ET BILLETTERIE: WWW.CULTUREONTOUR.CH















#### Children's Theatre | Por el Momento

Vanishing buttons, flying cards, colour-changing hankies and hats in every shape and style—Por el momento is a one-man circus show bursting with fun surprises. Acrobatics, juggling and mystifying magic tricks collide with clowning and theatrical flair for a playful, high-energy performance that will keep you on the edge of your seat.

In front of the Salle de la Jeur Morgins  $\cdot$  17h30 > 18:10

Free (3+ yrs)

Children under 12 must be accompanied by an adult.

#### **Wednesday Playdays**

Giant Connect 4, mölkky, chalk art, badminton, Velcro catch, swingball, drawing and modelling—your kids will have a blast in Champoussin on Wednesday afternoons this summer!

L'Antre d'Eux Champoussin · 14h00 › 17h00

Free (3-14 yrs, must be accompanied by an adult)

# **Scavenger Hunt in Wonderland**

Follow the White Rabbit on a topsy-turvy adventure through Monthey! Hunt down hidden clues and crack delightfully wacky riddles. Whether you're as mad as the Hatter or as curious as Alice, this giant scavenger hunt promises a wonderfully bonkers experience where anything can happen.

In front of Casa Nova Monthey 16h00 > 19h00

Free



## Alpine Cheesemaking\*

Explore the mix of tradition and modernity that regulate cheesemaking in our alpine pastures as you watch the step-by-step transformation of creamy, farm-fresh milk into delicious alpine cheeses. When you're done, you'll have a chance to taste some mouth-watering local specialities!

#### Tovassière Fromagerie Morgins · 07h45 › 09h45

With tasting: Adult: 10.-

Child (up to 12 yrs, must be accompanied by an adult): 5.-Demonstration only: Adult: 5.- I Child: free

## Milking Cows & Raclette Tasting\*

Pull on your coveralls and spend the afternoon being an alpine dairy hand. When you've milked the cows and worked up a hearty appetite, we'll treat you to a delicious snack of authentic Raclette cheese.

Portes de Culet Morgins · 16h30 › 21h00

Adult: 30.- | Child (7-12 yrs, must be accompanied by an adult: 20.-) Free for children under 7

30–45 min walk from the Portes de Culet car park (signs will show you the way). We recommend setting off no later than 4h30 pm to reach the activity site by 5 pm. Children must be accompanied by an adult.





#### Excursion | Tour des Dents du Midi

Set off on the legendary Tour des Dents du Midi—four days of breathtaking hiking with three nights in cosy mountain huts. Along the way, you'll cross mountain passes, wander through unspoilt forests, and discover alpine lakes, waterfalls, and a stunning diversity of flora and fauna. An unforgettable adventure awaits!

#### 11-14.07

From 650.- (tailor-made excursion  $\cdot$  four days of guided mountain hiking, three nights half-board)

Sign up directly with the guide: etienne.delavy@alpanima.ch. Good physical fitness required. Recommended for ages 12+. More information and excursions at dentsdumidi.ch and guides-champery.ch.

## Scavenger Hunt in Wonderland

Follow the White Rabbit on a topsy-turvy adventure through Monthey! Hunt down hidden clues and crack delightfully wacky riddles. Whether you're as mad as the Hatter or as curious as Alice, this giant scavenger hunt promises a wonderfully bonkers experience where anything can happen.

In front of Casa Nova Monthey 16h00 > 19h00

Free

#### **Pool Party**

Looking for some fun in the sun? Just add water! Join us for a rollicking pool party with cool cocktails and yummy food, a DJ and, of course, chill poolside vibes! When the pool closes, the party will move to the T-Bar.

Centre Sportif Morgins · 16h00 > 21h00

Adult (16+ yrs) | Child: 3 .-

Free (food & drink available for purchase on site). Pool entry free with Multi Pass

# Jazz & Wine

Enjoy the ultimate summer afternoon, leisurely strolling Champéry's quaint village street. Stop here and there to enjoy live music, sample local wines, savour delicious nibbles, and soak up the lively atmosphere of an entire community turned out for some festive, Friday-night fun. Sound too good to be true? Nope, it's Jazz & Wine!

#### Village street Champéry · 18h00 › 23h00

Free (food and drink for purchase)

Reservation recommended if you're planning to eat. More information at iazzandwine.ch



Culture on Tour brings culture to new heights in Champéry! Join the Push-Up theatre company for a touching, offbeat tale about a young woman tracing the path of a 1950s Swiss feminist—an icon she admires but hardly knows. Expect a heady mix of vulnerability, sensuality, and eccentricity, laced with music and humour.

Cultural & Parish Centre Champéry · 18h45 › 20h00 (bar open from 17h45)

Adult: 35.- | Student, apprentice and under 16: 25.Information and booking at cultureontour.ch

# 12 SATURDAY

#### Troistorrents Gourmet Ramble\*

History buffs and foodies alike will love this tasty stroll through the village of Troistorrents, with delicious stops at local shops along the way. You'll also visit the Vieux Moulins de la Tine and the Collaire bread oven—two fascinating landmarks that celebrate the rich cultural heritage of bread and grains in the Illiez Valley.

Troistorrents town hall square - 08h30 > 18h30

Adult: 70 -

Child (6-16 yrs, must be accompanied by an adult): 20.-



# 12 SATURDAY

## Mini Cro Magnons\*

Ever wondered what life was like in prehistoric times? This activity takes curious explorers back into the enigmatic, ancient past. We'll build a shelter, learn to make a fire, and shape wooden bows just like the first humans might have

#### Champeys drag lift Champoussin · 14h00 > 17h00

Single price (4-12 yrs): 15.- (4-6 yrs, must be accompanied by an adult)

# **Behind the Bottle** Wine Tasting with the Winemaker

Visit the Fischli family's winery in Morgins to sample outstanding local vintages and discover wines aged high in the alpine pastures by expert winemakers.

#### Le Ferrage Morgins · 14h30 › 17h00

Single price (16+ yrs): free Booking at info@fischli-vins.ch

# **Twilight Hike** Fondue in the Wild & Sunset Apéro\*

For the Nuit de la Rando festivities, we're hosting a unique experience: a wild aperitif and fondue dinner in a breathtaking alpine setting. Join us for a spectacular sunset and a delicious, convivial open-air feast.

#### Portes de Culet Morgins · 19h00 › 23h00

Single price (10+ yrs): 50.- (hike, aperitif & fondue)

#### Horseback Hikes Barme

Set off on a trusty steed for a thrilling six-hour adventure that will carry you away into the wild beauty of the mountains.

# Centre Équestre Champéry · 08h45

Single price (14+ yrs): 190.-

Information & booking at 079 429 60 20. Riding skills required.

# 13 SUNDAY

## Yoga & Brunch\*

Start your day in a state of grace and get your fill of inner peace and harmony with nature with a high-altitude morning yoga session. After an energising practice to welcome the day, we'll take the time to enjoy a delicious breakfast at the Gîte Alpage La Chaux.

#### Morgins tourist office · 08h30 > 11h45

Adult: 50 -

Child (12-15 yrs, must be accompanied by an adult): 40.-

## Back to the 18th Century

Every weekend from mid-July to mid-August, craftsmen will be keen to present their craft to you to make you live a return to the time of our ancestors and their traditions.

#### Vieux Moulins de la Tine Troistorrents 10h00 > 17h00

Entry fee for the Vieux Moulins de la Tine

## **Concert | Folklore Sundays**

Treat yourself to a feast for all your senses on Sundays and tuck into delicious local specialities in a spectacular alpine setting accompanied by enchanting traditional music!

## Restaurant d'alpage de Tovassière Morgins · 11h30 › 17h00

Reservation recommended if you're planning to eat.

# Scavenger Hunt in the They Valley\*

Set off on a quest through the They Valley forest in search of a secret treasure hidden away by a band of mischievous trolls! Along the way, you'll have loads of fun learning to navigate and discovering local wildlife and plants.

#### Morgins tourist office · 14h00 > 16h00

Single price (5+ vrs): 15.-

# 15 TUESDAY

## Magic Workshop\*

From rabbit-in-a-hat to real-deal tricks—here's where the magic begins! Step by step, kids craft their own pro-worthy props and learn the secrets behind jaw-dropping tricks. A hands-on intro to the art of illusion!

Church square Champéry · 10h00 > 12h00 & 14h00 > 16h00 Single price (6-15 vrs): 15.-

# Workshop | Handcrafted Soap & Shampoo\*

Do something nice for yourself AND for Mother Nature! In an idyllic alpine setting, you'll learn to use wild and medicinal plants and cold soapmaking technique to craft your own soap and solid shampoo to take home, along with the recipes, for a special souvenir.

Gîte Alpage La Chaux · 13h00 > 17h00

Single price (18 yrs): 50.-

# Wines of the Valley – Vineyard Visit & Tasting\*

Visit the Fischli family's winery in Morgins to sample outstanding local vintages and discover wines aged high in the alpine pastures by expert winemakers. The tasting will be accompanied by a delicious snack plate with local specialities.

Cavagne car park Troistorrents · 15h30 > 17h00

Single price (16+ vrs): 12.-

# 16 WEDNESDAY

## A Morning at the Ranch\*

After a morning at the Ranch tending to the ponies, your children will be on their way to becoming an expert horse whisperer! Young equestrians will jump at this unique chance to learn more about life in the stables.

Morgins Ranch - 09h00 > 10h30

Single price (4-14 vrs): 20.-

## Magic Workshop\*

From rabbit-in-a-hat to real-deal tricks—here's where the magic begins! Step by step, kids craft their own pro-worthy props and learn the secrets behind jaw-dropping tricks. A hands-on intro to the art of illusion!

Multipurpose hall Val-d'Illiez 10h00 > 12h00 & 14h00 > 16h00

Single price (6-15 yrs): 15.-

#### Wednesday Playdays

Giant Connect 4, mölkky, chalk art, badminton, Velcro catch, swingball, drawing and modelling-your kids will have a blast in Champoussin on Wednesday afternoons this summer!

L'Antre d'Eux Champoussin · 14h00 › 17h00

Free (3-14 yrs, must be accompanied by an adult)

# Scavenger Hunt in Wonderland

Follow the White Rabbit on a topsy-turvy adventure through Monthey! Hunt down hidden clues and crack delightfully wacky riddles. Whether you're as mad as the Hatter or as curious as Alice, this giant scavenger hunt promises a wonderfully bonkers experience where anything can happen.

Casa Nova Monthey - 16h00 > 19h00

Free

#### Children's Theatre I Kachtelane Show

Both clownish and full of magic, this visual and interactive show will amaze your children who will also have the chance to participate in spectacular tours, while having a great laugh! Surprise effects and great illusions on the program.

Multipurpose room of Val-d'Illiez · 18h00 > 19h15

Free (3+ vrs)

Children must be accompanied by an adult

#### Crochetan Mobile | The Mont Blanc Affair

Sit back, soak up the view, and relive one of mountaineering's greatest tragedies—a gripping tale brought to life in an audio dramatisation created with the Crochetan Theatre in Monthey. On select dates this summer, just pop on your headphones and settle into a cosy seat on one of our most spectacular alpine restaurant terraces.

Chalet Chanso Morgins · 19h00 > ~19h30

Free (food and drink for purchase)

Reservation recommended if you're planning to eat.

# 17 THURSDAY

# Alpine Cheesemaking\*

Explore the mix of tradition and modernity that regulate cheesemaking in our alpine pastures as you watch the step-by-step transformation of creamy, farm-fresh milk into delicious alpine cheeses. When you're done, you'll have a chance to taste some mouth-watering local specialities!

Tovassière Fromagerie Morgins · 07h45 > 09h45

With tasting: Adult: 10.-

Child (12 and under, must be accompanied by an adult): 5.-Demonstration only: Adult: 5.- I Child: free

## Magic Workshop\*

From rabbit-in-a-hat to real-deal tricks—here's where the magic begins! Step by step, kids craft their own pro-worthy props and learn the secrets behind jaw-dropping tricks. A hands-on intro to the art of illusion!

Salle de la Jeur Morgins · 10h00 › 12h00 & 14h00 › 16h00

Single price (6-15 yrs): 15.-

# Workshop | Amazing Acrylics\*

In this workshop, you'll explore acrylic painting and let your creativity flow, using the stunning Alpine landscape as your

In front of Val-d'Illiez train station : 14h00 > 16h00

Adult: 35.-

Child (7-15 yrs, must be accompanied by an adult): 22.-

#### Pool & Grill

Experience a beach party like no other... in the mountains! Indulge in delicious cocktails, dance to the beats of a DJ. tuck into themed barbecue feasts, and take a dip in the swimming pool!

#### Palladium outdoor pool Champéry · 15h00 > 21h30

Fee for pool entry (free with the Multi Pass)

Adult- 8 - I Child- 6 -

Pool entry free after 18h00

# Milking Cows & Raclette Tasting\*

Pull on your coveralls and spend the afternoon being an alpine dairy hand. When you've milked the cows and worked up a hearty appetite, we'll treat you to a delicious snack of authentic Raclette cheese

Portes de Culet Morgins · 16h30 › 21h00

Adult: 30.- | Child (7-12 yrs, must be accompanied by an adult: 20.-) Free for children under 7

30-45 min walk from the Portes de Culet car park (signs will show you the way). We recommend setting off no later than 4h30 pm to reach the activity site by 5 pm. Children must be accompanied by an adult.

# 18 FRIDAY

#### Excursion | Tour des Dents du Midi

Set off on the legendary Tour des Dents du Midi-four days of breathtaking hiking with three nights in cosy mountain huts. Along the way, you'll cross mountain passes, wander through unspoilt forests, and discover alpine lakes, waterfalls, and a stunning diversity of flora and fauna. An unforgettable adventure awaits!

#### 18-21.07

From 650.- (tailor-made excursion · four days of guided mountain hiking, three nights half-board)

Sign up directly with the guide, Nathalie Zorzi at nathalie@natstream.ch. Good physical fitness required. Recommended for ages 12+. More information and excursions at dentsdumidi.ch and guides-champerv.ch.

#### lazz & Wine

Enjoy the ultimate summer afternoon, leisurely strolling Champéry's quaint village street. Stop here and there to enjoy live music, sample local wines, savour delicious nibbles, and soak up the lively atmosphere of an entire community turned out for some festive. Friday-night fun. Sound too good to be true? Nope. it's Jazz & Wine!

#### Village street Champéry · 18h00 › 23h00

Free (food and drink for purchase)

Reservation recommended if you're planning to eat. More information at iazzandwine.ch

# 19 SATURDAY

# **Scavenger Hunt in Wonderland**

Follow the White Rabbit on a topsy-turvy adventure through Monthey! Hunt down hidden clues and crack delightfully wacky riddles. Whether you're as mad as the Hatter or as curious as Alice, this giant scavenger hunt promises a wonderfully bonkers experience where anything can happen.

In front of Casa Nova Monthey · 08h00 > 11h00

Free

# Back to the 18th Century

Every weekend from mid-July to mid-August, craftsmen will be keen to present their craft to you to make you live a return to the time of our ancestors and their traditions.

Vieux Moulins de la Tine Troistorrents 10h00 > 17h00

Entry fee for the Vieux Moulins de la Tine

# **Lumberiack Competition**

Morgins is breaking out the flannel for a full day of lumberjack action! Expect non-stop action with woodchopping contests, heavy-duty forestry demos, kids' games, food stalls, bars, and a buzzing, feel-good vibe all day long. Be prepared, the party won't stop when the sun goes down!

Salle de la Jeur Morgins 09h00 > 19h00 (contest & activities) 19h00 > 00h00 (festive evening activities)

## Jeux m'Éclate Street Festival

Fun and games for all ages! One of our most popular events. Jeux m'Éclate turns the village street into a playground for puzzling, cooperating, strategizing, negotiating, headscratching, laughing, and just plain goofing around with some good, old-fashioned wooden games.

Village street Champéry · 13h00 > 18h00

# **Behind the Bottle** Wine Tasting with the Winemaker

Visit the Fischli family's winery in Morgins to sample outstanding local vintages and discover wines aged high in the alpine pastures by expert winemakers.

Le Ferrage Morgins · 14h30 > 17h00

Single price (16+ yrs): free Booking at info@fischli-vins.ch



# Back to the 18th Century

Every weekend from mid-July to mid-August, craftsmen will be keen to present their craft to you to make you live a return to the time of our ancestors and their traditions

#### Vieux Moulins de la Tine Troistorrents 10h00 > 17h00

Entry fee for the Vieux Moulins de la Tine

#### **Concert | Folklore Sundays**

Treat yourself to a feast for all your senses on Sundays and tuck into delicious local specialities in a spectacular alpine setting accompanied by enchanting traditional music!

Alpage Lapisa in Champéry · 11h30 › 16h00 Restaurant d'alpage de Toyassière Morgins · 11h30 › 17h00 Free

Reservation recommended if you're planning to eat.

# Folk Dances & Tortafritas: A Taste of Argentina\*

Embark on a whirlwind voyage to South America! For one. delicious afternoon, immerse yourself in the vibrant beauty of Argentina. We will learn to dance traditional folk dances like the Chacarera and Bailacito before trying our hand at making delicious tortafritas, to be accompanied by a refreshing maté!

In front of the Val-d'Illiez station · 14h30 > 17h00

Adult: 40 -

Child (7-15 yrs. must be accompanied by an adult): 25.-

# **22** TUESDAY

# From Picking to Plate\*

Nature is delicious! Work up an appetite in the great outdoors as you search for edible wild plants—learning how to spot. identify, and cook with the local bounty growing all around us. Afterwards, you'll whip up a tasty wild plant apéritif, then sit down to a full-on feast featuring local plants and herbs, prepared by the talented team at Restaurant Chez Coquoz.

#### Grand-Paradis car park Champéry · 09h00 > 15h00

Adult: 80.-

Child (8-15 yrs, must be accompanied by an adult): 60.-

3-course menu included (drinks are extra)

# Yoga & Apéro\*

End your day on a high note with an evening yoga session in the fresh mountain air. This gentle, feel-good practice is all about slowing down and reconnecting-body, breath, and soul. After soaking up the alpine calm, we'll unwind over a well-earned apéro at the cosy Gîte Alpage La Chaux.

#### Morgins tourist office - 17h15 > 19h30

Child (12-15 yrs, must be accompanied by an adult): 40.-

# **23** WEDNESDAY

# 10th Oratory Ramble in Champéry

Join the Illiez Valley parishioners on their annual pilgrimage to visit a number of the oratories that dot our village landscapes. We will make time for quiet reflection, and the hike will be followed by a picnic.

## Champéry church square · 08h30

Information at +41 79 405 78 94

## A Morning at the Ranch\*

After a morning at the Ranch tending to the ponies, your children will be on their way to becoming an expert horse whisperer!

#### Morgins Ranch · 09h00 > 10h30

Single price (4-14 yrs): 20.-

#### Downhill MTB 101

Hit the trails and feel the rush! Explore the epic Morgins and Portes du Soleil bike terrain with a guide who'll match your level and help you boost your skills with pro tips along the way.

#### Centre Sportif car park Morgins · 10h00 > 16h00

Single price (10+ yrs): 95.-

Morning access to the Géant drag lift is included in the price. Afternoon access to the Morgins gondola is not included. Basic biking skills are required: you should feel confident braking and have good balance standing on the pedals.

## **Weaving Workshop**

During this fascinating workshop, you'll experience the ancient art of weaving on a loom, just like our ancestors used to do. With help from a master craftsman, you'll make a handwoven tea towel to take home—a beautiful keepsake of a timeless craft.

#### Vieux Moulins de la Tine Troistorrents

Two time slots available: 10h00 > 12h00 or 13h30 > 15h30

Single price (14+ vrs): 50.-

Entry to the Vieux Moulins de la Tine included. Information & registration at reservation@vimoti.ch

# **Archery Basics & Campfire Picnic**

In small groups accompanied by a monitor, your merry boys and girls will work up an appetite with an introductory archery course on our 18-target trail, then roast Swiss Cervelas sausages and marshmallows over a crackling campfire!

#### Géant drag lift Centre Sportif Morgins · 14h00 > 18h00

Single price (8-12 vrs): 35.-

Information & registration at morgins.swisskischool.ch

## Wednesday Playdays

Power 4 giant, mölkky, chalk on stones, badminton, klettball, jokari, drawing and modelling equipment...

#### L'Antre d'Eux Champoussin · 14h00 > 17h00

Free (3-14 yrs, must be accompanied by an adult)

## **Scavenger Hunt in Wonderland**

Follow the White Rabbit on a topsy-turvy adventure through Monthey! Hunt down hidden clues and crack delightfully wacky riddles. Whether you're as mad as the Hatter or as curious as Alice, this giant scavenger hunt promises a wonderfully bonkers experience where anything can happen.

#### In front of Casa Nova Monthey 16h00 > 19h00

Free

#### Children's Theatre

#### Football Referee Luez Casarozzi

This comedy show stars a delightfully eccentric football referee who couldn't care less about the rules—as long as everyone's having fun! Expect laugh-out-loud antics with spontaneous yellow and red cards, magic tricks with coins, wild goal-kick challenges, choreographed chaos, singalongs with the crowd, and a side-splitting ballet with the ball. Game on!

#### Champéry church square · 17h30 > 18h15

Free (3+ yrs)

Children must be accompanied by an adult

#### **Crochetan Mobile | The Mont Blanc Affair**

Sit back, soak up the view, and relive one of mountaineering's greatest tragedies—a gripping tale brought to life in an audio dramatisation created with the Crochetan Theatre in Monthey. On select dates this summer, just pop on your headphones and settle into a cosy seat on one of our most spectacular alpine restaurant terraces.

#### Chez Gaby 1670 Champoussin · 19h00 > ~19h30

Free (food and drink for purchase)

Reservation recommended if you're planning to eat.



## Alpine Cheesemaking\*

Explore the mix of tradition and modernity that regulate cheesemaking in our alpine pastures as you watch the step-by-step transformation of creamy, farm-fresh milk into delicious alpine cheeses. When you're done, you'll have a chance to taste some mouth-watering local specialities!

#### Tovassière Fromagerie Morgins · 07h45 › 09h45

With tasting: Adult: 10.-

Child (12 and under, must be accompanied by an adult): 5.-Demonstration only: Adult: 5.- I Child: free

#### **Druid Secrets\***

In this enchanting scenario, your youngsters will play sorcerer's apprentice to the village Druid, who is quite the prankster! Today's adventure will include a treasure hunt brimming with puzzles, riddles, and enigmas to solve as the little apprentices scour the great outdoors for the ingredients to a mysterious potion.

#### Restaurant l'Étable Les Crosets · 14h00 > 16h00

Single price (6-12 yrs, must be accompanied by an adult): 15.-Free for accompanying adults

#### Pool & Grill

A desire to party as if you were by the sea, but in the mountains? Cocktails, DJs, swimming pools, entertainment for young and old and themed grills are on the agenda!

#### Palladium outdoor pool Champéry · 15h00 › 21h30

Paid entrance to the pool (free with the Multi Pass): Adult: 8.- | Child: 6.-

Pool entry free after 18h00

# Milking Cows & Raclette Tasting\*

Pull on your coveralls and spend the afternoon being an alpine dairy hand. When you've milked the cows and worked up a hearty appetite, we'll treat you to a delicious snack of authentic Raclette cheese.

#### Portes de Culet Morgins · 16h30 › 21h00

Adult: 30.- I Child (7-12 yrs, must be accompanied by an adult: 20.-) Free for children under 7

30–45 min walk from the Portes de Culet car park (signs will show you the way). We recommend setting off no later than 4h30 pm to reach the activity site by 5 pm. Children must be accompanied by an adult.

# 25 FRIDAY

# Haute Cime Summit Hike - Objective 3257m!\*

Follow an experienced guide to the very pinnacle of the Dents du Midi. From the windswept summit of the Haute Cime—the region's highest peak—you'll enjoy breathtaking, bird's-eye views over the French and Swiss Alps. On the way, you'll spend a restful night in one of our most iconic mountain huts.

# Champéry tourist office · 13h45 - 16h00 the next day

Single price (15+ yrs): 190.-

Overnight at the Susanfe Hut. Must be in good physical condition.

## Jazz & Wine

Enjoy the ultimate summer afternoon, leisurely strolling Champéry's quaint village street. Stop here and there to enjoy live music, sample local wines, savour delicious nibbles, and soak up the lively atmosphere of an entire community turned out for some festive, Friday-night fun. Sound too good to be true? Nope, it's Jazz & Wine!

#### Village street Champéry · 18h00 > 23h00

Free (food and drink for purchase)

Reservation recommended if you're planning to eat. More information at jazzandwine.ch

# Val-d'Illiez Village Festival

The Val-d'Illiez village festival is a summer highlight! Experience two days of non-stop festivities, featuring live music, games, delicious food and drinks, and a high-octane DJ to keep the party grooving well into the wee hours. On Saturday, join us for our famous beer-tasting trail, with stops along the way for delicious samples of local craft-brew suds and snacks.

#### Place de la Cour Val-d'Illiez : from 19h00

Free

Information at fdvilliez.ch



# Val-d'Illiez Village Festival & Craft Beer Trail

**26** SATURDAY

The Val-d'Illiez village festival is a summer highlight! Experience two days of non-stop festivities, featuring live music, games, delicious food and drinks, and a high-octane DJ to keep the party grooving well into the wee hours. Today is our famous beer-tasting trail, with stops along the way for delicious samples of local craft-brew suds and snacks.

Place de la Cour Val-d'Illiez from 09h30 · Beer-tasting trail from 11h00 · Village festival

Free (Village festival)

Single price: 85.- (beer-tasting trail)

Information and registration for the beer-tasting trail at fdvilliez.ch

## Back to the 18th Century

Every weekend from mid-July to mid-August, craftsmen will be keen to present their craft to you to make you live a return to the time of our ancestors and their traditions

#### Vieux Moulins de la Tine Troistorrents 10h00 > 17h00

Entry fee for the Vieux Moulins de la Tine

#### Flea Market

Thingamajigs, whatchamacallits, and other assorted stuff to be had for a song! Whether you are a bargain hunter or a second-hand dealer, you just might find a hidden gem...

#### Village street Champéry · 10h00 › 17h00

Information & registration for a stand at j.perrinjaquet@gmail.com. Price for a stand : 25.-

# **Behind the Bottle** Wine Tasting with the Winemaker

Visit the Fischli family's winery in Morgins to sample outstanding local vintages and discover wines aged high in the alpine pastures by expert winemakers.

Le Ferrage Morgins · 14h30 > 17h00

Single price (16+ yrs): free Booking at info@fischli-vins.ch

## Final Concert Illiez Valley Music Camp

50 talented students from the four Illiez Valley music schools will enchant you with the fruits of an intensive week of music camp. Don't miss this chance to support them and enjoy their amazing performances!

Multipurpose hall Troistorrents · 11h00

# **27** SUNDAY

# Back to the 18th Century

Every weekend from mid-July to mid-August, craftsmen will be keen to present their craft to you to make you live a return to the time of our ancestors and their traditions.

Vieux Moulins de la Tine Troistorrents 10h00 > 17h00

Entry fee for the Vieux Moulins de la Tine

# **Concert | Folklore Sundays**

Treat yourself to a feast for all your senses on Sundays and tuck into delicious local specialities in a spectacular alpine setting accompanied by enchanting traditional music!

Alpage Lapisa Champéry · 11h30 › 16h00 Restaurant d'alpage de Tovassière Morgins · 11h30 > 17h00

Reservation recommended if you're planning to eat.

# Scavenger Hunt in the They Valley\*

Set off on a quest through the They Valley forest in search of a secret treasure hidden away by a band of mischievous trolls! Along the way, you'll have loads of fun learning to navigate and discovering local wildlife and plants.

Morgins tourist office · 14h00 > 16h00

Single price (5+ yrs): 15.-



# **ORIENTEERING REGION DENTS DU MIDI**

Put your body and mind to the ultimate test!



FREE











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31.07 01.08

Folklore groups Activities for children Concerts **Parades** and more

# **29** TUESDAY

#### The Dish on Wild Plants\*

On an easy stroll, our herbalist and guide will take you on an adventure in search of edible and medicinal wild plants. You'll then prepare a delicious apéro with your pickings. followed by an original and flavourful meal crafted with care at Gîte Alpage La Chaux in Morgins. A unique way to savour the mountains—one bite at a time!

Gîte Alpage la Chaux Morgins · 09h30 > 14h30

Single price: 70.- (12-15 yrs, must be accompanied by an adult)

# **30** WEDNESDAY

# Sunrise Yoga & Brunch\*

Start your day in a state of grace and get your fill of inner peace and harmony with nature with a high-altitude voga session at sunrise. After an energising practice to welcome the day, we'll take the time to enjoy a delicious breakfast Chalet Chanso.

Morgins tourist office · 04h30 > 10h00

Adult: 50.-

Child (12-15 yrs, must be accompanied by an adult): 40.-

# A Morning at the Ranch\*

After a morning at the Ranch tending to the ponies, your children will be on their way to becoming an expert horse whisperer! Young equestrians will jump at this unique chance to learn more about life in the stables

Morgins Ranch · 09h00 > 10h30

Single price (4-14 yrs): 20.-

# **Healing Herbs & Local Flavours\***

Take to the hills for a gentle stroll with our herbalist to discover the wild plants traditionally used for healing in the valley. Using your fresh finds, you'll create a natural remedy to boost your home medicine cabinet. The workshop wraps up with a delicious meal at Restaurant Le Ferrage.

Le Ferrage Morgins · 09h30 › 15h00

Adult 80 -

Child (8-15 yrs, must be accompanied by an adult): 60.-

Meal included (drinks extra)

# **Weaving Workshop**

During this fascinating workshop, you'll experience the ancient art of weaving on a loom, just like our ancestors used to do. With help from a master craftsman, you'll make a beautiful, handwoven tea towel to take home.

Vieux Moulins de la Tine Troistorrents

Two time slots available: 10h00 > 12h00 or 13h30 > 15h30

Single price (14+ yrs): 50.-

Visit to the Vieux Moulins de la Tine site included in the price. Information & registration at reservation@vimoti.ch

## **Wednesday Playdays**

Giant Connect 4, mölkky, chalk art, badminton, Velcro catch, swingball, drawing and modelling-your kids will have a blast in Champoussin on Wednesday afternoons this

L'Antre d'Eux Champoussin · 14h00 > 17h00

Free (3-14 yrs, must be accompanied by an adult)

## **Scavenger Hunt in Wonderland**

Follow the White Rabbit on a topsy-turvy adventure through Monthey! Hunt down hidden clues and crack delightfully wacky riddles. Whether you're as mad as the Hatter or as curious as Alice, this giant scavenger hunt promises a wonderfully bonkers experience where anything can happen.

In front of Casa Nova Monthey 16h00 > 19h00

Free

#### Crochetan Mobile | The Mont Blanc Affair

Sit back, soak up the view, and relive one of mountaineering's greatest tragedies—a gripping tale brought to life in an audio dramatisation created with the Crochetan Theatre in Monthey. On select dates this summer, just pop on your headphones and settle into a cosy seat on one of our most spectacular alpine restaurant terraces.

Alpage Lapisa in Champéry · 19h00 › ~19h30

Free (food and drink for purchase)

Reservation recommended if you're planning to eat.

# **29.07-10.08 · Morgins Fun Park ·** see p. 12

# 31 THURSDAY

## Alpine Cheesemaking\*

Explore the mix of tradition and modernity that regulate cheesemaking in our alpine pastures as you watch the step-by-step transformation of creamy, farm-fresh milk into delicious alpine cheeses. When you're done, you'll have a chance to taste some mouth-watering local specialities!

#### Tovassière Fromagerie Morgins · 07h45 > 09h45

With tasting: Adult: 10.-

Child (up to 12 yrs, must be accompanied by an adult): 5.-Demonstration only: Adult: 5.- | Child: free

## **Challenge Morginois**

Get ready for Swiss National Day festivities with an old favourite the Challenge Morginois! This fun team scavenger hunt weaves through and around the village of Morgins and nearby forest, with quizzes, sporty challenges, and playful games.

Opposite the tourist office Morgins Departure slots from 13h00 - 14h30

Free (with registration)

Registration at the Morgins tourist office

# **Swiss National Day Eve in Morgins**

Folk concerts, shows, entertainment for children, a dance party... In Morgins, the Swiss National Day is celebrated the day before with a nice musical and artistic program! On site. you can also take advantage of the bars and food stalls run by local merchants and companies.

Village square Morgins · 15h00 > 01h00

Free

#### Pnnl & Grill

A desire to party as if you were by the sea, but in the mountains? Cocktails, DJs, swimming pools, entertainment for young and old and themed grills are on the agenda!

## Palladium outdoor pool Champéry · 15h00 > 21h30

Paid entry to the pool (free with the Multi Pass) Adult: 8.- | Child: 6.-

Pool entry free after 18h00

# **Swiss National Day Eve**

Join us at the top of the cable car for tasty food, a disco party, and a stunning fireworks show in front of the Dents du Midi to take the 1st of August celebrations to new heights— 2.000m high to be exact!

Restaurant Croix-de-Culet Champéry · 16h00 > 22h00

Free

Cable car lift pass prices at skipass-pds-ch.ch

# Rencontres Musicales The Four Seasons Vivaldi - Rasmussen

Champéry's cultural highlight of the summer! From July 31st to August 14th, this much-loved classical music festival showcases stunning concerts by world-renowned artists. Now in its 26th year, the festival invites music lovers to lose themselves in the romance and splendour of 'A Voyage to Italy'.

## Chamnéry

17h00 > 19h00 Champéry church square (bar. festivities & pre-concert with the Echo de la Montagne brass band) 19h00 in the church (concert starts)

Information & ticketing at rencontres-musicales.ch

\*Activity must be booked by 5 pm the day before. Information & registration: tourist offices or regiondentsdumidi.ch





# **Guided Tour | City of Surprises**

This fascinating, free guided tour will show you a side of Monthey you've never seen before. Surprisingly rich in stories and history. Monthey is a decidedly unusual and unexpectedly original town.

Casa Nova Monthey · 09h30 > 11h00 & 13h30 > 15h00

Free (booking required)

Information & registration at casanovamonthey.ch/agenda

## Swiss National Day Champéry

Hooray, it's Swiss Day!! As always, Champéry pulls out all the stops—festooned from top to bottom, the village celebrates with costumed dancing groups, concerts, spectacles, and family-friendly activities. As night falls, experience the magic of the famous 1st of August torchlight parade and marvel as dazzling, illuminated paragliders light up the night sky! Local shops and clubs offer bars and food stands, creating a vibrant, festival atmosphere you won't want to miss.

Village street Champéry · 10h00 › 02h00

Free

# **Guided Tour | Once Upon a Village**

This fascinating, free guided tour will show you a side of Monthey you've never seen before. Over the nearly a thousand years since it was founded, Monthey has changed a lot! Follow us and discover the best-kept secrets of a city that was once a village!

Casa Nova Monthey 10h00 > 11h30

Free (booking required)

Information & registration at casanovamonthey.ch/agenda

# **Swiss National Day Champoussin**

As part of the Swiss National Day festivities, join us for an afternoon bingo at L'Antre d'Eux, followed by an evening concert and our traditional bonfire to close the event. Drinks at the bar and tasty snacks on offer will keep you from feeling peckish over the evening.

L'Antre d'Eux Champoussin · 14h30 › 23h00

Free

# **O2** SATURDAY

# Back to the 18th Century

Every weekend from mid-July to mid-August, craftsmen will be keen to present their craft to you to make you live a return to the time of our ancestors and their traditions.

Vieux Moulins de la Tine Troistorrents 10h00 > 17h00

Entry fee for the Vieux Moulins de la Tine

# **Behind the Bottle** Wine Tasting with the Winemaker

Visit the Fischli family's winery in Morgins to sample outstanding local vintages and discover wines aged high in the alpine pastures by expert winemakers.

Le Ferrage Morgins · 14h30 > 17h00

Single price (16+ vrs): free Booking at info@fischli-vins.ch

# **Rencontres Musicales** Theatrical Concert | The Grand Tour

Champéry's cultural highlight of the summer! From July 31st to August 14th, this much-loved classical music festival showcases stunning concerts by world-renowned artists. Now in its 26<sup>th</sup> year, the festival invites music lovers to lose themselves in the romance and splendour of 'A Voyage to

Catholic church Champéry · 19h00 (concert starts)

Information & ticketing at rencontres-musicales.ch







Champéry's cultural highlight of the summer! From July 31st to August 14th, this much-loved classical music festival showcases stunning concerts by world-renowned artists. Now in its 26<sup>th</sup> year, the festival invites music lovers to lose themselves in the romance and splendour of 'A Voyage to

Catholic church Champéry · 19h00 (concert starts)

Information & ticketing at rencontres-musicales.ch

# **O5** TUESDAY

# Wines of the Valley - Vineyard Visit & Tasting\*

Visit the Fischli family's winery in Morgins to sample outstanding local vintages and discover wines aged high in the alpine pastures by expert winemakers. The tasting will be accompanied by a delicious snack plate with local specialities.

Cavagne car park Troistorrents · 15h30 > 17h00

Single price (16+ yrs): 12.-



#### A Morning at the Ranch\*

After a morning at the Ranch tending to the ponies, your children will be on their way to becoming an expert horse whisperer! Young equestrians will jump at this unique chance to learn more about life in the stables.

Morgins Ranch · 09h00 > 10h30

Single price (4-14 yrs): 20.-

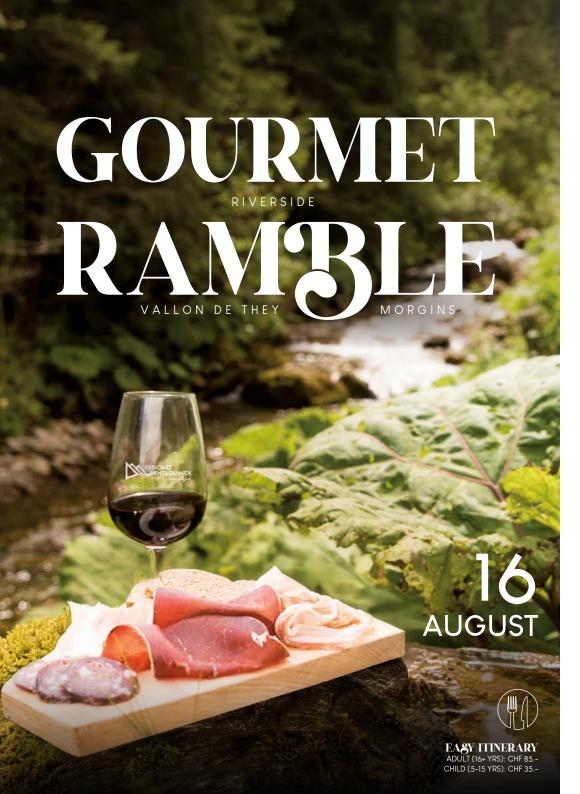
## Downhill MTB 101

Hit the trails and feel the rush! Explore the epic Morgins and Portes du Soleil bike terrain with a guide who'll match your level and help you boost your skills with pro tips along the

Centre Sportif car park Morgins · 10h00 > 16h00

Single price (10+ vrs): 95.-

Morning access to the Géant drag lift is included in the price. Afternoon access to the Morgins gondola is not included. Basic biking skills are required: riders should feel confident using the brakes and have good balance when standing on the pedals.



# **O3** SUNDAY

# Yoga & Brunch\*

Start your day in a state of grace and get your fill of inner peace and harmony with nature with a high-altitude morning voga session. After an energising practice to welcome the day, we'll take the time to enjoy a delicious breakfast at the Cantine sur Coux.

Champéry tourist office · 08h30 > 11h45

Adult 50 -

Child (12-15 yrs, must be accompanied by an adult): 40.-

# Back to the 18th Century

Every weekend from mid-July to mid-August, craftsmen will be keen to present their craft to you to make you live a return to the time of our ancestors and their traditions

Vieux Moulins de la Tine Troistorrents 10h00 > 17h00

Entry fee for the Vieux Moulins de la Tine

#### **Concert | Folklore Sundays**

Treat yourself to a feast for all your senses on Sundays and tuck into delicious local specialities in a spectacular alpine setting accompanied by enchanting traditional music!

Alpage Lapisa Champéry · 11h30 › 16h00 Restaurant d'alpage de Toyassière Morgins · 11h30 › 17h00

Reservation recommended if you're planning to eat.

# 03.08 · Tour de France Femmes 2025 arrival village

After hosting Stage 9 of the Tour de France in 2022, Châtel is back on the bike! With a little help from Haute-Savoie, they're rolling out the pink carpet for the Tour de France Femmes. The grand finale kicks off in Vannes and powers all the way to Châtel—get ready to cheer them all the way home!

# Châtel

# O6 WEDNESDAY

## **Weaving Workshop**

During this fascinating workshop, you'll experience the ancient art of weaving on a loom, just like our ancestors used to do. With help from a master craftsman, vou'll make a beautiful, handwoven tea towel to take home.

Vieux Moulins de la Tine Troistorrents Two time slots available: 10h00 > 12h00 or 13h30 > 15h30

Single price (14+ vrs): 50.-

Visit to the Vieux Moulins de la Tine site included in the price. Information & registration at reservation@vimoti.ch

## **Wednesday Playdays**

Giant Connect 4, mölkky, chalk art, badminton, Velcro catch, swingball, drawing and modelling—vour kids will have a blast in Champoussin on Wednesday afternoons this

L'Antre d'Eux Champoussin · 14h00 > 17h00

Free (3-14 yrs, must be accompanied by an adult)

## **Archery Basics & Campfire Picnic**

A real-life Robin Hood and William Tell adventure! In small groups accompanied by a monitor, your merry boys and girls will work up an appetite with an introductory archery course on our 18-target trail, then roast Swiss Cervelas sausages over a crackling campfire!

Géant drag lift Centre Sportif Morgins · 14h00 > 18h00

Single price (8-12 yrs): 35.-

Information & registration at morgins.swisskischool.ch

# Photography Workshop\*

It would be hard to find a more photogenic spot to learn the tricks of the trade of landscape photography. In brilliant daylight or the dark of night, or with a spectacular sunset over the mountains, we will see just how different the same landscape can look in different light.

Morgins tourist office - 18h00 > 21h00

Single price (16+ yrs): 30.-

## Children's Theatre

# The Legend of Verbruntschneck

Curtains up in just a few minutes. The director's ready, the set's in place, costumes prepped, sound system humming... but where are the actors? No warmups backstage, no lastminute rehearsals—something's gone wrong. An accident? A backstage bust-up? Who knows! One thing's certain: it's up to you, the audience, to save the show. This hilarious, interactive performance puts you in the spotlight—because tonight, the stars of the stage are the audience!

Frâchette shelter Champoussin · 17h30 › 18:25

# **Rencontres Musicales** Homage to Luis Mendes de Leon, Mandolins & **Orchestra**

Champéry's cultural highlight of the summer! From July 31st to August 14th, this much-loved classical music festival showcases stunning concerts by world-renowned artists. Now in its 26th year, the festival invites music lovers to lose themselves in the romance and splendour of 'A Voyage to

Protestant church Champéry · 19h00 (concert starts)

Information & ticketing at rencontres-musicales.ch

# **O7** THURSDAY

# Alpine Agriculture Hike\*

This themed walk dives into the world of mountain farming, local cheese-making, and traditional valley life. Along the way, you'll stop at an alpine pasture to try your hand at making fresh butter and cheese—flavoured with wild herbs you'll gather on the trail. A tasty slice of life in the high Alps!

Champéry cable car bottom station · 08h45 › ~13h00

Adult: 49.-

Child (9-15 vrs. must be accompanied by an adult): 29.-

Cable car ticket included

# Pool & Grill

Experience a beach party like no other... in the mountains! Indulge in delicious cocktails, dance to the beats of a DJ, tuck into themed barbecue feasts, and take a dip in the swimming pool!

#### Palladium outdoor pool Champéry · 15h00 › 21h30

Fee for pool entry (free with the Multi Pass):

Adult: 8 - I Child: 6 -

Pool entry free after 18h00

## Milking Cows & Raclette Tasting\*

Pull on your coveralls and spend the afternoon being an alpine dairy hand. When you've milked the cows and worked up a hearty appetite, we'll treat you to a delicious snack of authentic Raclette cheese.

#### Portes de Culet Morgins · 16h30 › 21h00

Adult: 30.- | Child (7-12 yrs, must be accompanied by an adult: 20.-) Free for children under 7

30-45 min walk from the Portes de Culet car park (signs will show you the way). We recommend setting off no later than 4h30 pm to reach the activity site by 5 pm. Children must be accompanied by an adult.

#### Crochetan Mobile | The Mont Blanc Affair

Sit comfortably, enjoy the striking view around you and put on your headphones... Relive one of the great tragedies in the history of mountaineering, a breathless tale that you will (re)discover by ear, supported by live percussion

#### Cantine Barmaz Champéry · 19h00 › ~19h30

Free (food and drink for purchase)

Reservation recommended if you're planning to eat.

#### 08-09 · Chablues Festival

artists from Valais. Switzerland and abroad. On site.

**Crochetan Park in Monthey** 

# O8 FRIDAY

# Haute Cime Summit Hike - Objective 3257m!\*

Follow an experienced guide to the very pinnacle of the Dents du Midi. From the windswept summit of the Haute Cimethe region's highest peak—vou'll enjoy breathtaking, bird'seye views over the French and Swiss Alps. On the way, you'll spend a restful night in one of our most iconic mountain huts.

#### Champéry tourist office · 13h45 > 16h00 the next day

Single price (15+ yrs): 190.-

Overnight at the Susanfe Hut. Must be in good physical condition.

## **Pool Party**

Looking for some fun in the sun? Just add water! Join us for a rollicking pool party with cool cocktails and yummy food, a DJ and, of course, chill poolside vibes! When the pool closes, the party will move to the T-Bar!

#### Centre Sportif Morgins · 16h00 › 21h00

Adult (16+ yrs) | Child: 3.-

Free (food & drink available for purchase on site). Pool entry free with Multi

#### Jazz & Wine

Enjoy the ultimate summer afternoon, leisurely strolling Champéry's quaint village street. Stop here and there to enjoy live music, sample local wines, sayour delicious nibbles, and soak up the lively atmosphere of an entire community turned out for some festive, Friday-night fun. Sound too good to be true? None. it's Jazz & Wine!

#### Village street Champéry · 18h00 › 23h00

Free (food and drink for purchase)

Reservation recommended if you're planning to eat. More information at iazzandwine.ch

#### Rencontres Musicales | Memories of Florence

Champéry's cultural highlight of the summer! From July 31st to August 14th, this much-loved classical music festival showcases stunning concerts by world-renowned artists. Now in its 26th year, the festival invites music lovers to lose themselves in the romance and splendour of 'A Voyage to Italy'.

#### Church of Champéry · 19h00 (concert starts)

Information & ticketing at rencontres-musicales.ch

# O8 FRIDAY

# Tango & Empanadas | A Taste of Argentina\*

Spend the afternoon on South American time with this fun, hands-on workshop! You'll craft two empanadas, learn the basics of Argentine tango, and sip a delicious maté.

Fire station Val-d'Illiez · 19h00 › 21h00

Single price (16+ yrs): 50.-



#### Excursion | Tour des Dents du Midi

Set off on the legendary Tour des Dents du Midi-four days of breathtaking hiking with three nights in cosy mountain huts. Along the way, you'll cross mountain passes, wander through unspoilt forests, and discover alpine lakes, waterfalls, and a stunning diversity of flora and fauna. An unforgettable adventure awaits!

#### 09-12.08

From 650.- (tailor-made excursion · four days of guided mountain hiking three nights half-hoard)

Sign up directly with the guide, Nathalie Zorzi at nathalie@natstream.ch. Good physical fitness required. Recommended for ages 12+. More information and excursions at dentsdumidi.ch and guides-champery.ch.

# 09-10 · Vintage Motors Expo

Got a need for speed and style like Danny Zuko? Here's your chance to cruise vintage wheels! Gearheads and car lovers alike will love this chance to drool over stunning classics and hit the scenic mountain roads in a classic ride. Plus, food and drink stalls serve up tasty local treats to keep you fueled all day long.

Les Crosets lift car park

# Jeux m'Éclate Street Festival

Fun and games for all ages! One of our most popular events, Jeux m'Éclate turns the village street into a playground for puzzling, cooperating, strategizing, negotiating, headscratching, laughing, and just plain goofing around with some good, old-fashioned wooden games.

Village street Champéry · 13h00 > 18h00

Free

## Back to the 18th Century

Every weekend from mid-July to mid-August, craftsmen will be keen to present their craft to you to make you live a return to the time of our ancestors and their traditions.

Vieux Moulins de la Tine Troistorrents 10h00 > 17h00

Entry fee for the Vieux Moulins de la Tine

#### Chablais Brass Band Day

Lively folk tunes, tasty local treats, and a warm mountain vibe... Join the Amis du Cuivre du Chablais for a festive day of music and good cheer!

Grand Paradis Shelter Champéry · 11h00 › 22h00

Information at amisducuivre ch

# **Behind the Bottle** Wine Tasting with the Winemaker

Visit the Fischli family's winery in Morgins to sample outstanding local vintages and discover wines aged high in the alpine pastures by expert winemakers.

Le Ferrage Morgins · 14h30 > 17h00

Single price (16+ vrs): free Registration at info@fischli-vins.ch

# **Champoussin Village Festival**

Get ready for a fun-packed day, with Alpenhorn performances. village market stalls, and a live concert to top off the very first edition of this event that is sure to become a summer favourite!

Village square Champoussin · 10h30 > 19h00 Concert at l'Antre d'Eux from 19h00

Free

# Children's Concert

# Gaëtan · Rencontres Musicales Champéry

Zingoingoin, Les Chocottes, and Chope la banane—if you know anything about French children's music, you know that kids love these funny-sounding songs, and so do their parents and grandparents. Gaëtan, a singer-songwriter with seven children's albums (three gold records), is a favourite in schools, endorsed by Henri Dès, and loved by over 50,000 fans across the Francophone world. This clever rogue carves his path—and his career—with flair and serious style.

Cultural and parish centre Champéry Concert starts · 15h00

Single price (3+ yrs): 10.-

Information & ticketing at rencontres-musicales.ch

#### Wine Festival

Wine-lovers, amateurs, and experts alike will love this convivial gathering in Champéry. This is your chance to meet winegrowers and winemakers from the region and beyond and sample a variety of different cépages. It's a fun way to learn something new about one of the Valais' most important trades and traditions.

In front of the Champéry tourist office · 16h00 > 20h00

Single price: 15.- (includes souvenir glass and wine tasting)

#### Horseback Hikes Averne

Set off on a trusty steed for a thrilling three-hour adventure that will carry you away into the wild beauty of the hills above Champéry.

Centre Équestre Champéry · 08h45

Single price (14+ vrs): 130.-

Information and booking at 079 429 60 20. Riding skills required.



#### Plant-based Health Trade Fair\*

Highlighting the bounties that Mother Nature provides for us, this fascinating trade fair is a return to our roots and a booster shot of wellness. Conferences, thematic walks. workshops, an exhibitors' market, and plant-based catering make this event a must for anyone who loves or is curious about wild plants.

Salle de la Jeur Morgins · 09h00 > 18h00

Registration for conferences: 5.- (on site)

Information & registration online at salonsante.ch

# Back to the 18th Century

Every weekend from mid-July to mid-August, craftsmen will be keen to present their craft to you to make you live a return to the time of our ancestors and their traditions.

Vieux Moulins de la Tine Troistorrents 10h00 > 17h00

Entry fee for the Vieux Moulins de la Tine

## **Concert | Folklore Sundays**

Treat yourself to a feast for all your senses on Sundays and tuck into delicious local specialities in a spectacular alpine setting accompanied by enchanting traditional music!

Restaurant d'alpage de Tovassière Morgins · 11h30 > 17h00

Reservation recommended if you're planning to eat.

# **Rencontres Musicales** Piano Recital Years of Pilgrimage in Italy Franz Liszt

Champéry's cultural highlight of the summer! From July 31st to August 14th, this much-loved classical music festival showcases stunning concerts by world-renowned artists. Now in its 26th year, the festival invites music lovers to lose themselves in the romance and splendour of 'A Voyage to Italy'.

Protestant church Champéry · 19h00 (concert starts)

Information & ticketing at rencontres-musicales.ch



# Photography Workshop\*

It would be hard to find a more photogenic spot to learn the tricks of the trade of landscape photography. In brilliant daylight or the dark of night, or with a spectacular sunset over the mountains, we will see just how different the same landscape can look in different light.

Frâchette shelter Champoussin · 18h00 › 21h00

Single price (16+ yrs): 30.-

# Rencontres Musicales Cinematic Music · Accordion Virtuoso

Champéry's cultural highlight of the summer! From July  $31^{\rm st}$  to August  $14^{\rm th}$ , this much-loved classical music festival showcases stunning concerts by world-renowned artists. Now in its  $26^{\rm th}$  year, the festival invites music lovers to lose themselves in the romance and splendour of 'A Voyage to Italy'.

## Catholic church Champéry · 19h00 (concert starts)

Information & ticketing at rencontres-musicales.ch

## Circus Helvetia 50th anniversary

Contortion, juggling, aerobatics, trapeze... breathtaking acrobatics with the best artists in their discipline! Ready to get your eyes full?

#### Place du 6 Août Morgins · 20h00

Information & tickets at cirque-helvetia.ch

# 13 WEDNESDAY

# Smugglers' Trail Gourmet Adventure\*

Set off on a scenic escape where nature meets history. Follow the old smuggler's trails—secret paths once walked by those who dared to cross borders with cheeses, bells, and hams in tow. At the end of the walk, craft your own herbinfused butter from wild plants picked along the way, then enjoy a delicious meal at Les Clavets.

#### Cable car parking Champéry · 09h00 › 16h00

Adult: 80.-

Child (10-15 yrs, must be accompanied by an adult): 60.-

Barme shuttle and meal included (drinks extra)

# A Morning at the Ranch\*

After a morning at the Ranch tending to the ponies, your children will be on their way to becoming an expert horse whisperer! Young equestrians will jump at this unique chance to learn more about life in the stables.

#### Morgins Ranch · 09h00 > 10h30

Single price (4-14 yrs): 20.-

# **Weaving Workshop**

During this fascinating workshop, you'll experience the ancient art of weaving on a loom, just like our ancestors used to do. With help from a master craftsman, you'll make a beautiful, handwoven tea towel to take home.

#### Vieux Moulins de la Tine Troistorrents

Two time slots available: 10h00 > 12h00 or 13h30 > 15h30

Single price (14+ yrs): 50.-

Visit to the Vieux Moulins de la Tine site included in the price. Information & registration at reservation@vimoti.ch

## **Wednesday Playdays**

Giant Connect 4, mölkky, chalk art, badminton, Velcro catch, swingball, drawing and modelling—your kids will have a blast in Champoussin on Wednesday afternoons this summer!

#### L'Antre d'Eux Champoussin · 14h00 > 17h00

Free (3-14 yrs, must be accompanied by an adult)

# Circus Helvetia 50th anniversary

Contortion, juggling, aerobatics, trapeze... breathtaking acrobatics with the best artists in their discipline! Ready to get your eyes full?

#### Place du 6 Août Morgins · 15h00

Information & tickets at cirque-helvetia.ch

## **Scavenger Hunt in Wonderland**

Follow the White Rabbit on a topsy-turvy adventure through Monthey! Hunt down hidden clues and crack delightfully wacky riddles. Whether you're as mad as the Hatter or as curious as Alice, this giant scavenger hunt promises a wonderfully bonkers experience where anything can happen.

#### In front of Casa Nova Monthey, 16h00 > 19h00

Free

# Rencontres Musicales | The winners of the Princess Christina 2025 contest for young musicians

Champéry's cultural highlight of the summer! From July  $31^{\rm st}$  to August  $14^{\rm th}$ , this much-loved classical music festival showcases stunning concerts by world-renowned artists. Now in its  $26^{\rm th}$  year, the festival invites music lovers to lose themselves in the romance and splendour of 'A Voyage to Italy'.

#### Catholic church Champéry · 19h00 (concert starts)

Information & ticketing at rencontres-musicales.ch

# 14 THURSDAY

#### Pool & Grill

Experience a beach party like no other... in the mountains! Indulge in delicious cocktails, dance to the beats of a DJ, tuck into themed barbecue feasts, and take a dip in the swimming pool!

#### Palladium outdoor pool Champéry · 15h00 › 21h30

Fee for pool entry (free with the Multi Pass)

Adult: 8.- I Child: 6.-

Pool entry free after 18h00

# Wines of the Valley – Vineyard Visit & Tasting\*

An immersion in the Valais wine world in the company of the Fischli family, winegrower in Morgins. You will visit the vineyard of our valley and taste the wines from it combined with a delicious aperitif planchette.

#### Cavagne car park Troistorrents · 15h30 > 17h00

Single price (16+ yrs): 12.-

# Milking Cows & Raclette Tasting\*

Pull on your coveralls and spend the afternoon being an alpine dairy hand. When you've milked the cows and worked up a hearty appetite, we'll treat you to a delicious snack of authentic Raclette cheese.

#### Portes de Culet Morgins · 16h30 > 21h00

Adult: 30.- | Child (7-12 yrs, must be accompanied by an adult: 20.-)
Free for children under 7

30–45 min walk from the Portes de Culet car park (signs will show you the way). We recommend setting off no later than 4h30 pm to reach the activity site by 5 pm. Children must be accompanied by an adult.

# Rencontres Musicales Monteverdi's Vespers

Champéry's cultural highlight of the summer! From July 31st to August 14th, this much-loved classical music festival showcases stunning concerts by world-renowned artists. Now in its 26th year, the festival invites music lovers to lose themselves in the romance and splendour of 'A Voyage to Italy'.

#### Catholic church Champéry · 19h00 (concert starts)

Information & ticketing at rencontres-musicales.ch

# 15 FRIDAY

# Midsummer Party

Join us for an unforgettable day steeped in folklore, tradition, and festive cheer—make your way to the cantines, buvettes, and mountain inns!

Free

Reservation recommended if you're planning to eat.

# HC Champéry 100<sup>th</sup> | Gala Match HC Bienne v HC Genève-Servette

In 2025, Champéry's hockey club celebrates 100 years of history and passion on the ice. To mark the occasion, a full line-up of events is in store all year long: gala matches, meet-and-greets with club legends. exhibitions, and more!

## Palladium Champéry

Information at moju.mchc-pds.ch

# Jazz & Wine

Enjoy the ultimate summer afternoon, leisurely strolling Champéry's quaint village street. Stop here and there to enjoy live music, sample local wines, savour delicious nibbles, and soak up the lively atmosphere of an entire community turned out for some festive, Friday-night fun. Sound too good to be true? Nope. it's Jazz & Wine!

#### Village street Champéry · 18h00 › 23h00

Free (food and drink for purchase)

Reservation recommended if you're planning to eat. More information at iazzandwine ch

# 16 SATURDAY

#### **Gourmet Riverside Ramble\***

Set off on a gourmet walk through the stunning Vallon de They and discover the region's natural and culinary treasures. Traditional music groups will liven up the tasting stops along the way, adding a festive touch to this delicious outdoor adventure.

#### Start from the Centre sportif Morgins

Adult: 85.- | Child (5-15 vrs): 35.-

# **Scavenger Hunt in Wonderland**

Follow the White Rabbit on a topsy-turvy adventure through Monthey! Hunt down hidden clues and crack delightfully wacky riddles. Whether you're as mad as the Hatter or as curious as Alice, this giant scavenger hunt promises a wonderfully bonkers experience where anything can happen.

In front of Casa Nova in Monthey 08h00 > 11h00 & 16h00 > 19h00

Free

# Yoga & Brunch\*

Start your day in a state of grace and get your fill of inner peace and harmony with nature with a high-altitude morning voga session. After an energising practice to welcome the day, we'll take the time to enjoy a delicious breakfast at the Buvette de Savolaire.

#### Morgins tourist office · 08h30 > 11h45

Adult: 50.-

Child (12-15 yrs, must be accompanied by an adult): 40.-

## Back to the 18th Century

Every weekend from mid-July to mid-August, craftsmen will be keen to present their craft to you to make you live a return to the time of our ancestors and their traditions

Vieux Moulins de la Tine Troistorrents 10h00 > 17h00

Entry fee for the Vieux Moulins de la Tine

#### Rainbow Run\*

This no-stakes race is just plain fun! By taking the timer out of the equation, we aspire to encourage a non-competitive event that celebrates health, happiness, and individuality. You don't have to be an athlete—participants can run, walk, hop, or roll! What counts is expressing your joje de vivre in the most colourful way possible. Plan to arrive in a pristine, white T-shirt and leave covered in a brilliant rainbow blast of 100% natural coloured powder!

#### Playground Champéry (Rue du Village 3) · 14h00

Free (4+ yrs)

Children must be accompanied by an adult. Registration required.

# 7 SUNDAY

## Back to the 18th Century

Every weekend from mid-July to mid-August, craftsmen will be keen to present their craft to you to make you live a return to the time of our ancestors and their traditions.

#### Vieux Moulins de la Tine Troistorrents 10h00 > 17h00

Entry fee for the Vieux Moulins de la Tine

# **Vieux Costumes Heritage Festival**

Showcasing historic folk dances, music, and exquisite traditional costumes, this annual festival is organised by the heritage dancing group Champéry 1830. Join us for a day of convivial festivities, food and a prize draw!

Cantine des Rives Champéry · 11h00 > 17h00

Free

## **Concert | Folklore Sundays**

Treat yourself to a feast for all your senses on Sundays and tuck into delicious local specialities in a spectacular alpine setting accompanied by enchanting traditional music!

Restaurant d'alpage de Toyassière Morgins · 11h30 › 17h00

Free

Reservation recommended if you're planning to eat.

# 19 TUESDAY

# Sunrise Yoga & Brunch\*

Start your day in a state of grace and get your fill of inner peace and harmony with nature with a high-altitude voga session at sunrise. After an energising practice to welcome the day, we'll take the time to enjoy a delicious breakfast at the Gîte Alpage la Chaux.

#### Morgins tourist office · 04h30 > 10h00

Adult: 50 -

Child (12-15 yrs, must be accompanied by an adult): 40.-

#### Marvellous Mushrooms\*

Set off into the forest in the company of an expert mycologist. You'll learn the basics of mycology and discover the secrets to finding the best mushrooms, then finish up at the famous Chez Coquoz restaurant near Champéry for a tasting of some of your delicious finds.

#### Grand Paradis Shelter Champéry · 09h00 > 14h30

Adult: 50 -

Child (7-15 vrs. must be accompanied by an adult): 30.-Meal included (drinks extra)

# Workshop | Natural Balm & Cosmetics\*

Nature does a body good! In this workshop, you'll make a range of natural remedies using wild plants from our mountains. You'll head home with your creations - and the recipes for when you run out.

#### Gîte Alpage La Chaux Morgins · 13h30 › 16h30

Adult: 50.-

Child (12-15 yrs, must be accompanied by an adult): 35.-

# **20** WEDNESDAY

## A Morning at the Ranch\*

After a morning at the Ranch tending to the ponies, your children will be on their way to becoming an expert horse whisperer! Young equestrians will jump at this unique chance to learn more about life in the stables.

#### Morgins Ranch · 09h00 > 10h30

Single price (4-14 vrs): 20.-

## Scavenger Hunt in Wonderland

Follow the White Rabbit on a topsy-turyy adventure through Monthey! Hunt down hidden clues and crack delightfully wacky riddles. Whether you're as mad as the Hatter or as curious as Alice, this giant scavenger hunt promises a wonderfully bonkers experience where anything can happen.

## In front of Casa Nova Monthey · 16h00 > 19h00

Free

# **Weaving Workshop**

During this fascinating workshop, you'll experience the ancient art of weaving on a loom, just like our ancestors used to do. With help from a master craftsman, vou'll make a beautiful, handwoven tea towel to take home.

#### Vieux Moulins de la Tine Troistorrents

Two time slots available: 10h00 > 12h00 or 13h30 > 15h30

Single price (14+ vrs): 50.-

Visit to the Vieux Moulins de la Tine site included in the price. Information & registration at reservation@vimoti.ch

# 20-22.08 · HC Champéry 100th | Dents du Midi Cup

In 2025, Champéry's hockey club celebrates 100 years of history and passion on the ice. To mark the occasion, a full line-up of events is in store all year long: gala matches, meet-and-greets with club legends, exhibitions, and more!

#### Palladium Champéry

# **21** THURSDAY

# Milking Cows & Raclette Tasting\*

Pull on your coveralls and spend the afternoon being an alpine dairy hand. When you've milked the cows and worked up a hearty appetite, we'll treat you to a delicious snack of authentic Raclette cheese.

#### Portes de Culet Morgins · 16h30 › 21h00

Adult: 30.- I Child (7-12 yrs, must be accompanied by an adult: 20.-) Free for children under 7

30–45 min walk from the Portes de Culet car park (signs will show you the way). We recommend setting off no later than 4h30 pm to reach the activity site by 5 pm. Children must be accompanied by an adult.

#### Crochetan Mobile | The Mont Blanc Affair

Sit back, soak up the view, and relive one of mountaineering's greatest tragedies—a gripping tale brought to life in an audio dramatisation created with the Crochetan Theatre in Monthey. On select dates this summer, just pop on your headphones and settle into a cosy seat on one of our most spectacular alpine restaurant terraces.

#### Refuge du Corbeau Morgins · 19h00 › ~19h30

Free (food and drink for purchase)

Reservation recommended if you're planning to eat.

# **22** FRIDAY

#### Jazz & Wine

Enjoy the ultimate summer afternoon, leisurely strolling Champéry's quaint village street. Stop here and there to enjoy live music, sample local wines, savour delicious nibbles, and soak up the lively atmosphere of an entire community turned out for some festive, Friday-night fun. Sound too good to be true? Nope, it's Jazz & Wine!

#### Village street Champéry · 18h00 › 23h00

Free (food and drink for purchase)

Reservation recommended if you're planning to eat. More information at jazzandwine.ch

# **23** SATURDAY

#### **Livestock Fair**

Of all the festivities which take place in our valley in summer, this event truly epitomises alpine life as it has been since time immemorial. The 33<sup>rd</sup> annual Livestock Fair will include a parade and farm animal showings, plus traditional crafts, music, games, food and drinks, a raffle and much, much more!

#### Lift car park Les Crosets · 10h00 > 02h00

Free

#### Mini Cro Magnons\*

Ever wondered what life was like in prehistoric times? This activity takes curious explorers back into the enigmatic, ancient past. We'll build a shelter, learn to make a fire, and shape wooden bows just like the first humans might have done

#### Champeys drag lift Champoussin · 14h00 > 17h00

Single price (4-12 yrs): 15.- (4-6 yrs, must be accompanied by an adult)

# **Champéry Scavenger Hunt**

In the quiet corners of Champéry, an old legend lives on... Long ago, a magical hen laid golden and jewel-toned eggs, each hiding a secret about the village and about Switzerland—one might even crack the mystery of the chicken and the egg! Every year on August 23rd, the eggs are said to reappear, tucked away in the shop windows of local businesses.

#### Church square Champéry · 15h00 › 18h0

Scavenger Hunt for families (4+ yrs)

Children must be accompanied by an adult.

Scavenger Hunt for adults (16+ yrs)

Free (registration required)

Information and registration at cocorico1874@gmail.com

# **24** SUNDAY

# Yoga & Brunch\*

Start your day in a state of grace and get your fill of inner peace and harmony with nature with a high-altitude morning yoga session. After an energising practice to welcome the day, we'll take the time to enjoy a delicious breakfast at Chez Gaby 1670.

#### Val-d'Illiez village square · 08h30 > 11h45

Adult: 50 -

Child (12-15 yrs, must be accompanied by an adult): 40.-

## La Montheysanne

Organised by women, for women, and in support of women battling cancer, this incredible footrace is a standout event known for its camaraderie, solidarity, and celebratory atmosphere. Participants can run in various categories, in costume or not, accompanied by lively music and the cheers of enthusiastic supporters lining the route

#### Vernay Stadium Monthey · 09h30 > 17h00

Information & registration at lamontheysanne.ch

#### **Concert | Folklore Sundays**

Treat yourself to a feast for all your senses on Sundays and tuck into delicious local specialities in a spectacular alpine setting accompanied by enchanting traditional music!

## Restaurant d'alpage de Tovassière Morgins · 11h30 › 17h00 Alpage Lapisa in Champéry · 11h30 › 16h00

Free

Reservation recommended if you're planning to eat.

# **26** TUESDAY

# **Animals & Leaves Natural Soap Shapes\***

In an idyllic alpine setting, young nature lovers will learn to use 100% natural products to craft a unique souvenir of the region

#### Frâchette Shelter Champoussin · 14h00 › 16h00

Child (6-14 yrs): 15.-

(Up to 8 yrs, must be accompanied by an adult)

# **27** WEDNESDAY

# A Morning at the Ranch\*

After a morning at the Ranch tending to the ponies, your children will be on their way to becoming an expert horse whisperer! Young equestrians will jump at this unique chance to learn more about life in the stables.

#### Morgins Ranch · 09h00 > 10h30

Single price (4-14 yrs): 20.-

# **28** THURSDAY

# Milking Cows & Raclette Tasting\*

Pull on your coveralls and spend the afternoon being an alpine dairy hand. When you've milked the cows and worked up a hearty appetite, we'll treat you to a delicious snack of authentic Raclette cheese.

#### Portes de Culet Morgins · 16h30 › 21h00

Adult: 30.- | Child (7-12 yrs, must be accompanied by an adult: 20.-) Free for children under 7

30–45 min walk from the Portes de Culet car park (signs will show you the way). We recommend setting off no later than 4h30 pm to reach the activity site by 5 pm. Children must be accompanied by an adult.

# **29** FRIDAY

## **Open-air Cinema**

Stretch out on a deckchair surrounded by your favourite people, snuggle down under a comfy blanket and get ready to take in a classic flick on a massive outdoor screen as the stars begin to twinkle, with snacks and drinks on-hand for when you get the munchies... Could there BE a better way to spend a balmy summer evening?

#### Troistorrents Schoolyard · 20h30 (film starts)

Free

#### Jazz & Wine

Enjoy the ultimate summer afternoon, leisurely strolling Champéry's quaint village street. Stop here and there to enjoy live music, sample local wines, savour delicious nibbles, and soak up the lively atmosphere of an entire community turned out for some festive, Friday-night fun. Sound too good to be true? Nope, it's Jazz & Wine!

#### Village street Champéry · 18h00 › 23h00

Free (food and drink for purchase)

Reservation recommended if you're planning to eat. More information at iazzandwine.ch

# Grimpée d'Culet

A challenging (almost) vertical kilometre race, the Grimpée de Culet is not for the faint of heart! This popular trail race follows a legendary route from the village of Champéry to the summit of the Croix de Culet, via the magnificent, vertiginous Esserts Ridge.

#### Broisin covered car park Champéry · 07h00 > 16h30

Walkers & runners: 30.- | Juniors: 15.-Youth (2-14 yrs): 5.-

Information & registration at skiclubchampery.ch

# **Vieux They Raclette Festival**

Sample the delicious cheeses of our Alpine pastures — with live music, all-you-can-eat raclette and guaranteed traditional fun!

Restaurant Agritourisme du Vieux They Morgins · from 10h00 Free

#### Marvellous Mushrooms\*

Set off into the forest in the company of an expert mycologist. You'll learn the basics of mycology and discover the secrets to finding the best mushrooms, then finish up at the Le Virage restaurant for a tasting of some of your delicious finds

#### Frâchette Shelter Champoussin · 09h00 › 14h30

Adult: 50.-

Child (7-15 yrs, must be accompanied by an adult): 30.—
Meal included in the price (drinks extra)

# **Scavenger Hunt in Wonderland**

Follow the White Rabbit on a topsy-turvy adventure through Monthey! Hunt down hidden clues and crack delightfully wacky riddles. Whether you're as mad as the Hatter or as curious as Alice, this giant scavenger hunt promises a wonderfully bonkers experience where anything can happen.

In front of Casa Nova Monthey · 16h00 > 19h00

Free

# **Guided Tour | The Vièze River Gorge**

Discover how the natural elements shaped Monthey's development—set against a magical, storybook backdrop.

In front of Casa Nova Monthey . 09h00 > 11h00

Free (on registration)

Information and registration at casanovamonthey.ch/agenda

# 31 SUNDAY

# **Vieux They Raclette Festival**

Sample the delicious cheeses of our Alpine pastures — with live music, all-you-can-eat raclette and guaranteed traditional fun!

Restaurant Agritourisme du Vieux They Morgins - from 10h00

## **Concert | Folklore Sundays**

Treat yourself to a feast for all your senses on Sundays and tuck into delicious local specialities in a spectacular alpine setting accompanied by enchanting traditional music!

Restaurant d'alpage de Tovassière Morgins · 11h30 › 17h00

Free

Reservation recommended if you're planning to eat.

#### **Sports Centre Closing Party**

Fancy partying like you're at the beach — but in the mountains? End the summer season in style with a live concert, poolside fun, and a special spit-roast meal.

Centre Sportif Morgins · from 12h00

Pool entry:

Adult (16+ yrs): 5.- I Child: 3.- Free (bar and restaurant)

Free to the pool with the Multi Pass

#### 30-31 · Para d'Illiez

This unique hike and fly competition is perfect for paragliding enthusiasts. Open to all certified pilots, the event features a variety of exciting challenges, including agility games in the air, cross-country flights, and steep hikes in-between. On Sunday, September 1st, participants can also test out the latest innovations from top paragliding brands.

En Bêtre Champéry

Competition from 08h00 (Saturday) Flight day 09h00 (Sunday)

ompetition: 70.-

Discovery: 80 - (with Multi Pass: 70 -)

Registration until August 25th. Infos, full programme and registration on paradilliez.ch

# **O4** THURSDAY

#### Excursion | Tour des Dents du Midi

Set off on the legendary Tour des Dents du Midi—four days of breathtaking hiking with three nights in cosy mountain huts. Along the way, you'll cross mountain passes, wander through unspoilt forests, and discover alpine lakes, waterfalls, and a stunning diversity of flora and fauna. An unforgettable adventure awaits!

#### 04-07.09

From 650.- (tailor-made excursion  $\cdot$  four days of guided mountain hiking, three nights half-board)

Sign up directly with the guide: nath@lesvagabondes.ch. Good physical fitness required. Recommended for ages 12+. More information and excursions at dentsdumidi.ch and guides-champery.ch.

# **O6** SATURDAY

# **Welcome to Woodworking**

A small-group, hands-on introduction to an ancient art that was part of our ancestors' daily lives.

Vieux Moulins de la Tine Troistorrents 13h30 > 16h30

Single price (14+ yrs): 50.-

Entry to the Vieux Moulins de la Tine included. Information & registration at reservation@vimoti.ch

#### **Swiss Peaks Trail**

Traversing the Canton of Valais, the Swiss Peaks Trail is one of the longest, most challenging ultra trail racing events in Europe. The itineraries crisscross the spectacular landscapes between the mountains of Region Dents du Midi and Lake Geneva, including two race departures from Morgins and Val d'Illiez.

Val-d'Illiez ∙ start 70 km Swiss Peaks Morgins ∙ start Marathon Swiss Peaks

Information and registration on swisspeaks.ch

# **O7** SUNDAY

# **Concert | Folklore Sundays**

Treat yourself to a feast for all your senses on Sundays and tuck into delicious local specialities in a spectacular alpine setting accompanied by enchanting traditional music!

Restaurant d'alpage de Tovassière Morgins · 11h30 › 17h00

Free

Reservation recommended if you're planning to eat.



# Workshop | A Nose for Nature\*

Create your own custom scent in this creative workshop! Our expert will guide you through the subtle alchemy of fragrance, blending nature, energy and imagination to help you craft a perfume that's uniquely yours.

Gîte Alpage La Chaux in Morgins · 13h00 › 17h00

Adult: 50.-

Senior (60 yrs): 40.-

Child (12-15 yrs, must be accompanied by an adult): 35.-



#### Excursion | Tour des Dents du Midi

Set off on the legendary Tour des Dents du Midi—four days of breathtaking hiking with three nights in cosy mountain huts. Along the way, you'll cross mountain passes, wander through unspoilt forests, and discover alpine lakes, waterfalls, and a stunning diversity of flora and fauna. An unforgettable adventure awaits!

#### 12-14.09

From 650.- (tailor-made excursion  $\cdot$  four days of guided mountain hiking, three nights half-board)

Sign up directly with the guide: loic.dubosson@guides-champery.ch. Good physical fitness required. Recommended for ages 12+. More information and excursions at dentsdumidi.ch and guides-champery.ch.

# 03-06.09 · 2025 UCI Mountain Bike World Championships - Pump Track

From September 3<sup>rd</sup> to 6<sup>th</sup>, 2025, Monthey will take centre stage for the Pump Track 2025 UCI World Championships! Come discover this fast-rising sport, cheer on top international athletes, and soak up the high-energy vibes. After the races, the party continues with evening events hosted by the Maxi-Rires Festival, Monthey Carnival, and Oktoberfest committees.

Competition events are free to watch. Evening entertainment is ticketed. More info at numbrackmonthey cl

\*Activity must be booked by 5 pm the day before. Information & registration: tourist offices or regiondentsdumidi.ch

#### MAIN PARTNERS

ALPIQ SHIMANO

















From August 30th to September 14th, 2025, the Valais will be vibing with the UCI Mountain Bike World Championships. An historic moment for this sport, this will be the first time that all MTB World Champs events will be held in one single region.

Even better, Champéry will be home to the flagship event, with the world's best downhill riders facing off on one of the world's gnarliest trails, the legendary World Cup Track, A white-knuckle descent, the World Cup is infamous for its vertiginous drops. massive sends and tight, technical switchbacks. Join us from September 4th to 7th in one of the Alps' most jaw-dropping settings for a teeth-chattering, gut-clenching, full-throttle demonstration of mountain biking prowess.

#### **Programme**

- ▶ 04 September : Juniors training runs
- 05 September : Juniors training and qualifications + Elite training
- 06 September: Juniors training and finals + Elite training and qualifications
- ▶ 07 September : Elite training and finals, with the world's best athletes vying for the title

Spectators can catch the action on giant screens and soak up the atmosphere at the event village in the Grand Paradis parking lot. The village will feature exhibition stands, trial bike demonstrations, family-friendly activities, concerts, even beginner MTB lessons!

This event will showcase Champéry and Region Dents du Midi's status as a leading MTB destination—an occasion to casually flex our MTB creds, top-notch facilities and high-quality tourist offerings, while cranking up our international profile. It's a rare day when you can get so close to the action, you can practically taste the adrenaline!

Full programme and tickets at valais2025.ch





# 13 SATURDAY

# **Welcome to Woodworking**

A small-group, hands-on introduction to an ancient art that was part of our ancestors' daily lives.

Vieux Moulins de la Tine Troistorrents 13h30 > 16h30

Single price (14+ yrs): 50.-

Entry to the Vieux Moulins de la Tine included. Information & registration at reservation@vimoti.ch

# Palladium 20th Anniversary 100% Goldman Concert

The Palladium turns 20! Celebrate with Goldman Passion by Sam, a top-tier tribute to one of the greatest French artists of all time: Jean-Jacques Goldman. More than just a concert, this show delivers an unforgettable musical experience with stunning staging, passionate performers, and all the hits you know and love.

Palladium Champéry

Doors open: 19h00 concert starts: 20h00

Information & booking at palladiumdechampery.ch

#### Horseback Hikes Bêtre

Set off on a trusty steed for a thrilling three-hour adventure that will carry you away into the wild beauty of the valley below Champéry.

Centre Équestre Champéry · 08h45

Single price (14+ yrs): 130.-

Information & registration at 079 429 60 20. Riding skills required.

# Opening | *La montagne vous rencontre* by Marcin Bawiec

Immerse yourself in the striking world of this photographer, where humans stand humbly before the grandeur of the mountains—places that demand time, patience, respect, and effort to capture their beauty and majesty. The photos in this exhibition share a common thread: our existence and life within a wild, awe-inspiring world.

Raiffeisen Gallery Champéry · 18h00

Free

# 14 SUNDAY

#### Barme Hike & Fondue in the Wild\*

This themed bike tour to the Col de Cou offers a glimpse into alpine life, local heritage, and the thrilling tales of former smugglers. It all wraps up with a delicious outdoor raclette in the heart of nature.

Cable car parking Champéry · 08h45 › ~14h00

Adult (16+ yrs): 55.-

Senior (60+ yrs): 45.-

## **Concert | Folklore Sundays**

Treat yourself to a feast for all your senses on Sundays and tuck into delicious local specialities in a spectacular alpine setting accompanied by enchanting traditional music!

Restaurant d'alpage de Tovassière Morgins  $\cdot$  11h30  $\cdot$  17h00

Free

Reservation recommended if you're planning to eat.



## **Guided Tour | Beteween Care & Culture**

This fascinating, free guided tour will show you a side of Monthey you've never seen before. Today, we'll visit Malévoz, an innovative psychiatric hospital set in spectacularly landscaped grounds, but also an important creative centre for art and culture.

Casa Nova Monthey · 10h00 > 11h30

Free (on registration)

Information & registration at casanovamonthey.ch/agenda

#### Circus Trottola | Strano

Strano, the latest creation from Cirque Trottola, sets up camp around the Théâtre du Crochetan for a few magical evenings under the big top. This open-air circus blends humour, acrobatics, and poetry in motion—a beautiful way to bid farewell to summer and dive into a world both tender and unique.

Theatre Crochetan park · 20h00 under the tent

Information & ticketing at crochetan.ch



































#### Dents du Midi Trail

One of the oldest mountain races in Europe, this famous trail race began as an alpine marathon over 40 years ago. Every year, hundreds of runners gather to share this legendary challenge that skims over the winding trails and superlative landscapes of the Dents du Midi Massif.

#### Church square Champéry

Information & registration on ddmtrail.ch

## Welcome to Woodworking

A small-group, hands-on introduction to an ancient art that was part of our ancestors' daily lives.

Vieux Moulins de la Tine in Troistorrents · 13h30 > 16h30

Single price (14+ yrs): 50.-

Entry to the Vieux Moulins de la Tine included. Information & registration at reservation@vimoti.ch

# Vernissage | (H)Être by Brindusa Burrows

This exhibition invites visitors into a space where unseen threads connect trees and humans. When Val-d'Illiez's centuries-old beech was felled in autumn 2024, artist Brindusa Burrows began a creative journey to honour its spirit. Through printmaking, painting, sculpture and audiovisual media, she shares the deep bond she formed with this magical being—a connection that goes beyond wood and root, echoing through an entire community.

Chalet de la Treille Troistorrents : 17h00

# 14 SUNDAY

# **Concert | Folklore Sundays**

Treat yourself to a feast for all your senses on Sundays and tuck into delicious local specialities in a spectacular alpine setting accompanied by enchanting traditional music!

Restaurant d'alpage de Tovassière Morgins · 11h30 › 17h00

Reservation recommended if you're planning to eat.

# **23** TUESDAY

# From Picking to Plate | Autumn Edition\*

Nature is delicious! Work up an appetite in the great outdoors as you search for edible wild plants—learning how to spot, identify, and cook with the local bounty growing all around us. Afterwards, you'll whip up a tasty wild plant apéritif, then sit down to a full-on feast featuring local plants and herbs, prepared by the talented team at Restaurant Chez Coguoz.

Grand-Paradis car park Champéry · 09h00 > 15h00

Adult: 80.-

Senior (60+ yrs): 70.-

Child (8-15 yrs, must be accompanied by an adult): 60.-

3-course menu included (drinks are extra)

#### Circus Trottola I Strano

Strano, the latest creation from Cirque Trottola, sets up camp around the Théâtre du Crochetan for a few magical evenings under the big top. This open-air circus blends humour, acrobatics, and poetry in motion—a beautiful way to bid farewell to summer and dive into a world both tender and unique.

Theatre Crochetan park · 20h00 under the tent

Information & ticketing at crochetan.ch

# **24** WEDNESDAY

#### Circus Trottola I Strano

Strano, the latest creation from Cirque Trottola, sets up camp around the Théâtre du Crochetan for a few magical evenings under the big top.

Theatre Crochetan park · 20h00 under the tent

Information & ticketing at crochetan.ch

#### **Valiant Grand Prix**

Organised by the Illiez Bike Club, this qualifying race brings together young cyclists—aged under-5 to under-17—on a fun. accessible course. At each qualifying event held across Switzerland, the three fastest riders in each age group earn a spot in the October final, where the national champions will be crowned

**Giant slope Morgins** 

Information and registration at illiezbikeclub.ch/valiant-gp-morgins



Village square Val-d'Illiez · 17h00 › 21h30

# 26 FRIDAY

#### Barme Hike & Fondue in the Wild\*

This themed bike tour to the Col de Cou offers a glimpse into alpine life, local heritage, and the thrilling tales of former smugglers. It all wraps up with a delicious outdoor raclette in the heart of nature.

Cable car parking in Champéry · 08h45 > ~14h00

Senior (60+ yrs): 45.-

Adult (16+ yrs): 55.-

## Circus Trottola | Strano

Strano, the latest creation from Cirque Trottola, sets up camp around the Théâtre du Crochetan for a few magical evenings under the big top. This open-air circus blends humour, acrobatics, and poetry in motion—a beautiful way to bid farewell to summer and dive into a world both tender

Theatre Crochetan park · 20h00 under the tent

Information & ticketing at crochetan.ch

# **27** SATURDAY

#### Gourmet E-bike Tour\*

Foodies, hop on your e-bike for a cruise through autumn's finest flavours! This easygoing gourmet ride winds through stunning Alpine scenery with the Dents du Midi as your backdrop. Along the way, enjoy local delicacies in warm autumn hues-paired with top-notch Valais wines... or syrup for the younger crowd!

#### Champevs drag lift Champoussin · 08h00 > 17h00

Adult (14+ yrs): 80.- without e-bike rental (140.- with) Senior (60+ yrs): 70.- without e-bike rental (130.- with)

E-bike use permitted from age 14 with a moped licence, or from 16 without.

## Marvellous Mushrooms\*

Take a walk with a guide through our forests to find the best mushrooms! You will learn the basics of mycology, before enjoying a menu of mushroom specialties at Le Ferrage restaurant.

#### Morgins tourist office · 09h00 > 14h30

Adult 50 -

Senior (60+ yrs): 40.-

Child (7-15 yrs, must be accompanied by an adult): 30.-

Meal included (drinks extra)

## **Welcome to Woodworking**

A small-group, hands-on introduction to an ancient art that was part of our ancestors' daily lives.

#### Vieux Moulins de la Tine Troistorrents · 13h30 › 16h30

Single price (14+ yrs): 50.-

Entry to the Vieux Moulins de la Tine included. Information & registration at reservation@vimoti.ch

#### Gvmkhana

Test your skills on a fun agility course at the riding centre! Open to all levels, with prizes up for grabs.

#### Centre Équestre Champéry · 14h00 > 16h00

Child (4-10 vrs): 35.-

Information & registration at 079 429 60 20

#### Circus Trottola I Strano

Strano, the latest creation from Cirque Trottola, sets up camp around the Théâtre du Crochetan for a few magical evenings under the big top. This open-air circus blends humour, acrobatics, and poetry in motion—a beautiful way to bid farewell to summer and dive into a world both tender

#### Theatre Crochetan park · 20h00 under the tent

Information & ticketing at crochetan.ch



# **SUMMER HIGHLIGHTS**

#### June

- 21 Inauguration I Hive in Danger Buzzbee v Mordax · Morgins
- 21-22 Châtel Chablais Léman cycling race · Portes du Soleil
- 27-29 Pass'Portes du Soleil MTB · Portes du Soleil
  - 30 The Ultimates · Chablais

## July

- $\textbf{01-06} \quad \text{The Ultimates} \cdot \text{Chablais}$
- 04-25 Jazz & Wine · Champéry (Fridays)
  - 11 Culture on Tour Iris and Me · Champéry
- 12 Gourmet Ramble Chorgue · Troistorrents
- 19 Wooden Games Day · Champéry Lumberjack Competition · Morgins
- 23 Oratory Walk Champéry · Champéry
- 25-26 Val-d'Illiez Village Festival · Val-d'Illiez
  - 26 Flea Market · Champéry
    Illiez Valley music school concert · Troistorrents
    Craft Beer Trail · Val-d'Illiez
- 31 Rencontres Musicales Champéry 26<sup>th</sup> edition · Champéry Swiss National Day Eve · Morgins

#### **EXHIBITIONS**

- may 2025 The Militia of the Illiez Valley
  Vieux Greniers Val-d'Illiez
- 20.06-06.07 Empreintes du Val Brian Walker & Manon Jaquerod – Raiffeisen Gallery Champéry
- 12.07-31.08 Champérolain heritage Raiffeisen Gallery Champéry
- 12-28.09 La montagne vous rencontre Marcin Bawiec Raiffeisen Gallery Champéry
- 20.09-12.10 (H)Être Brindusa Burrows Chalet de la Treille Troistorrents

#### MARKETS

- Wednesday Le P'tit Marché Bio de la Perrole
- mornings Café du Nord Champéry
- 12, 26.07, **The Morginois Markets** 02, 09.08 Village square Morgins

#### **August**

- 01 Diane & Swiss National Day · Region Dents du Midi
- **02-14** Rencontres Musicales Champéry 26<sup>th</sup> edition · Champéry
- 08.29 Jazz & Wine · Champéry (Fridays)
- 09 Wine Festival · Champéry
  Wooden Games Day · Champéry
  Chablais Brass Band Day · Champéry
  Village Festival · Champoussin
- 09-10 Vintage Motors Expo · Les Crosets
  - 10 Plant-based Health Fair · Morgins
- 12-13 Helvetia Circus · Morgins
- 15 Hockey Club Centennial | Gala match HC Bienne - HC Genève-Servette · Champéry Midsummer Party · Dents du Midi Region
- 16 Rainbow Run · Champéry Riverside Gourmet Ramble · Morgins
- 17 Fête des Vieux Costumes · Champéry
- **20-22** HC Champéry 100<sup>th</sup> | Dents du Midi Cup · Champéry
- 23 Scavenger Hunt · Champéry Livestock Fair · Les Crosets
- 29 Open-air Cinema · Troistorrents
- **30** Grimpée d'Culet vertical trail race · Champéry
- 30-31 Para d'Illiez paragliding competition · Champéry Vieux They Raclette Festival · Morgins

#### September

- **04-07** UCI 2025 Mountain Bike World Championships Downhill Champéry
  - 06 Swiss Peaks Trail Ultra Trail · Region Dents du Midi
  - 13 Palladium 20th Anniversary I 100% Goldman Concert
  - 20 Dents du Midi Trail · Champéry
- 24 Valiant GP kids' DH bike cup · Morgins
- 27 Gourmet E-Bike Tour · Region Dents du Midi

#### «ACCESSIBLE TOURISM»

In partnership with Access4all, Region Dents du Midi offers activities adapted to individuals of all abilities.

More information at +41 (0)24 479 05 50 or event@rddm.ch







GRANDE ARRIVÉE

# Tour de France Femmes 3 AOÛT 2025

03 AOÛT 2025

# WITH OUR NEIGHBOURS \*\*/



#### **Abundance**

30.06-06.07	Percussion Festival I Percu'Impulse
	Painting Contest
	Book Festival I Free as Art
09.08	Contraband Festival
15.08	Blue Thistle Festival

#### **Avoriaz**

23.07	Craft Festival
09.08	Trail des Hauts-Forts
13.08	Craft Festival
23.08	Montriond-Morzine-Avoriaz Triathlon
23-29.08	Avoriaz Dance Festival

#### **Bernex**

21-22.06	Bernex Trail Challenge
29.06	37 <sup>th</sup> Course de la Dent d'Oche
06.07	La Bellicime mountain bike tour

#### Châtel

14.07	National Day Celebration
27-30.07	Festival Châtel returns to childhood
03.08	Châtel, arrival stage of the Women's Tour de France 2025
17.09	La Belle Dimanche (47 <sup>th</sup> edition)

## The Chapel of Abundance

12-13.07	Historical Reconstruction   US Allied & Resistan Camp
27.07	Soapbox Race
10.08	Lumberjack Competition

#### **Les Gets**

	The Alambike
	DH Kids Cup
	Trail des Gets by Rossignol
	4 Elements Festival
09.08	UCI Mountain Bike World Championship

#### **Monthey**

20-21.06	Fête de la Musique
08-09.08	Chablues Festival
23.08	Fartisana
24.08	La Montheysanne
03-07.09	UCI Mountain Bike World Championships Pumptrack

#### **Montriond**

05.07	Fête de la Chèvre
02.08	Fête du Lac
23.08	Triathlon Montriond-Morzine-Avoriaz
13.09	KMV Nantaux

#### **Morzine**

20-22.06	Ultra Trail Morzine Avoriaz
04-06.07	Spartan Race
12-13.07	Festival des Batteries Fanfares
09.08	Trail des Hauts Forts
23.08	Montriond-Morzine-Avoriaz Triathlon
04-06.09	Mont Blanc Rally

#### Saint-Jean d'Aulps

28.06	Sonic Abbey	
10.08	Honey & Bee Festival	

## **Torgon**

16.08 Léon the Moufflon Festival

Wednesdays	Châtel & Monthey			
Fridays	La Chapelle d'Abondance			
Sundays	Abondance			





# #regiondentsdumidi

info@rddm.ch | regiondentsdumidi.ch

# REGION DENTS DU MIDI TOURIST OFFICES

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#### **MORGINS**

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#### VIRTUAL INFORMATION POINT

#### VAL-D'ILLIEZ

AOMC train station 1873 Val-d'Illiez valdilliez@rddm.ch

#### CHAMPOUSSIN

Bar & Shop L'Antre D'Eux 1873 Champoussin valdilliez@rddm.ch















