

# ***RDDM INFO***

*THE REGION DENTS DU MIDI JOURNAL*



## EDITORIAL

Region Dents du Midi, December 2025

### This year was a game-changer. So where do we go from here?

In a previous editorial, I tried to capture just how much of a leap it felt like, taking on three World Championships in a single year and, on top of that, accepting the daunting invitation to appear as guest of honour at the Foire du Valais. It was a bold move, but Region Dents du Midi—united, steadfast, and determined—rose to the challenge with flying colours.

There's a saying: 'If you want to go fast, go alone; if you want to go far, go together.' Well, 2025 showed us that together, we are unstoppable. Congratulations, and a huge thank you, to the organising committees, volunteers, clubs and associations, and our dedicated tourism team—whose professionalism now sets the standard at a cantonal and even national level.

2025 is wrapped—and tied up with a bow! So, what comes next? Where do you go after a banner year? Quite simply, back to the basics. Focus on what a tourist destination truly needs, avoid the urge to overdo, and strive to meet—or better, anticipate—the expectations of our guests and community.

To that end, Region Dents du Midi's marketing team has spent more than a year quietly working on a project aimed at offering a full range of benefits to residents and visitors year-round. Although the Portes du Soleil Multi Pass has become a summer staple over the past fifteen years, it is only valid in summer and has an increasingly limited offer, particularly on the Swiss side. That changes next spring! We're excited to introduce the Illiez Card, which will unlock a host of tourist activities year-round, throughout our beautiful region and beyond. It will evolve dynamically with the seasons, the weather, and everyone's interests.

Fully digital, accessible via smartphone, the Illiez Card will make life simpler for accommodation providers and local councils, especially when it comes to stay declarations and overnight statistics. The project will launch in May 2026, so you'll have more details very soon.

In the meantime, I suggest you take a minute to tuck into the following pages and discover the vast programme of activities, entertainment, and events in store for winter 2025–2026. We're set for a magical season—are you ready to join us?

Warmest regards,

Henri-Pierre Galletti  
President Region Dents du Midi SA

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# What's New



## *Showcasing our Alpine Raclette cheeses*

Proud of our traditions and the outstanding terroir shaped by this unique heritage, we are always looking for innovative ways to champion our local products and the people who craft them. This year, a brand-new concept will shine an even brighter light on our region's Alpine Raclette.

This initiative has grown out of the strong partnership between the Raclette World Championships Association, the Illiez Agricultural Society, and Region Dents du Midi SA. We've combined our strengths to spotlight the people and know-how behind this local speciality while deepening the connection between producers, consumers, and the rich, delicious Raclette we all love.

### **A label to guide consumers and celebrate producers**

Every Alpine Raclette from the valley is now carefully assessed after a minimum three-month maturation. A panel of experts evaluates its texture and flavour, capturing the subtle nuances that make each cheese distinct.

The results of this tasting are translated into a sticker, placed on every wheel, half-wheel, quarter, and tray of cheese. A number from 1 to 5 indicates taste intensity— from gentle and creamy to rich and full-bodied. It isn't a score, but a flavour guide, helping you choose the cheese that suits your palate.

And there's more to discover! Each sticker also carries a QR code that unlocks the story behind the cheese: the alpine pasture it comes from, the people who crafted it, and the traditional methods that give it its unique character. With every scan, you get a taste of the valley's heritage, straight from the source.

### **Connecting the dots between the cheese, the land, and the people who bring it to life**

More than just a practical guide, this system enriches the customer's experience. It tells the story of each Raclette, introduces the people behind the cheese, and celebrates the rich diversity of our terroir.

For local farmers and cheesemakers, it offers equally meaningful rewards: recognition of expertise, a platform to share their stories, and a way to highlight their products' exceptional quality.

### **A living showcase of Alpine heritage**

Every cheese tells a story — of an alpine pasture, a season, and a heritage preserved over generations by dedicated artisans.

By highlighting the unique character of each cheese, the Illiez Valley once again asserts its authenticity and excellence, reflecting our partners' shared vision: to promote sustainable, gourmet tourism where discovery of flavours pairs seamlessly with exploration of landscapes and immersion in living traditions.

With this new approach, an Illiez Valley Raclette is not just tasted — it is brought to life.



## Champéry Joins Switzerland's Most Beautiful Villages

This fall, Champéry joined the exclusive ranks of the **Plus Beaux Villages de Suisse!** This coveted honour celebrates villages that preserve their authenticity, architectural heritage, and an exceptional natural setting, and is awarded by the Best Swiss Villages association. Founded in 2015, the label is part of the international Most Beautiful Villages of the World network.

Nestled at the foot of the Dents du Midi, Champéry enchants with its alpine charm, traditional architecture, and first-rate facilities, where living traditions meet a vibrant tourism scene. The accolade rewards years of collective dedication from the municipality, locals, and tourism partners, all striving to balance development with quality of life. Only the eighth village in Valais to earn this coveted distinction, Champéry is a place that invites exploration and delight.

## Dèveza ein Patoué Celebrating our Patoué

After nearly a decade of research, and the unflagging support of the Val-d'Illiez and Champéry heritage associations, a dedicated group of Val-d'Illiez and Champéry patoué enthusiasts have, at long last, published a definitive lexicon of our local dialect.

This priceless work contains nearly 3,600 words and expressions, presented both in French–patoué and patoué–French, each accompanied by a short example sentence illustrating its meaning and use. The lexicon will also be available online with extensive audio recordings, making it easier than ever to hear and understand the correct pronunciation.

The lexicon is available for CHF 30 at the following locations during opening hours:

- > Musée-Grenier de la Fondation du Patrimoine, Val-d'Illiez
- > La Mascotte, Val-d'Illiez
- > Champéry Tourist Office
- > À l'Ombre des Jeunes Filles en Fleurs bookshop, Monthey

## Les Greniers de Bouilleys Preserving a Living Heritage

Steeped in history, the Greniers de Bouilleys offer a rare glimpse into Champéry's traditional architecture. Once a vital link in the Alpine food-production chain, used for storing harvests, provisions, and even Sunday clothes, these centuries-old granaries now stand as one of the last witnesses to the village's past—a cornerstone of our cultural identity.

To safeguard these emblematic buildings, the Champérolain Heritage Association has launched an ambitious restoration project. Its aim: to preserve the Greniers, enhance their visibility, and raise public awareness of their cultural significance.

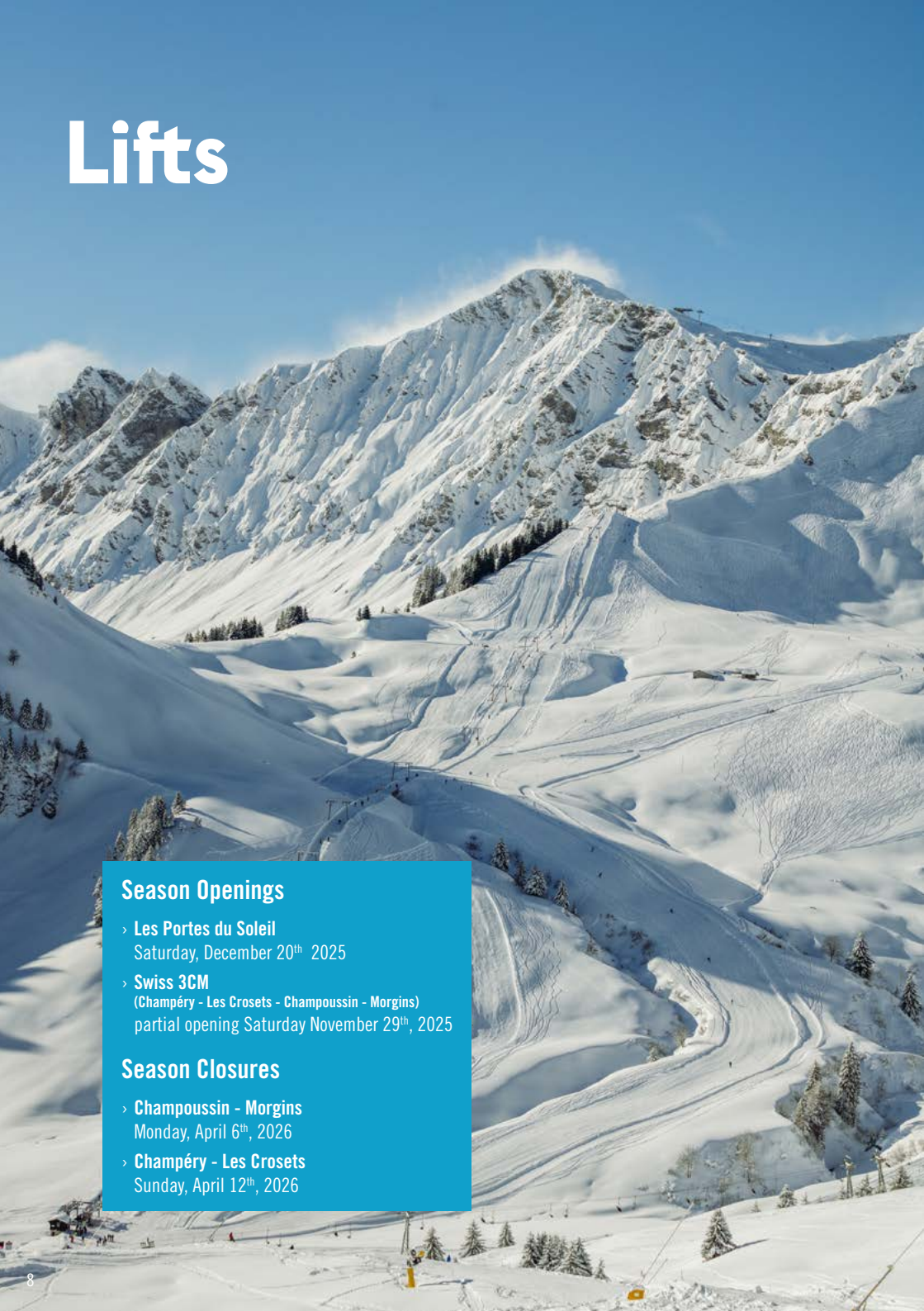
Specifically, the initiative seeks to:

- > **Protect** the last remaining Greniers in Champéry
- > **Highlight** this heritage by making it more visible and accessible
- > **Educate** residents and visitors about the value of these historic structures
- > **Mobilise** the funds and support necessary for restoration

This effort forms part of a broader mission of conservation. Preserving the Greniers de Bouilleys ensures that future generations inherit a vital fragment of local history and Champéry's cultural identity — a heritage that can continue to live, inspire, and connect the past and present.



# Lifts



## Season Openings

- › Les Portes du Soleil  
Saturday, December 20<sup>th</sup> 2025
- › Swiss 3CM  
(Champéry - Les Crosets - Champoussin - Morgins)  
partial opening Saturday November 29<sup>th</sup>, 2025

## Season Closures

- › Champoussin - Morgins  
Monday, April 6<sup>th</sup>, 2026
- › Champéry - Les Crosets  
Sunday, April 12<sup>th</sup>, 2026

## LIFT PASS PRICES 2025-2026

### Portes du Soleil ski area (Switzerland & France)

- › 600 km of slopes
- › 208 lifts

	Ticket window			Internet (pds-ch.ch)		
	Adult	Child	Junior Senior	Adult	Child	Junior Senior
5 hours	73.-	55.-	66.-	67.-	50.-	60.-
1 day	81.-	61.-	73.-	74.-	56.-	67.-
2 days	154.-	116.-	139.-	141.-	106.-	127.-
3 days	231.-	173.-	208.-	211.-	158.-	190.-
4 days	288.-	216.-	259.-	263.-	197.-	237.-
5 days	360.-	270.-	324.-	329.-	247.-	296.-
5x 1 day	405.-	305.-	365.-	370.-	280.-	335.-
6 days	413.-	310.-	372.-	377.-	283.-	339.-
7 days	482.-	362.-	434.-	440.-	330.-	396.-
8 days	551.-	413.-	496.-	503.-	377.-	453.-
9 days	620.-	465.-	558.-	566.-	425.-	509.-
10 days	648.-	486.-	583.-	592.-	444.-	533.-
11 days	668.-	501.-	601.-	611.-	458.-	550.-
12 days	729.-	547.-	656.-	666.-	500.-	599.-
13 days	790.-	593.-	711.-	722.-	542.-	650.-
14 days	851.-	638.-	766.-	777.-	583.-	699.-
15 days	911.-	683.-	820.-	833.-	625.-	750.-
Season	1176.-	882.-	1058.-	1176.-	882.-	1058.-
½ Season from 07.02	647.-	485.-	582.-	647.-	485.-	582.-

### Champéry, Les Crosets, Champoussin, Morgins ski area (Switzerland)

- › 100 km of slopes
- › 31 lifts

	Ticket window			Internet (pds-ch.ch)		
	Adult	Child	Junior Senior	Adult	Child	Junior Senior
5 hours	66.-	50.-	59.-	60.-	45.-	54.-
from 11:00	66.-	50.-	59.-	60.-	45.-	54.-
from 13:30	58.-	44.-	52.-	54.-	41.-	49.-
1 day	73.-	55.-	66.-	67.-	50.-	60.-
5x 1 day	365.-	275.-	330.-	335.-	250.-	300.-
Season	941.-	659.-	847.-	941.-	659.-	847.-
50 pts	62.-	47.-	56.-			
100 pts	124.-	94.-	112.-			

Prices are in CHF and are subject to change.  
Ticket window and lift opening hours at pds-ch.ch



### Webcams



### Snow Report



### DURATION

- 5 hours > valid from the 1st lift passage
- 1/2 Season > from 07.02.2026
- -15 % > from 28.03.2026

### AGE CATEGORIES except beginner areas (proof of ID required)

- Adult > 26 - 64 yrs
- Senior > 65 - 74 yrs
- Super senior > 75+ yrs (27.-/day, 260.-/season)
- Junior > 16 - 25 yrs
- Child > 5 - 15 yrs

Children under 5 must be in possession of a pass issued free of charge at one of our points of sale with adequate documentation.

### FAMILIES/GROUPS (passes for the same duration and with a single payment) 4 or more paying people:

- > Family > approx. -10% at ticket windows only, from 5 hours to 3 days (father, mother, children 5-19 yrs)
- > Group pass > approx. -10%, from 4 consecutive days

Discount available for groups of 13 or more paying guests, with prior booking at least 24 hours in advance by email at [info@pds-ch.ch](mailto:info@pds-ch.ch). (discounts are non-cumulative):

- > 13 - 49 people > approx. -10% at the ticket window, from 5 hours to 15 days
- > 50 people or more > approx. -15% at the ticket window, from 5 hours to 15 days

### AXESS smart card mandatory > 4.-

- non-refundable but reusable
- Photo required from 8 days on

For 5-hour to 15-day passes: if you plan to start skiing in Champéry, Les Crosets, Champoussin, or Morgins, the pass must be purchased at the ticket counter of one of these resorts, online at [pds-ch.ch](http://pds-ch.ch), or via one of the Swiss partners (RailAway, Ticketcorner, etc.). Holders of 5-hour to 15-day passes purchased in France must start from a French resort within the Portes du Soleil, or pay a surcharge to activate the pass in Switzerland.

## BEGINNER AREAS

### Beginner area - Les Crosets

Pass valid for:

- ▶ Hameau
- ▶ Chapelle rope tow

	from 12 yrs	5-11 yrs
1 day*	15.-	10.-

### Beginner area - Morgins

Pass valid for:

- ▶ Morgins
- ▶ Truche
- ▶ Foilleuse magic carpet

	from 12 yrs	5-11 yrs
1 day*	30.-	10.-

### Beginner area - Champoussin

Pass valid for:

- ▶ Sépaya 1
- ▶ Sépaya 2

	from 12 yrs	5-11 yrs
1 day*	22.-	10.-

### MiniPass - Champéry - Les Crosets

Pass valid for:

- ▶ Champéry
- ▶ Planachaux
- ▶ Planachaux magic carpet
- ▶ Crosets
- ▶ Hameau
- ▶ Chapelle rope tow

	from 12 yrs	5-11 yrs
from 11:00*	42.-	32.-
from 13:30*	38.-	29.-
1 day*	47.-	35.-

### Le Géant & Snowly drag lifts - Morgins

Le Géant ticket window

1 day	24.-	40 points card	24.-
5 hours	21.-	20 points card	16.-
3 hours	18.-		

- ▶ Géant > 2 points/passages
- ▶ Snowly > 1 point/passages
- ▶ Passes for Les Portes du Soleil or 3CM (Champéry, Les Crosets, Champoussin, Morgins) lifts are also valid; the beginner pass is not valid.

### Points Cards\*\*



\*Prices valid at ticket offices and online at [pds-ch.ch](http://pds-ch.ch)  
\*\*Only at ticket offices



# New Portes du Soleil Piste Map

For anyone planning to hit the slopes in Les Portes du Soleil this winter, don't miss our brand-new, completely revamped Piste map! Redesigned from the ground up, it's clearer, more modern, and built to make navigating the 12 resorts and 600 km of slopes effortless. With an intuitive layout and improved visibility of connections between Switzerland and France, it'll help you make the most of every turn on both sides of the border.



# Marketing, Products & Communication

## NEW PARTNERSHIPS REGION DENTS DU MIDI SA

Region Dents du Midi SA is proud to welcome three new partners who share our commitment to authenticity, quality and sustainability. These new collaborations deepen our links with local businesses and help us offer visitors a meaningful, responsible experience rooted in the valley and what makes it special. They will keep our tourism development grounded and in tune with our home.

les encrés  
MONTFORT

TEXORIO



### *Les Encrés Imprimeurs: artisans of printing and paper*

Our partnership with Les Encrés Imprimeurs — a Valais-based collective of emblematic local print houses — celebrates another dimension of regional craftsmanship and know-how. By supporting local production and working with artisans who prioritise quality, technical expertise, and sustainability, we reinforce our commitment to high-quality, locally sourced communication.

### *Texorio: for people who wear their heart on their sleeve*

Specialising in clothing and promotional merchandise, Texorio helps clients create tailor-made products and apparel that combine durability with style. Businesses, clubs, local authorities, individuals, and event organisers alike trust Texorio's expertise for items that are attractive, responsible, and meaningful.

### *EF - Language courses*

For 60 years, EF Language Travel has accompanied thousands of students around the globe to learn languages in its international schools. Their programmes blend language learning, cultural immersion, and academic experiences — giving students of all ages and nationalities the chance to turn a dream into something real.

EF teachers play a key role in this journey. As ambassadors, they guide their students towards new horizons and a deeper understanding of the world. Every successful trip earns these teachers points they can exchange for travel, activities, and excursions — a thank-you for the vital role they play.

Region Dents du Midi shares EF's values, especially when it comes to education and celebrating local experiences. While the Illiez Valley isn't one of EF's student destinations, it still benefits from the attention and expertise of EF ambassadors, who help introduce our region to an international audience. Thanks to this partnership, EF teachers can also redeem their 'gift points' for activities or stays here in Region Dents du Midi — bringing our corner of the Alps a little closer to the world.

Staying in Region Dents du Midi can be the start of your next big adventure!  
Book a stay of two weeks or more and enjoy 10% off EF language-study trips for students aged 7 to 99. Just use the promo code **RDDM**

## *New! The Illiez Card: plenty of perks for year-round fun!*

For over fifteen years, the Multi Pass has been a summer staple in Les Portes du Soleil. But with visitor expectations evolving and the Swiss offer shifting — especially for the Morgins gondola and the Champéry cable car — the time feels right to broaden the experience with something more flexible and future-proof.

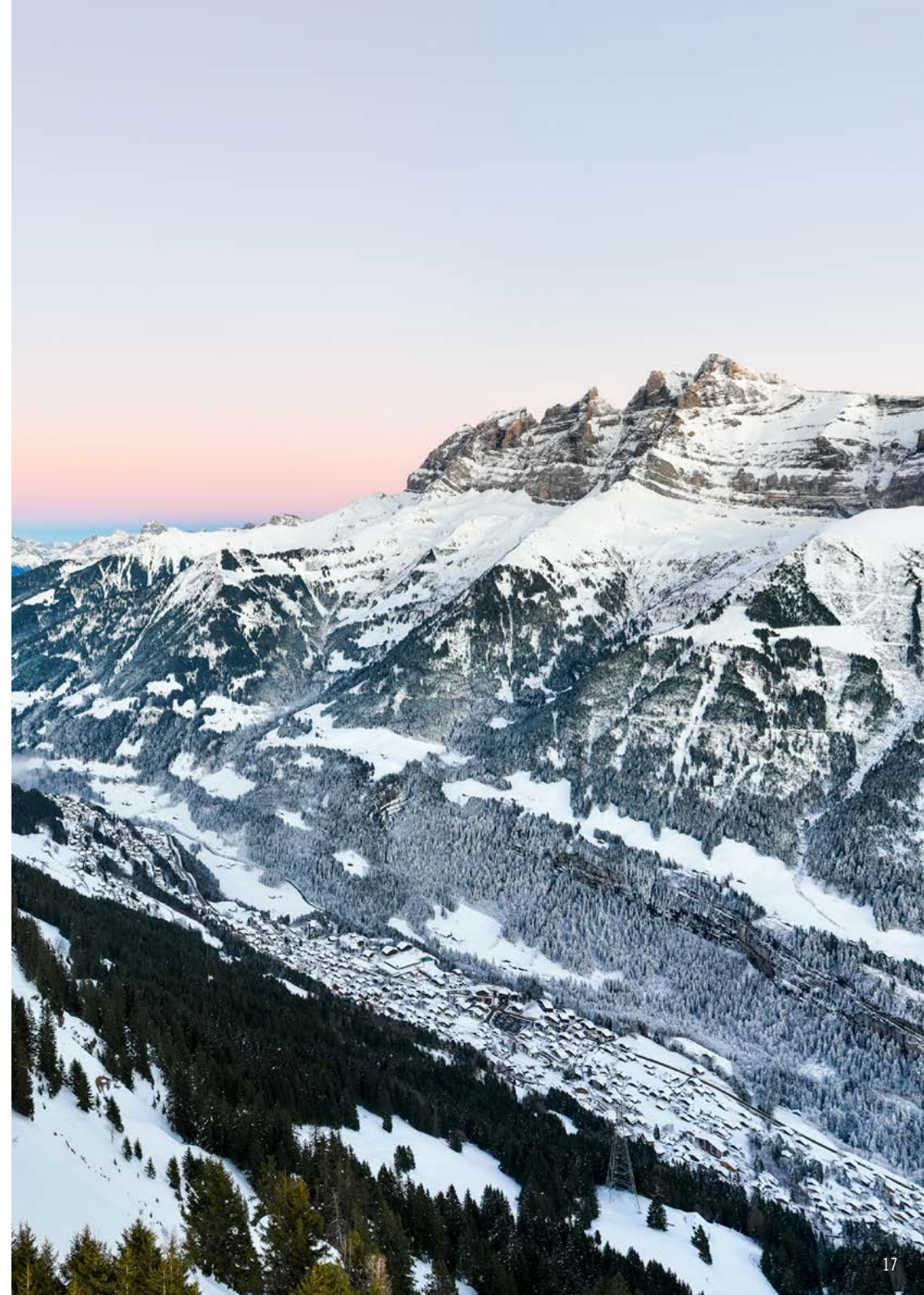
To meet today's visitor expectations and strengthen the region's tourism and economy, Region Dents du Midi SA set out to rethink the concept and introduce a fresh alternative to the Multi Pass.

Launching in May 2026, the Illiez Card is a fully digital, year-round advantage card designed for holiday guests, second-home owners, and locals alike. It offers a wide range of free and discounted tourist, cultural and sports activities throughout the year.

Beyond the perks, the Illiez Card strengthens the visibility of our local tourism offer while streamlining the practicalities behind the scenes — from administrative paperwork to electronic arrival forms and overnight statistics.

Users will enjoy an evolving selection of benefits: temporary deals, flash promos, ongoing discounts, and exclusive offers, both in and around our destination. The card is fully personalised — for the holder, their family, or their holiday renters — making it easy to share the experience.

One card, year-round advantages. Welcome to a new era.





## 2025 UCI Mountain Bike World Championships

Champéry's iconic World Cup downhill track once again set the stage for a weekend of spectacular racing at the 2025 UCI Mountain Bike World Championships. After the Juniors on Saturday, the Elite women and men dropped in on Sunday to tackle one of the steepest and most technical courses on the planet, delivering an epic show for the thousands of fans lining the course and crowding the stands.

### The Illiez Valley — a downhill forerunner

For over a decade now, the Champéry–Les Crosets–Morgins Bikepark has been a must-ride destination for MTB enthusiasts of all levels. Tucked in the heart of Les Portes du Soleil, it boasts ten DH tracks, a pump track, four lifts, and six rental and repair points — a first-class playground for first-timers and seasoned pros alike. Linked to the other five interconnected bikeparks across Les Portes du Soleil, it forms an incomparably vast mountain-biking mecca, with 600 km of marked trails straddling the Swiss–French border.

What truly defines its reputation, though, is the legendary World Cup track. Built in 2006 and recently reshaped with support from the Swiss Army and Ben Walker's renowned crew, this hair-raising course plunges on an average gradient of 33%, with sections tipping a gnarly 60%. Immortalised by Danny Hart's 2011 run, the World Cup track is a benchmark in downhill racing — the place where the world's best riders come to prove they belong at the top.



### Record crowds

As expected, fans turned out in force, filling the weekend with the electric, full-throttle energy only a World Championships crowd delivers. Several thousand spectators watched the Junior finals on Saturday, and Sunday's Elite races drew even bigger crowds. More than 15,500 people followed the races on-site, with over 18,000 stopping by over the course of the event.

### A triumphant farewell for Camille Blanche

The podium celebrations, electric as ever, took a poignant turn as Camille Blanche — one of our RDDM ambassadors — took her final bow in an extraordinary career. World Champion in 2020 and a multiple World Cup winner, the Swiss rider received heartfelt applause as she saluted fans, officials, and fellow athletes one final time.

### The Illiez Valley delivers, again

The Illiez Valley continues to set the benchmark for downhill mountain biking. From first drop to final finish line, riders and fans experienced a weekend they'll never forget—a defining moment of world-class downhill racing!

## Region Dents du Midi Shines at the Foire du Valais

For ten unforgettable days, Region Dents du Midi held centre stage at the *Legendary*, 65<sup>th</sup> Foire du Valais. From September 26<sup>th</sup> to October 5<sup>th</sup>, 2025, the Illiez Valley held dual honours as both Region and Table d'Honneur, showcasing our traditions, terroir, and local know-how to over 250,000 guests—a record-breaking turnout for this premier cultural and social rendez-vous.

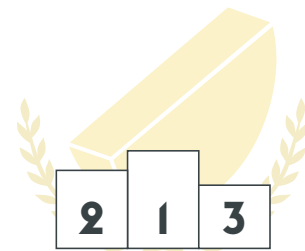
The festivities kicked off in Troistorrents with the *Journée des Communes*, where officials, local associations, and residents gathered to toast the fair's grand opening. A colossal, specially crafted 150-litre bottle of Valais Fendant wound its way through the crowd of some 600 lucky participants. In Martigny, the traditional opening-day parade offered a first ever spectacle: our four brass bands performing together, filling the streets with the unmistakable sounds of the Illiez Valley.

Throughout the fair, visitors got to know Region Dents du Midi through lively interviews and quizzes hosted by Radio Chablais. *La Table d'Honneur* and the Raclette World Championships stands delighted the senses with regional specialties, creating delicious moments of connection and conviviality.

At the *Rendez-Vous du Tourisme*, Henri-Pierre Galletti, President of Region Dents du Midi SA, stole the show with a dynamic, humorous AI demonstration, brilliantly juxtaposing innovation and tradition to highlight the region's strengths in fresh, imaginative ways.

At the Foire du Valais, Region Dents du Midi proved once again to be a destination where living traditions carry a deep-rooted heritage forward, and where every visitor leaves with a story to savour.





#### Raw-milk Alpine Raclette (cow's milk)

- 1 Alpage de la Cave du Scex Crans-Montana (VS, Switzerland)
- 2 Alpage des Bochasses Troistorrens (VS, Switzerland)
- 3 Fromagerie de la Loutze Chamoson (VS, Switzerland)

#### Raw-milk Raclette (cow's milk)

- 1 Fromagerie de Liddes Liddes (VS, Switzerland)
- 2 Fromagerie Le Pont Champéry (VS, Switzerland)
- 3 Wallis 65 Turtmann Turtmann (VS, Switzerland)

## A Record-Breaking Weekend for the 2<sup>nd</sup> annual Raclette World Championships

The second edition of the Raclette World Championships has smashed every record in the books! Over the space of three days, from October 24<sup>th</sup> to 26<sup>th</sup>, nearly 20,000 visitors flocked to Morgins for a festive, flavour-packed, 3-day celebration of the Valais' most iconic dish.

This international competition brought together twelve countries: Switzerland, France, Italy, Belgium, Romania, Canada, Great Britain, Liechtenstein, the Czech Republic, Austria, Australia and Japan!

In total, 150 cheeses were tasted, scrutinized, and scored by a jury made up of experts, professionals, and everyday raclette lovers. Each cheese was judged on precise criteria: texture, appearance, aroma, flavour, and overall impression.

The final round's Super Jury was made up of notable professionals, including:

- > Laetitia Gaborit, Best Craftsman in France, Cheesemaker category
- > Bernard Mure-Ravaud, Master Cheesemaker and Best Craftsman in France
- > Eddy Ballifard, Valais AOP Raclette Ambassador
- > Philippe Moreau, Belgium's Vice Premier Cheesemaker 2010
- > François Raemy, globetrotting cheesemaker
- > Roger Dubosson, Master Cheesemaker
- > Andréas Leibundgut, member of FROMARTE
- > Aleksandr Krupetskov, permanent judge for the World Cheese Awards
- > John Haldemann, sensory analyst at Agroscope

#### Pasteurised/thermised Raclette

- 1 Milco SA Vuisternens-en-Ogoz (FR, Switzerland)
- 2 Fromagerie des Hauts de Savoie Frangy (France)
- 3 Fromagerie de Vuadens Vuadens (FR, Switzerland)

#### Raclette made from sheep's milk

- 1 Fläcke-Chäsi GmbH Beromünster (LU, Switzerland)
- 2 Autour du Buis des Cabasses Verrières (Aveyron, France)
- 3 Fromagerie Moléson SA Orsonnens (FR, Switzerland)

#### Raclette made from goat's milk

- 1 Fromagerie Beaudé Montferrat (Var, France)
- 2 Fromagerie de Martigny Martigny (VS, Switzerland)
- 3 Odermatt Käserei Dallenwil (NW, Switzerland)



# 2025-2026 WINTER CALENDAR

## November

- 13-15 Champéry Film Festival · Champéry
- 14-30 Dilemme sur Planches theatre production · Troistorrents
- 15 Fayot Cross race · Troistorrents
- 22-23 Christmas Market · Troistorrents
- 23 Big Bingo Night · Val-d'Illeiez
- 28 The World's Highest Cabaret · Champéry

## December

- 01-24 Advent Windows · Region Dents du Midi
- 04 Let's Talk... *Festival* TV series pilot · Troistorrents
- 06 Let's Get Moving Telethon · Champéry
- 07 Saint Nicolas' Day · Val-d'Illeiez
- 12 Christmas Concert I S'Aime la Vie · Troistorrents
- 13 Omayya Company theatre production *Rain or Shine* Troistorrents
- 14 L'Helvétienne brass band Christmas concert · Morgins
- 20 Écho de la Montagne brass band Christmas concert Champéry  
R.E.D Opening party · Champéry
- 21 Christmas Market · Champoussin
- 22-26 Fun Park · Val-d'Illeiez
- 24 Meet Father Christmas · Region Dents du Midi
- 26 Fairyland Fantasy I Invasioni Lunari & Cube Led · Morgins
- 27 Ice-skating show · Champéry  
Fairyland Fantasy I Invasioni Lunari & Cube Led · Les Crosets  
Foilleuse Vertical – Coupe Switzerland · Morgins  
Foilleuse Season Opening · Morgins
- 29 Rencontres Musicales holiday concert I Anastasia Kobekina & Beatrice Berrut · Champéry  
Culture on Tour I Gala with Jean-Marc Richard · Val-d'Illeiez
- 29-30 Olaf's Magical Forest · Morgins
- 29-31 Fun Park · Champéry
- 30 Nuit de la Glisse freeride film event · Morgins
- 31 New Year's Eve · Region Dents du Midi  
New Year's Eve Ice Disco · Champéry

## January

- 01-02 Fun Park · Champéry
- 01-03 Olaf's Magical Forest · Morgins
- 02 Literary Encounters · Champéry  
Fairyland Fantasy I Celestial Fire · Champéry
- 03 Fairyland Fantasy I Celestial Fire · Champoussin
- 10 Morgins Yannick Ecoeur Trophy · Morgins
- 11-31 Theatre I And Lo, God Created the Fans · Val-d'Illeiez
- 17 Gourmet Ramble · Morgins
- 19-23 Welsh Alpine Championships · Champéry/Les Crosets
- 31 The Wall Duo race · Champéry

## February

- 01 Full Moon Fête · Les Crosets  
Theatre I And Lo, God Created Fans · Val-d'Illeiez
- 05 Let's Talk... · Troistorrents
- 07 En Pistes avec le Nouvelliste ski day · Morgins
- 08 *Variations Musicales* I Children's concert · Troistorrents
- 13-17 Carnaboum · Val-d'Illeiez
- 14 Carnaval · Champéry  
Tour Freestyle Romand · Les Crosets
- 16-20 Fun Park · Morgins
- 17 Carnaval · Morgins
- 18 R.E.D après-ski · Champéry
- 19 HC Champéry Centennial I Gala Match HC Bienne vs HC Genève-Servette · Champéry
- 21 En Pistes avec le Nouvelliste ski day · Les Crosets
- 28 Spectacle *Cuche & Barbezat in Under an Hour!* · Champéry  
40<sup>th</sup> anniversary of the library · Troistorrents

## March

- 03 Full Moon Fête · Les Crosets
- 06-08 Planach'Festival · Champéry
- 15-21 Rock The Pistes Festival · Portes du Soleil
- 21 Union Instrumentale annual brass band concert Troistorrents
- 23-28 Maxi-Rires Festival · Champéry
- 26 Forum Theatre by the SILEX Troupe · Troistorrents
- 27 L'Helvétienne annual brass band concert · Morgins
- 28 Biblioweekend · Troistorrents

## April

- 01 Full Moon Fête · Les Crosets
- 04 R.E.D Closing Party · Champéry
- 05 Foilleuse Closing Party · Morgins
- 04-06 Easter Egg Hunt · Region Dents du Midi
- 12 Nicolas Fraissinet I *Savage Joy* spectacle · Morgins
- 17-19 Village Festival · Troistorrents
- 18 Écho de la Vallée annual brass band concert · Val-d'Illeiez

Subject to change. Find the full, updated agenda at [regiondentsdumidi.ch](http://regiondentsdumidi.ch).



## Fairyland Fantasy

These captivating street spectacles showcase music, choreography, and poetic artistry – lighting up the night with whimsy and magic. One of our most popular events, this is an enchanting evening for spectators of all ages!

- ▶ 26.12.2025 · Morgins
- ▶ 27.12.2025 · Les Crosets
- ▶ 02.01.2026 · Champéry
- ▶ 03.01.2026 · Champoussin
- ▶ [regiondentsdumidi.ch](http://regiondentsdumidi.ch)

## Gourmet Ramble

Epi-curious foodies will love this delicious adventure! Set off on a moonlit snowshoe trek through the stunning They Valley, indulging in delectable local specialities along the way.

- ▶ 17.01.2026 · Morgins
- ▶ [regiondentsdumidi.ch](http://regiondentsdumidi.ch)

## Culture on Tour Gala

Culture On Tour proudly presents a spectacular variety show, hosted by the legendary Jean-Marc Richard and featuring performances by Yann Lambiel, Lionel Dellberg, Sylvie Bourban, Yves Moulin, Elisa Bitschnau, and other surprise guests.

- ▶ 29.12.2025 · Val-d'Illeiez
- ▶ [cultureontour.ch](http://cultureontour.ch)

## Welsh Alpine Championships

This wintertime favourite is where the decades-long friendship between Region Dents du Midi and the land of the iconic red dragon got its start. Drawing young skiers from Wales, but also from Scotland, England, Switzerland, and around the world to Champéry – Les Crosets, this is a week-long event culminating in slalom and giant slalom races with a convivial, fair play attitude.

- ▶ 19-23.01.2026  
Champéry – Les Crosets
- ▶ [regiondentsdumidi.ch](http://regiondentsdumidi.ch)

## Olaf's Magical Forest

Meet Olaf and his friends for an enchanting nocturnal ramble through the They Valley, aglow with a dazzling array of lighted decorations inspired by the film *Frozen*.

- ▶ 29.12.2025 - 30.12.2025
- ▶ 01.01.2026 - 03.01.2026
- ▶ Morgins
- ▶ [regiondentsdumidi.ch](http://regiondentsdumidi.ch)

## Rock the Pistes Festival

Rock The Pistes Festival is an unforgettable, high-altitude, open-air concert series. The week features 5 mega concerts set right on the iconic Portes du Soleil ski slopes and dozens more après concerts in the villages to keep the party going once the pistes close.

- ▶ 15-21.03.2026 · Portes du Soleil
- ▶ [rockthepistes.com](http://rockthepistes.com)

## Maxi-Rires Festival

For one, side-splitting week, the crème de la comedy crème will meet up in Champéry to show off their best punchlines and cleverest witticisms. The laid-back, convivial atmosphere of this ultra-cool comedy festival is proof that laughter is truly the best medicine.

- ▶ 23-28.03.2026 · Champéry
- ▶ [maxi-rires.ch](http://maxi-rires.ch)

## Save the dates ! Spring & summer 2026

- ▶ 02.05 · Écho de la Montagne annual brass band concert · Champéry
- ▶ 13.06 · 51<sup>st</sup> Illeiez Valley Giron des Musiques · Morgins
- ▶ 20-21.06 · Cyclo sportive Portes du Soleil · Champéry
- ▶ 26-28.06 · Pass'Portes du Soleil · Portes du Soleil
- ▶ 11-18.07 · Swiss Orienteering Week 2026 · Portes du Soleil
- ▶ 18-19.07 · Barme Alpen Air · Champéry
- ▶ 31.07 & 01.08 · Swiss National Day festivities · Morgins & Champéry
- ▶ 31.07-14.08 · Rencontres Musicales · Champéry
- ▶ 06-07.08 · Ice-skating show I Tree of Light · Champéry
- ▶ 08-09.08 · Vintage Motors Expo · Les Crosets
- ▶ 22.08 · Livestock Fair · Les Crosets
- ▶ 29.08 · Grimpée d'Culet · Champéry



## EXHIBITIONS

### Corpus Christi in the Illiez Valley

- ▶ 30.10.2025 - 04.04.2026  
Saturdays > 14:00 - 18:00  
By appointment: +41 79 878 61 24
- ▶ Vieux Greniers - Val-d'Illiez

### Danny Touw - Digital Art

- ▶ 19.12.2025 - 04.01.2026  
Monday - Friday > 16:00 - 20:00  
Saturday & Sunday > 12:00 - 20:00  
By appointment: +41 79 330 49 67
- ▶ Vernissage : 19.12.2025 > 18:00
- ▶ Espace Raiffeisen - Champéry

### Michèle Pruvost - Painting

- ▶ 09.01.2026 - 18.01.2026  
Monday - Sunday > 09:00 - 19:00
- ▶ Vernissage : 09.01.2026 > 18:00
- ▶ Espace Raiffeisen - Champéry

### Hélène Gueury - Photography

- ▶ 23.01.2026 - 08.02.2026  
Monday - Friday > 16:30 - 19:30  
Saturday & Sunday > 15:00 - 19:00  
By appointment: +41 77 475 17 26
- ▶ Vernissage : 23.01.2026 > 18:00
- ▶ Espace Raiffeisen - Champéry

### France Schmid - Painting

- ▶ 13.02.2026 - 01.03.2026  
Monday - Sunday > 15:00 - 18:00
- ▶ Vernissage : 13.02.2026 > 18:00
- ▶ Espace Raiffeisen - Champéry

### Ropiane - Painting

- ▶ 06.03.2026 - 22.03.2026  
Monday - Friday > 15:00 - 17:00  
Saturday & Sunday > 14:00 - 18:00
- ▶ Vernissage : 06.03.2026 > 18:00
- ▶ Espace Raiffeisen - Champéry

### Ecole d'art The Art of Gueguel Drawing & Illustration

- ▶ 06.03.2026 - 15.03.2026  
Thursday - Sunday > 15:00 - 19:00
- ▶ Chalet La Treille - Troistorrents

### Raymond Bonzon - Painting

- ▶ 27.03.2026 - 12.04.2026  
Monday - Sunday > 16:00 - 19:00
- ▶ Vernissage : 27.03.2026 > 16:00
- ▶ Espace Raiffeisen - Champéry

# NEW YEAR'S EVE



**FIREWORKS**  
18H45 - Morgins  
23H00 - Les Crosets  
23H30 - Champoussin  
00H00 - Champéry

**CHAMPÉRY :  
SPECIAL EDITION**

Live broadcast  
on RTS!

**RTS**

**Savour the final  
moments of 2025  
in the restaurants and  
bars across our resorts!**

# Local Talent

## Meet Dorian Saillen

A rising star in Swiss sport shooting, 18-year-old Dorian Saillen hails from Val-d'Illeiez. Dorian excels in rifle shooting at 10 m and 50 m, competing in three positions: kneeling, prone, and standing. A member of the Macolin National Training Centre, he trains in Bienne, where he has access to top-tier sporting facilities. After completing an apprenticeship in automotive maintenance, he is now studying business administration at a programme tailored for high-level athletes.



### What got you interested in sport shooting, and when did you start competing?

I started sport shooting when I was 10. I took a school trip where we could try several different activities, and the shooting range caught my interest immediately. That's when I knew I wanted to give this sport a try!

### What do you like best about your sport: the precision, the focus, the mental challenge, or the competition?

For me, the best part of shooting is the self-discipline it requires. Even the tiniest mistake shows immediately, which makes it both challenging and exciting. You need a strong mental focus to stay concentrated and be precise, and I really love that about shooting.

### What does a typical training session at the National Training Centre look like?

I usually start with about 20 minutes of position work without shooting, to warm up and find the most stable posture possible. After that, I move on to different drills—some focused on mental work, like learning to ignore the score, others on technique, to improve precision and consistency.

Shooting practice lasts about 3 hours, and then I finish up with a physical training session, working on either endurance or strength.

### How many hours a week do you spend training?

For now, I train about 20 hours per week, including shooting sessions, physical conditioning, mental preparation, and recovery.

### Do you do physical or mental preparation outside of shooting practice?

Absolutely. Mental preparation is essential in this sport and peak psychological performance is one of the keys to success. My teammates and I work with a sports psychologist and a neuropsychologist, who provide group sessions and individual support depending on our needs and goals.

Physical preparation is just as important. Shooters need a strong core and back to maintain stability. We do a lot of back and abs strength training, plus endurance training. For me, physical training not only builds strength, it also boosts mental resilience—which comes back to mental preparation, since a competition demands around an hour and a half of total, 100% concentration.

### Do you have a particular routine to help you focus before or during a shooting series?

Generally, I don't have a fixed routine—I can usually concentrate fully when I need to. That said, of course, sometimes I do lose focus. When that happens, I do a few simple exercises with my fingers and eyes to 'reboot' my system. Basically, by reactivating my visual focus I can quickly regain an optimal level of concentration, whether in training or competition.

### You compete in three positions (kneeling, prone, standing). Which suits you best and why?

That's right, at 50m, we shoot in those three positions. At 10m, we only shoot from a standing position. I like all positions and distances; each one presents its own challenges and unique aspects that motivate me to improve and keep progressing.

### How do you manage your time between your education and practicing a sport at this demanding level?

Until July, I was in an apprenticeship programme as a mechanic at Garage 1890 in St-Maurice. Thanks to a very understanding boss who let me leave for training and competitions, I was able to juggle both my work and my sport. Without him and the flexibility he allowed me, I wouldn't be where I am today—I want to take this opportunity to thank him! In August I completed my CFC and started a business course at a school for athletes, where I have half-days for training and half-days for classes.

### Your younger sister Mélyne shares your same passion for shooting. Is there more competition or camaraderie between you?

There's definitely a bit of competition between us, but it's always healthy! It pushes us both to give our everything in training so we improve together. In competitions, we're in different categories, so I often give her advice for her matches. I actually feel very lucky to have her by my side—she helps me with my training sometimes, and it's really nice to have someone close that shares my same passion for the sport.

### What are the next major events you hope to compete in?

Definitely the Junior World Championships in Suhl, Germany, in June 2026. So far, I've been lucky enough to take part in the European Championships and the EYOF (European Youth Olympic Festival). Now I'm looking to step up my level of competition and gain even more experience for the next stages of my career.

### What is your most memorable experience or favourite moment in competition?

There are so many moments I could choose, but the one that stands out most is the EYOF. During the mixed event with Emely Jäggi, I really struggled through the two qualifying rounds—I just couldn't find my stability. By the last series, I was frustrated with my score. I left the firing line, headed straight to the locker room, changed completely, and put all my equipment away. When I returned, my coach looked at me and said, "Dorian, what are you doing in that outfit?" I replied, "There's no way I'm going to the final with the shooting I just did."

To my surprise, my partner Emely had shot brilliantly, earning us a spot in the bronze medal final! I had to change quickly and refocus. In the final, I gave it my all and got the highest score of the day. Emely and I earned that bronze medal together—an achievement that is so much more meaningful because of the emotional roller coaster, personal challenge, and shared joy.



### What are your short- and long-term sporting goals?

In the short term, I aim to keep improving, win more international medals, and compete at the Junior World Championships.

Looking further ahead, my dream is to take part in the Olympic Games and represent Switzerland at the highest level!



# Stay in the Know

## Web

- ▶ [regiondentsdumidi.ch](http://regiondentsdumidi.ch)
- ▶ [logueur.regiondentsdumidi.ch](mailto:logueur.regiondentsdumidi.ch) (for hosts)

## Tourist Offices

- ▶ Champéry
- ▶ Morgins

## Virtual Information Points

- ▶ Val-d'Illiez (train station)
- ▶ Champoussin (Antre d'Eux)

## Socials

- ▶  Region Dents du Midi
- ▶  @RegionDentsDuMidi
- ▶  Region Dents du Midi
- ▶  Region Dents du Midi SA
- ▶  @regiondentsdumidi
- ▶ #regiondentsdumidi

## WhatsApp

- ▶ Get free updates and news from the region by message.



## Client & partner newsletters

- ▶ News, dates and insider tips.
- ▶ Sign up at [regiondentsdumidi.ch](http://regiondentsdumidi.ch)



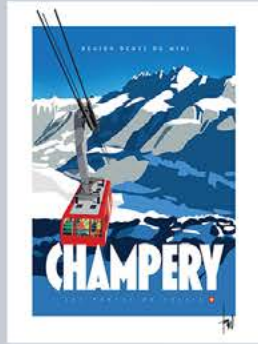
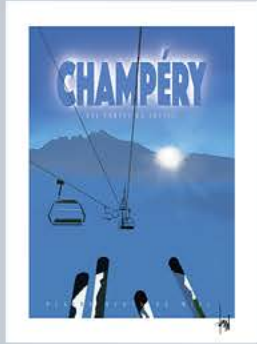
## Maps & brochures



## RDDM Info

- ▶ A bi-annual publication sent to letterboxes in the Illiez Valley and to all second-home owners

# SHOP



Poster 30x40 cm 70.-

50x70 cm 130.-

Postcard 3.-

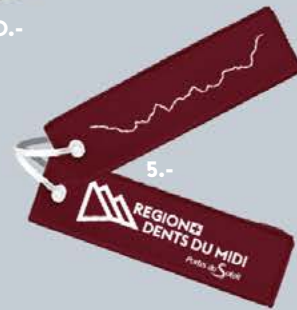


25.-



15.-

Small 47.-  
Large 76.-



5.-



49.-



20.-



50.-



39.-



10.-



20.-

89.-

89.-





**#regiondentsdumidi**

info@rddm.ch | regiondentsdumidi.ch

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**CHAMPOUSSIN**

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