

Control of the contro

Portes du Soleil

PROGRAMME EVENTS & ACTIVITIES DECEMBER 2021 — JANUARY 2022

CHAMPÉRY CHAMPOUSSIN LES CROSETS MORGINS TROISTORRENTS VAL-D'ILLIEZ

Winter Sports **Art & Culture** Gastronomy Flora & Fauna **Well-Being** Après-ski activities online at rddm.ch Children **Top Events** Be part of our community! f Animations - Région Dents du Midi Information & reservations (by 5 pm the day f Bénévoles - Région Dents du Midi before) in the tourist offices or at rddm.ch Auxiliaries & Volunteers · event@rddm.ch +41 24 477 13 15 '2G' COVID Passes (vaccinated or recovered) are obligatory for participants 16 age and up for indoor activities and events. No reimbursement will be accepted for guests who cannot provide a valid '2G' Pass. Thank you for your understanding! Prices are indicated in Swiss Francs This programme may be subject to modification. For up-to-date information, go to rddm.ch

DECEMBER

22 WEDNESDAY

M NATURE'S CHRISTMAS GIFTS



What could be more special than a homemade Christmas gift? Together we'll create something special to eat, or something that's good for you and yours, or something to turn your home into a haven!

Salle de la Jeur Morgins · 14h00 › 16h00

Adult: 35.-

Child (8 + yrs accompanied by an adult): 20.-

23 THURSDAY

BAKING WORKSHOP CHRISTMAS MACARONS



Roll up your sleeves and pre-heat your ovens for a delicious baking workshop! Today we'll be making delectable macarons for a gourmet Christmas treat.

La Cavagne Troistorrents · 14h00 › 17h00

Single price (6-15 yrs accompanied by an adult): 20.-

DISCO KIDS



24 FRIDAY

9 HO HO HO. ITS FATHER CHRISTMAS!

Father Christmas is visiting Région Dents du Midi resorts with a bag full of treats and photo souvenirs for all of you who've been very good this year.

Champoussin & Les Crosets · 10h00 > 12h00 Champéry · 14h00 > 16h00 Morgins · 16h00 > 18h00

Free

25 SATURDAY

ST NICK ON SKIS

Did you know that Father Christmas loves to shred a few slopes just before Christmas? A little elf told us you might find him handing out sweets to good girls and boys on the ski slopes so keep your eyes peeled!

Top of the Champéry - Croix de Culet cable car Top of the Foilleuse chairlift in Morgins Restaurant le Virage in Champoussin **Bottom of the Crosets 8 chairlift in Les Crosets** 10h00 >14h00

Free

EVENTS Champéry Christmas Market 11.12 16.01 **World Snowboard Day Morgins Christmas Market** Rallye du Goût 18. 19.12 22.01 26.03-Welsh Alpine Ski Championships 25.12-9.01 Fun Park 02.04 Région Dents du Midi World Cup 31.12 **New Year's Eve Party** 27-29.01 02, 04, 06.01 Mountain Film Session Ski Alpi Champéry 28.01 02. 08. 09.01 Rivella First Track





26 SUNDAY



Table 1 SNOWYOGA & BRUNCH

A ray of winter sunshine, snowflakes falling all around, and utter silence... A winter yoga session is an immersion in peace and serenity.

Champéry tourist office · 10h00 > 12h30

Single price (12-15 yrs accompanied by an adult): 50.-

ELITTLE TRAPPERS & IGLOO BUILDING

Young explorers will strap on their snowshoes and play Far North with an imaginary Alaskan adventure in search of wild animal tracks. Like any respectable tundra-dweller, they'll learn to build an igloo and make a campfire.

Ranch de Morgins · 13h30 › 16h30

Single price (6-12 yrs): 15.-

27 MONDAY

₩ SKI TOURING RÉGION DENTS DU MIDI

Earn your summit! La Dent de Valerette is one of the region's iconic peaks, but it helps to go with a guide if you want to find the best powder bowls on your way back down.

Morgins tourist office · 09h00 >16h00

Single price (14 + yrs) : 80.-

E IGLOO BUILDING

Little Inuits learn how to build igloos from an early age and so can you!

Chapelle Les Crosets · 13h30 › 15h30

Single price (6-12 yrs): 10.-

28 TUESDAY

***** AVALANCHE SAFETY COURSE

Set of for a snowshoe hide off the beaten path and learn to use your avalanche safety equipment with help from an expert. When you've worked up an appetite, you'll tuck into a delicious picnic with a view.

Champéry cable car · 08h45 > 16h00

Adult : 80.-

Child (12-15 yrs accompanied by an adult): 35.-

X SKI TOURING RÉGION DENTS DU MIDI

Earn your summit! La Dent de Valerette is one of the region's iconic peaks, but it helps to go with a guide if you want to find the best powder bowls on your way back down.

Val-d'Illiez tourist office · 09h00 >16h00

Single price (14 + yrs) : 80.-

WHOMEMADE SOAPS & BALMS

This fun workshop is specially oriented toward teaching youngsters about natural remedies and homemade soaps.

Hameau des Crosets · 15h00 > 16h30

Single price (6-12 yrs): 15.-

O HOMEMADE BEESWAX CANDLES

Young artists can give free reign to their creative side as they make and use natural decorations to personalise a beautiful beeswax candle. This is the perfect gift, even after

Salle de la Jeur Morgins · 15h00 > 17h00

Single price (6-12 yrs): 15.-











*****INTRODUCTION TO SKI JOËRING

Originating in ancient Norway, this is a thrilling sport in which participants of all ages are towed on skis behind horses. This is a great way to experience nature, in the company of your trusty steed.

Grand Paradis Shelter Champéry · 13h00 > 14h00 Single price (10 + yrs) : 20.

EXAMPLE 2 LITTLE TRAPPERS & IGLOO BUILDING

Young explorers will strap on their snowshoes and play Far North with an imaginary Alaskan adventure in search of wild animal tracks. Like any respectable tundra-dweller, they'll learn to build an igloo and make a campfire.

Champeys drag lift Champoussin, lower station 13h30 > 16h30

Single price (6-12 vrs): 15.-

GOURMET WORKSHOP FOR FAMILIES



This cooking workshop will bring families together to make delicious holiday goodies to take home for the holidays!

Centre Culturel Champéry · 16h00 › 17h30

Adult : 35.-

Child (6-15 yrs accompanied by an adult): 20.-



Let there be light and let your inner wild child run artistic! For this unique activity you'll paint with strokes of light and transform your movements into a photographic masterpiece.

Morgins tourist office · 17h30 > 19h00

Single price (16 + yrs) : 25.-









St Nick's sleigh is broken and only Willy, the resident elf mechanic, can save Christmas and make sure all the good boys and girls get their gifts on time! This play follows Willy's adventures as he tries to make sure Christmas doesn't get cancelled – a heartwarming story that will make you laugh and cry and where children are the real heroes.













BAKING WORKSHOP **FESTIVE MACARONS**



Roll up your sleeves and pre-heat your ovens for a delicious baking workshop! Today we'll be making delectable macarons for a gourmet holiday treat.

La Cavagne Troistorrents · 09h30 › 12h30

Single price (6-15 yrs accompanied by an adult): 20.-

✓ LIGHT PAINTING

Let there be light and let your inner wild child run artistic! For this unique activity you'll paint with strokes of light and transform your movements into a photographic masterpiece.

Chapelle Champoussin · 17h30 > 19h00 Single price (16 + yrs) : 25.

THOMEMADE BEESWAX CANDLE

Young artists can give free reign to their creative side as they make and use natural decorations to personalise a beautiful beeswax candle. This is the perfect gift, even after Christmas!

Hameau Les Crosets · 15h00 > 17h00

Single price (6-12 yrs): 15.-

SNOW SCULPTING

With nothing but a blank block of snow and a given theme, you or you and your team will have free rein to create an ephemeral masterpiece and win the hearts of spectators and

Ranch de Morgins · 14h00 > 16h00

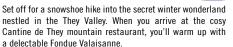
Single price (6-12 yrs): 15.-





SAF Club Morgins · 17h30 > 19h30 Single price entry with a drink (4 + yrs) : 5.-

* TONDUE



Morgins Snowline Shop 17h45 - approximately 21h30

Adult : 50.-

Child (up to 12 yrs): 25.-





Send out the old and ring in the New Year with nighttime fireworks shows. We'll keep you toasty warm and cheery with hot wine and a festive atmosphere in the Région Dents du Midi resorts!

Champéry · Champoussin · Les Crosets · Morgins











19:30 > 23:00

MORGINS - SALLE DE LA JEUR

FILMS & CONFERENCES

TEETH - PAUL DE GROOT & LOÏC ISLIKER **HOME - OSCAR MANDIN** HUNT YOUR LINE - SÉBASTIEN VARLET

4.01

VAL-D'ILLIEZ - SALLE POLYVALENTE

LES AVENTURES DE JEAN TROILLET

CHAMPÉRY - PALLADIUM

CONSCIENCE - GAËTAN GAUDISSARD

REFRESHMENTS AVAILABLE ON-SITE ADULT: 10.- I JUNIOR (10 - 15 YRS): 5.-CHILD (UNDER 10): FREE COVID PASS OBLIGATORY 16 + YRS

REGION





2 SUNDAY

₩ RIVELLA FIRST TRACK

Champéry · Les Crosets · Morgins · From 07h30 on Free with a valid ski pass

***** AVALANCHE SAFETY

Take a snowshoe hide off the beaten path and learn to use your avalanche safety equipment with help from an expert. When you've worked up an appetite, you'll tuck into a delicious picnic with a view.

Champéry cable car · 08h45 > 16h00

Adult · 80 -

Child (12-15 vrs accompanied by an adult): 35.-

EXAMPLE 2 LITTLE TRAPPERS & IGLOO BUILDING

Young explorers will strap on their snowshoes and play Far North with an imaginary Alaskan adventure in search of wild animal tracks. Like any respectable tundra-dweller, they'll learn to build an igloo and make a campfire.

Grand Paradis Shelter Champéry · 13h30 › 16h30 Single price (6-12 yrs) : 15.-

THOMEMADE SOAPS & BALMS

This fun workshop is specially oriented toward teaching youngsters about natural remedies and homemade soaps.

Salle de la Jeur Morgins · 15h00 › 16h30

Single price (6-12 yrs): 15.-

MOUNTAIN FILM SESSION

Salle de la Jeur Morgins · 19h30 > 23h00

Adult : 10.-Junior (10-15 vrs): 5.-Child (under 10): free





3 MONDAY

♯ SKI TOURING RÉGION DENTS DU MIDI

Earn your summit! La Dent de Valerette is one of the region's iconic peaks, but it helps to go with a guide if you want to find the best powder bowls on your way back down.

Morgins tourist office · 09h00 >16h00

Single price (14 + yrs) : 80.



The majestic fir tree, icon of the alpine forest, provides a wealth of ingredients for tasty natural recipes and oldfashioned remedies. This workshop will cover everything, from identifying, picking, tasting, and making wonderful products to take home.

Grand Paradis Shelter Champéry · 14h00 > 17h00

Adult: 45.-

Child (10-15 yrs accompanied by an adult): 20.-

SNOW SCULPTING

With nothing but a blank block of snow and a given theme. you or you and your team will have free rein to create an ephemeral masterpiece and win the hearts of spectators and judges alike.

Chapelle Champoussin · 14h00 > 16h00

Single price (6-12 yrs): 15.-

ULITTLE TRAPPERS MUSHING WORKSHOP

Traverse vast frozen landscapes, toasty warm with the friendly companionship of your furry companions, then take shelter in an igloo... The Vallon de They is a magical winter wonderland where your young explorers will learn the art of mushing sled dogs.

Lac de Morgins ·14h00 > 16h00

Single price (8-12 vrs): 100.-

** NIGHTTIME RAMBLE - UNDER THE STARS

Feet in the snow, head in the stars, this is the perfect way to learn more about the wonders of the night sky. Your guide will tell you fascinating stories and teach you about the constellations as you ramble through a silent winter night.

Frâchette Shelter Champoussin 18h30 > 22h00

Adult : 35.-

Child (14-15 yrs accompanied by an adult): 25.-





FIRST

2 & 8-9 JANUARY 20 & 27 FEBRUARY 6 MARCH

TRACK

FROM 7:30 ON, HIT THE SLOPES BEFORE THE CROWDS!



LES CROSETS

Crosets 8 & Grand Conche chairlifts

CHAMPÉRY

Croix de Culet cable car

Valid lift ticket obligatory

Depending on weather conditions (confirmation announced by 5 pm on our Facebook page)





BREAKFAST OFFER CHF 15.- with a gift from Rivella



JANUARY



*** SKI TOURING RÉGION DENTS DU MIDI**

Earn your turns! Follow in the footsteps of our famous Contrebandiers and take a guided ski tour to the border with France and the famous Col de Cou Pass.

Champéry tourist office · 09h00 >16h00

Single price (14 + yrs) : 80.

SNOW SCULPTING

With nothing but a blank block of snow and a given theme, you or you and your team will have free rein to create an ephemeral masterpiece and win the hearts of spectators and judges alike.

Chapelle Les Crosets · 14h00 > 16h00

Single price (6-12 yrs): 15.-

EXAMPLE 1 LITTLE TRAPPERS MUSHING WORKSHOP

Traverse vast frozen landscapes, toasty warm with the friendly companionship of your furry companions, then take shelter in an igloo... The Vallon de They is a magical winter wonderland where your young explorers will learn the art of mushing sled dogs.

Lac de Morgins ·14h00 > 16h00

Single price (8-12 yrs): 100.-

O HOMEMADE BEESWAX CANDLES

Young artists can give free reign to their creative side as they make and use natural decorations to personalise a beautiful beeswax candle. This is the perfect gift, even after Christmas!

Centre Culturel Champéry · 15h00 › 17h00

Single price (6-12 yrs): 15.-





Val-d'Illiez multipurpose gymnasium · 19h30 › 23h00

Adult : 10.-

Junior (10-15 yrs) : 5.-Child (-10 yrs) : free















Gourmet snowshoe hike!







Adult ±40-

Child (6-12) ±20.-



Included · snowshoe rental, gourmet specialities, and memories to last a lifetime



Registration · rddm.ch





Family-friendly activity

Saturday, January 22nd

MORGINS

Departure point · Morgins sports centre 16:30 - 22:00









JANUARY

5 WEDNESDAY

₩ INTRODUCTION TO SKI JOËRING

Originating in ancient Norway, this is a thrilling sport in which participants of all ages are towed on skis behind horses. This is a great way to experience nature, in the company of your trusty steed.

Grand Paradis Shelter Champéry · 13h00 › 14h00 Single price (10 + yrs) : 20.

₩ SNOWSHOE RAMBLE - TRACKING WILDLIFE

How does a hare, a squirrel, or a roe deer spend the winter? Follow your guide through a winter wonderland and find out! You'll learn to spot and interpret the signs of animal activity and enjoy a tasty surprise along the way!

Le Virage Restaurant Champoussin · 14h00 › 16h30 Adult: 35.-

Child (5-15 yrs accompanied by an adult): 20.-

EXAMPLE 1 LITTLE TRAPPERS MUSHING WORKSHOP

Traverse vast frozen landscapes, toasty warm with the friendly companionship of your furry companions, then take shelter in an igloo... The Vallon de They is a magical winter wonderland where your young explorers will learn the art of mushing sled dogs.

Lac de Morgins · 14h00 > 16h00

Single price (8-12 yrs): 100.-

**** 2 HUSKY HIKE & FONDUE**



Wearing a comfortable belt with a leash attached, let a trusty husky tow you along the idyllic They Valley to a delicious, well-earned fondue at the quaint Cantine de They.

Wednesdays 05.01 - 23-02.2022 Ranch de Morgins · 19h00

Adult : 90.-

Child (10-14 vrs accompanied by an adult): 50.-





5 WEDNESDAY

CHILDRENS' THEATRE 'ONCE UPON A TIME IN THE FOREST'

There's magic in the air in this enchanted forest! Taking elements from traditional local tales, this fairy-tale adventure reminiscent of Hansel & Gretel and Snow White will teach children about our flora and fauna as they embark on a journey to find Plumette's Hut.

Centre Culturel Champéry · 16h00 > 17h00

Single price (3-12 yrs): 10.- (free for accompanying adults)





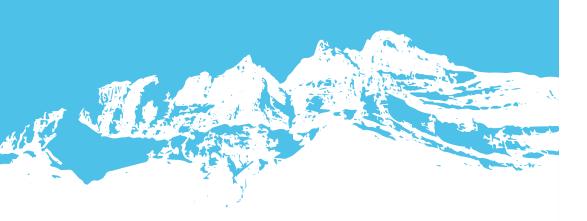




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SKI MOUNTAINEERING **WORLD CUP**

27-29.01.22 **MORGINS**







JANUARY

6 THURSDAY

* TSNOWSHOE RAMBLE & CARAMEL CONFECTION

Head out for a snowshoe hike through peacefully slumbering winter landscapes. When you've worked up an appetite. you'll stop for an open-air cooking class, infusing the forest air with the rich, warm goodness of cooking caramel.

Place du 6 Août Morgins · 17h30 › 19h30

Adult: 40.-

Child (7-15 yrs accompanied by an adult): 25.-

PDISCO KIDS

SAF Club Morgins · 17h30 > 19h30

Single price entry with a drink (4 + vrs): 5.-

HOMEMADE BEESWAX CANDLE

Young artists can give free reign to their creative side as they make and use natural decorations to personalise a beautiful beeswax candle. This is the perfect gift, even after Christmas!

Chalet de la Treille Troistorrents · 15h00 > 17h00

Single price (6-12 yrs): 15.-

* SNOWSHOES & FONDLIF

Set off for a snowshoe hike into the secret winter wonderland nestled in the They Valley. When you arrive at the cosy Cantine de They mountain restaurant, you'll warm up with a delectable Fondue Valaisanne.

Morgins Snowline Shop 17h45 - approximately 21h30

Adult : 50.-

Child (up to 12 vrs): 25.-

★ ✓ MOUNTAIN FILM SESSION

Palladium de Champéry · 19h30 › 23h00

Adult : 10.-Junior (10-15 yrs): 5.-

Child (-10 vrs): free



7 FRIDAY

🏂 🖀 SNOWYOGA & BRUNCH

A ray of winter sunshine, snowflakes falling all around, and utter silence... A winter yoga session is an immersion in peace and serenity.

Val-d'Illiez tourist office · 09h30 › 12h30

Single price (12-15 vrs accompanied by an adult): 50.-

SNOW SCULPTING

With nothing but a blank block of snow and a given theme, you or you and your team will have free rein to create an ephemeral masterpiece and win the hearts of spectators and iudges alike.

Grand Paradis Shelter Champéry · 14h00 > 16h00

Single price (6-12 vrs): 15.-

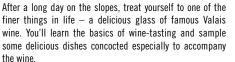
UITTLE TRAPPERS MUSHING WORKSHOP

Traverse vast frozen landscapes, toasty warm with the friendly companionship of your furry companions, then take shelter in an igloo... The Vallon de They is a magical winter wonderland where your young explorers will learn the art of mushing sled dogs.

Lac de Morgins ·14h00 > 16h00

Single price (8-12 yrs): 100.-

après-ski wine tasting workshop 🌉



Restaurant le Di.Vins Morgins · 17h00 > 18h30

Single price (18 + yrs) : 25.-

✓ LIGHT PAINTING

Let there be light and let your inner wild child run artistic! For this unique activity you'll paint with strokes of light and transform your movements into a photographic masterpiece.

Grand Paradis Shelter Champéry 17h30 > 19h00

Single price (16 + yrs) : 25.-











VISIT RDDM.CH FOR ALL OUR WINTER PACKAGE OFFERS

JANUARY

8 SATURDAY

₩ RIVELLA FIRST TRACK

Champéry · Les Crosets · Morgins · From 07h30 on Free with a valid ski pass

✓ PHOTO WORKSHOP OVERNIGHT BIVOUAC NOTE: OUTPOON OUTPOO

For this unique adventure, you'll set off on snowshoes to practice your photography skills in the glorious beauty of an alpine winter. In the evening, you'll tuck into a delicious fondue and spend a memorable night bivouacking under the stars

Morgins tourist office 13h00 > 13h00 the next day Single price (16 + yrs): 300.-

TAPRÈS-SKI WINE TASTING WORKSHOP

After a long day on the slopes, treat yourself to one of the finer things in life — a delicious glass of famous Valais wine. You'll learn the basics of wine-tasting and sample some delectable dishes concocted especially to accompany the wine.

Chalet des Saveurs Champéry \cdot 17h00 \cdot 18h30

Single price (18 + yrs) : 25.

✓ LIGHT PAINTING

Let there be light and let your inner wild child run artistic! For this unique activity you'll paint with strokes of light and transform your movements into a photographic masterpiece.

Chapelle Les Crosets · 17h30 › 19h00

Single price (16 + yrs) : 25.-

9 SUNDAY

₩ RIVELLA FIRST TRACK

Champéry · Les Crosets · Morgins · From 07h30 on Free with a valid ski pass









info@rddm.ch · regiondentsdumidi.ch











#regiondentsdumidi

RÉGION DENTS DU MIDI **TOURIST OFFICES**

CHAMPÉRY

Rue du Village 54 1874 Champéry +41 24 479 05 50

MORGINS I TROISTORRENTS

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VAL-D'ILLIEZ I LES CROSETS CHAMPOUSSIN

Place du Village 5 1873 Val-d'Illiez +41 24 477 20 77











