

PROGRAMME

15 > 29 OCTOBER

Events Calendar

5.10	La Braye Challenge bike race
13 - 16.10	Curling Masters
15.10	Balade Gourmande tasting tour by e-bike Folklore evening
27.10	Peanut Comedy Club
29.10	Champéry 1830 folk group 125th anniversary
29-30.10	Les Automnales Festival
30.10	Pumpkin Festival
31.10	Halloween
4.11	Women Healers Throughout the Ages conference by Marie Laurrin
11-13, 18-20	Theatre production Dilemme sur Planches
25-27.11	
11 - 12.11	Champéry Film Festival
11 -25.11	Fire & Ice exhibition
19.11	Fire & Ice conference by Etienne Claret
24.11	Peanut Comedy Club
27.11	'Quadrifaunie' conference by Laurent Clerc

Monthey

14.10	Nuit des Sorcières Halloween party
22.10	Brisolée Folklorique roasted chestnut festival
28-29.10	BOUH! Oktoberfest
7-13.11	International Chablais Hockey Trophy

19 WEDNESDAY

🏹 ARCHERY BASICS & CAMPFIRE PICNIC

Like Robin Hood and his merry men, your children will work up an appetite learning to shoot with bows and arrows on our 18-target trail. Afterwards, they'll tuck into a delicious picnic of Swiss cervelas sausages, cooked over a crackling campfire and followed up with gooey roasted marshmallows.

Géant drag lift Morgins sports centre · 14h > 18h

Single price (8-14 yrs) : 55.-

20 THURSDAY

🐝 BEE-UTIFUL APITHERAPY

Busy bees provide more than just honey! Beeswax, pollen & propolis are full of natural healing goodness. This afternoon, our local expert will show you some secret beeauty and health remedies straight from the hive.

L'Étable Les Crosets · 15h > 17h

Single price (10+ yrs) : 30.-

21 FRIDAY

🐇 STALKING DEER & CHAMOIS

Dress for success! In this case, to blend in with the scenery... Our gamekeeper, an expert in nature conservation, will take you to the best haunts for observing wildlife and teach you how to approach our most emblematic alpine animals without giving yourself away.

Champéry tourist office · 6h > 12h

Single price (12+ yrs) : 35.-

22 SATURDAY

🍄 MUSHROOM HUNTING

Is that a Boleté or a Chanterelle? Is it edible or only pretty to look at? This is your chance to explore the forest undergrowth with an expert mycologist and get to know more about our amazing local fungi. Afterwards, you'll tuck into a delicious autumn meal at the Le Virage restaurant in Champoussin.

Frâchette shelter Champoussin · 9h > 14h30

Adult : 50.-

Child (7-15 yrs, must be accompanied by an adult) : 30.-

25 TUESDAY

🐇 ALPINE PLANTS FOR WINTER HEALTH

Head for the hills in search of the wild plants our ancestors used for natural remedies! After an easy walk, we'll roll up our sleeves to concoct 100% natural preparations you can take home.

Grand Paradis shelter Champéry · 9h > 12h

Single price (12-15 yrs must be accompanied by an adult): 35.-

🐇 STORYTELLING RAMBLE

THE ELVES & THE LITTLE PLANT WITH BIG MAGIC

Did you know that certain plants can make magic? On this storytelling walk, curious little elves will learn to recognize plants they can eat and plants that can fix an ouch and learn to take care of them - just like they take care of us.

Frâchette shelter Champoussin · 15h > 17h

Single price (5-8 yrs) : 15.-

26 WEDNESDAY

🐇 THE SECRET LIFE OF BUGS

The insect world is miniature, yet immeasurably vast - and it's not always easy to tell all those creepy-crawlies apart! How do you observe insects? Where do they hide? Can you capture them without hurting them? Led by an expert, this workshop will teach your little bugs the basics of entomology.

Morgins sports centre · 15h > 17h

Single price (5-8 yrs) : 15.-

28 FRIDAY

🐇 NATURAL BEAUTY- LIP BALM & PLANT SCRUB

Using essential oils and other organic ingredients, you'll learn how to make your very own alpine beauty creams and balms to take home for a little self-care and pampering.

Alpage de le Chaux Morgins · 14h > 17h

Single price (12+ yrs) : 35.-

29 SATURDAY

🐇 ALPINE PLANT HUNTING IN AUTUMN

Ready to harvest in the autumn, Valerian and Gentian roots can be made into concoctions that work wonders to boost your immune system during the long winter months. After an easy plant-gathering walk, we'll head to a cosy alpine chalet and create an elixir you can take home!

Old Border Post Morgins · 13h > 17h

Single price (12+ yrs) : 45.-

15 SATURDAY

🐇 STALKING DEER & CHAMOIS

Dress for success! In this case, to blend in with the scenery... Our gamekeeper, an expert in nature conservation, will take you to the best haunts for observing wildlife and teach you how to approach our most emblematic alpine animals without giving yourself away.

Champéry tourist office · 6h > 12h

Single price (12+ yrs) : 35.-

17 MONDAY

🐾 PONEY CAMP

Young horse lovers will jump at the chance to spend a whole week riding, grooming, and learning to care for their four-legged friends at the Champéry equestrian centre. The camp includes lessons, games, pony care and rides around the village.

Centre Équestre Champéry · 9h > 12h

(Monday - Friday)

Single price (5-10 yrs): 220.- (week) or 48.- (day)

🐾 SWISS CYCLING ACADEMY 4 KIDS

This 3-morning mountain-biking workshop will turn your kids into shredders in no time! Accompanied by experienced monitors, young riders will learn to handle their mountain bikes - braking, turning, passing obstacles, and making small jumps- in a fun, supervised environment.

In front of the Salle de la Jeur Morgins · 9h30 > 12h

(Monday, Tuesday & Thursday)

Single price (6-12 yrs) : 149.- (for 3 days)

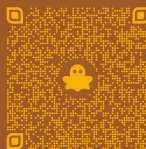
Required experience: must be able to ride a bicycle on flat ground

HALLOWEEN

Pumpkin carving & decorating contest
Champoussin · 15 - 23.10

Activities, candy grab & kids' disco
Morgins · 31.10

Giant clue & Pumpkin decorating competition
Troistorrents · 30.10



This programme may be subject to modifications.
Prices are in Swiss Francs.
Info & registration (by 17h the day before) in Region Dents du Midi tourist offices or at regiondentsdumidi.ch.

