

SUMMER 2026 

MULTI PASS



MY ACTIVITY
→ GUIDE

Portes du  Soleil
Ski & Bike



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WHAT IS THE MULTI PASS?

**The Multi Pass is THE card for a
summer full of activities and fun with
friends and family!**
**A magical pass to make the most
of summer in the mountains!**
**What's more, the card is free
for under-5s!**



-20%

The Multi Pass also gives you discounts
(from -10% to -50%) at over 80 tourist sites
and activity providers in the area. Simply show
your proof of purchase to qualify.

YOU ARE STAYING...

AT A MULTI PASS PARTNER ACCOMMODATION PROVIDER

How does it work?

OPTION 1

Your Multi Pass is **offered to you by your accommodation provider upon arrival** (please return it when you leave).



OPTION 2

It costs **€4 PER PERSON** per day and must be purchased for the full duration of your stay.

HOLIDAYS CAN BEGIN!



THAT'S IT!

Using the holiday code received by e-mail, **buy your Multi Passes* online** (with the option of picking them up at a terminal) or **at a point of sale** (see list p.6).

AT ANOTHER PARTNER ACCOMMODATION PROVIDER

Get your Multi Pass **day or season** (see p.6).



Find the list of partner hosts at www.portesdusoleil.com

You must have a magnetic card to load your Multi Pass and access activities freely. (price €3 or CHF 5 - each, non-refundable). It can then be reused in summer and winter in the 12 Portes du Soleil resorts.

YOU ARE A REGULAR OR OCCASIONAL VISITOR

WHERE TO FIND THE MULTI PASS ?

The Multi Pass (**day** or **season**) is on sale at:

➤ MOUNTAIN LIFT SOCIETIES

Avoriaz, Champéry, Châtel, Les Crosets, Les Gets, Montriond - Ardent, Morgins, Morzine, St Jean d'Aulps

➤ TOURIST OFFICE

Abondance

HOW MUCH DOES IT COST?

➤ 1-DAY MULTI PASS

€15 or CHF 18.- per pers.

➤ SEASON MULTI PASS*

€120 or CHF 120.- per adult

€90 or CHF 90.- for young people aged 5 to 25

Remember to keep the proof of purchase you received at the checkout.

**The season pass is personal and non-transferable.*



FiND MULTI PASS PARTNERS EASILY!



This accommodation provider is a Multi Pass partner — great choice !



This activity is included with my Multi Pass, so I show my valid card and then I can enjoy !



This activity is available at a reduced rate with my Multi Pass : I show my card and proof of purchase* and enjoy more activities!



← **FiND ALL THE MULTI PASS ACTIVITIES ONLINE!**

*except for holidaymakers staying with a partner accommodation provider offering you the Multi Pass on arrival

DID YOU KNOW?

➤ In addition to all the activities, the Multi Pass gives you access to the **29 MOUNTAIN LIFTS FOR WALKERS** of the Portes du Soleil ! Enjoy walks, trail running or panoramic terraces.

➤ The Multi Pass provides access to a wide range of activities and is a great way to explore our **12 FRENCH-SWISS RESORTS !**

**HOW MANY PLACES
WILL YOU BE ABLE
TO VISIT?**



FULL SENSATION STAY

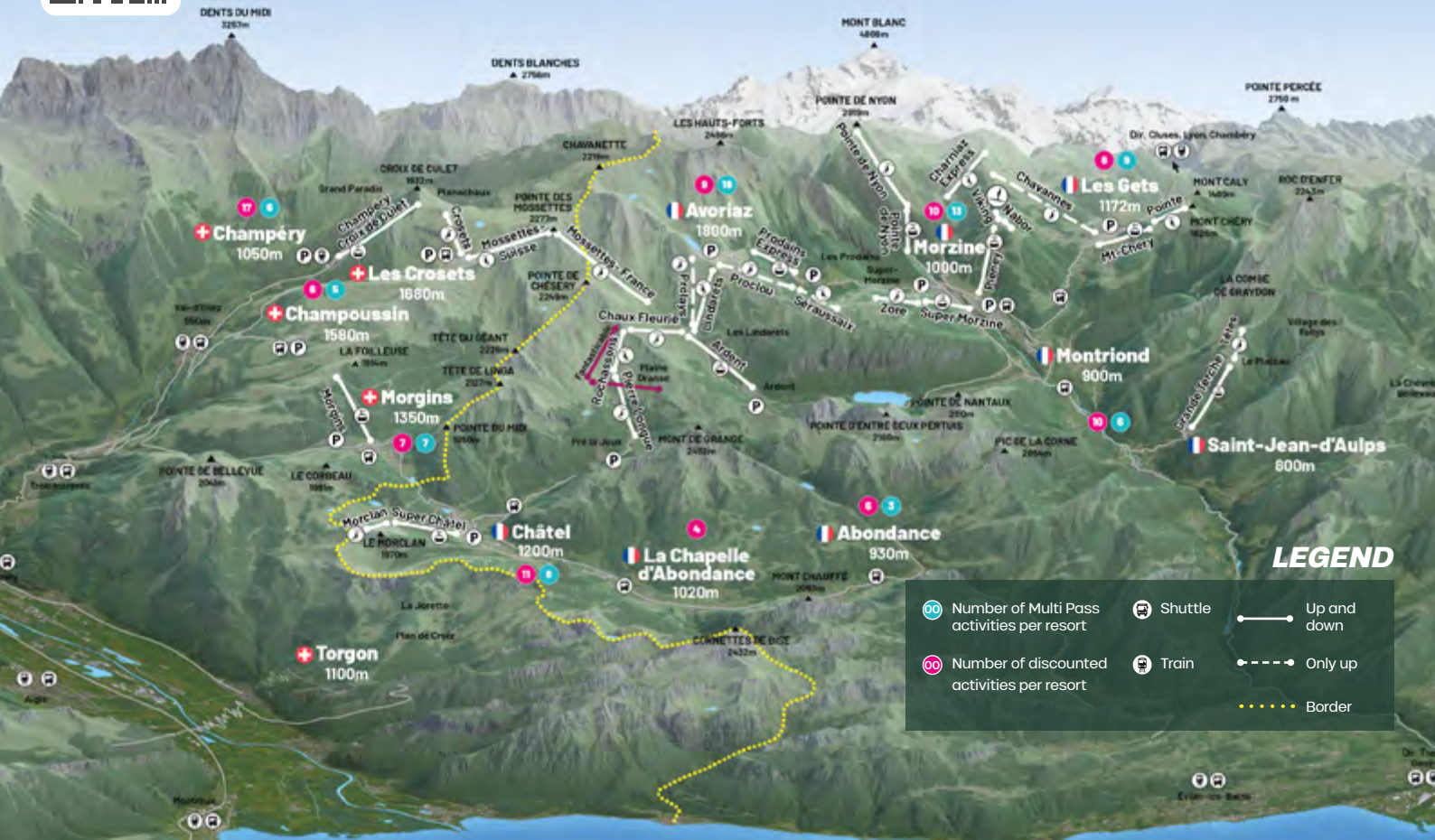
- Reach new heights on our **CLIMBING WALLS**.
- **HURTL**E DOWN THE SLOPES on a summer toboggan, electric scooter or mountain kart.
- Let off steam in our **ADVENTURE PARKS!**
- Immerge yourself in our **SWIMMING POOLS AND LAKES**.
- Take to the **skies** with a tandem paragliding flight.
- Enjoy the many marked **FOOTPATHS** accessible via the mountain lifts.

WELLNESS STAY

- Visit one of the **ABBEYS**
- Enjoy a film **AT THE CINEMA**.
- Relax in a **SPA** or enjoy a **MASSAGE**.
- Discover **TYPICAL DISHES** and taste a local platter of **CHEESES & CURED MEATS !**



← FIND ALL THE INFORMATION HERE!



LEGEND

- Number of Multi Pass activities per resort
- Number of discounted activities per resort
- Shuttle
- Train
- Up and down
- Only up
- Border



ABONDANCE

Tourist office +33 (0)4 50 73 02 90
www.leman-mountains-explore.com

Line 12 Châtel <-> Thonon

ColomBus in Vallée d'Abondance: Line C



#01 TENNIS CLUB

Free practice court hire

May / June / September : every day

Bookings 24 hours in advance.

July → August :

Monday → Saturday

9am - 12pm / 3pm - 7pm

Sunday

9am - 11.30am

stop at *Maison du fromage*

Booking recommended, racket hire and loan of balls available. Tennis shoes must be worn.

+33 (0)4 50 73 06 65

#02 MAISON DU FROMAGE ABONDANCE

Self-guided tour excluding guided tours, workshops or other activities requiring a supplement.

May / June / September : Monday → Saturday

9.30am - 12pm / 2pm - 6pm

July → August : every day (except Sunday morning)

9.30am - 12pm / 2pm - 6pm

stop at *Maison du fromage*

PRM access

+33 (0)4 50 73 06 34




#03 ABONDANCE ABBEY

Self-guided tour of Abondance Abbey + access to the exhibition (excluding guided tours, workshops or other events)


 **May / June / September : every day**

 9.30am - 12pm / 2pm - 6pm

July → August : every day

 9.30am - 12.30pm
2pm - 6pm

 stop at *Abbaye or Place du village*

 Free access. Partial access for PRMs, with accompaniment.

 +33 (0)4 50 81 60 54




#02 VIA FERRATA EQUIPMENT RENTAL DIDIER BOUVET SPORTS

 **16/06 → 13/09 : every day (except Sunday afternoon)**

 8.30am - 1pm / 3pm - 7pm

 stop at *L'Abbaye*

 Booking recommended

 +33 (0)4 50 73 06 98

#03 MOUNTAIN BIKE HIRE - DIDIER BOUVET SPORTS

Adult mountain bike rentals.

 **16/06 → 13/09 : every day (except Sunday afternoon)**

 8.30am - 1pm / 3pm - 7pm


 stop at *L'Abbaye*

 Booking recommended


 +33 (0)4 50 73 06 98

#04 ADVENTURE PARK - ARBR'ACADABRÀ

On entrance to the park (2 hour session)

 **05/07 → 28/08 :**

Sunday → Friday

 10am - 6pm (no departures between 12pm & 1pm, last departure 4.30pm)


 stop at *Maison du fromage*

 Ages 3 and up.

Sportswear (shoulders + knees covered, closed shoes), No sunscreen.

 +33 (0)6 34 67 16 13

#05 MOUNTAIN BIKE HIRE - VÉLO DRANSE

 **May / June / September : every day (except Wednesday and Sunday)**

 9am - 5.30pm

July / August : every day

 9am - 5.30pm


 stop at *L'Abbaye or Terres Noires*


 Booking recommended

 +33 (0)6 67 47 60 21

#06 RALLYE VTT YLLAR MONTAGNE

Self-guided mountain bike/e-MTB trail ride to explore the area (3 hours, 20 km, 580 m elevation gain)

 **22/05 → 13/09 (depending on snow conditions)**

 Ages 12 and up. Bicycle not provided; includes a tour of Abondance Abbey (individual ticket required).

Reservations required
www.yllar-montagne.fr

 stop at *Office de tourisme*

 +33 (0)4 58 10 53 30




#01 AN-RAFTING

On the classic rafting descent.

 **22/05 → 13/09 : every day**

 8.30am - 6pm



 Booking required. Ages 8 and up. Must be able to swim 25 m.

 +33 (0)4 50 71 89 15

AVORIAZ



Tourist office +33 (0)4 50 74 02 11
www.avoriaz.com

-  Shuttle Montriond > Montriond lake
> Ardent (gondola)
-  Shuttle A (Morzine) > Prodains cable car



#04 3S PRODAINS EXPRESS CABLE CAR

Up/Down for walkers, altitude
at bottom/top: 1185m/1760m

 **26/06 → 30/08 : every day**

 See QR code p.72

 +33 (0)4 50 74 02 15

#05 CHAUX-FLEURIE CHAIRLIFT

Up/Down for walkers, altitude
at bottom/top: 1500m/1918m

 **19/06 → 13/09 : every day**

 See QR code p.72

 +33 (0)4 50 74 02 15

#06 LINDARETS CHAIRLIFT

Up/Down for walkers, altitude
at bottom/top: 1495m/1870m

 **26/06 → 30/08 : every day**

 See QR code p.72

 +33 (0)4 50 74 02 15

#07 MOSSETTES FRANCE CHAIRLIFT

Up/Down for walkers,
altitude at bottom/top:
1580m/2245m

 **26/06 → 30/08 : every day**

 See QR code p.72

 +33 (0)4 50 74 02 15

#08 PROCLOU CHAIRLIFT

Ascent only, altitude at
bottom/top: 1640m/1870m

 **19/06 → 13/09 : every day**

 See QR code p.72

 +33 (0)4 50 74 02 15

#09 PROLAYS CHAIRLIFT

Ascent only, altitude at
bottom/top: 1496m/1910m

 **19/06 → 25/06 : every day**

 See QR code p.72

 +33 (0)4 50 74 02 15

#10 GOLF PRACTICE

One bucket of balls.

 **26/06 → 28/08 : every day**

 10am - 6pm

 Equipment on loan.
From age 6.


 +33 (0)4 50 74 24 39

#11 BOULDERING WALL

 **26/06 → 28/08 : every day**

 2pm - 7pm

 Resort centre

 Booking required on the
'Affluences' app. No groups.
From age 5.

 +33 (0)4 50 74 24 22


#12 SQUASH

1 hour court hire

 **26/06 → 28/08 : every day**

 2pm - 7pm

 Resort centre

 Booking required on the
'Affluences' app. No groups.
From age 5.

 +33 (0)4 50 74 24 22


#13 TENNIS

1 hour access to the activity.

 **26/06 → 28/08 : every day**

 9am - 7pm

 Resort centre


 Booking required at the
tourist office. From age 5.

 +33 (0)4 50 74 02 11

#14 TRAMPOLINE

20min access to the activity.

 **26/06 → 28/08 : every day**

 10am - 7pm

 Resort centre

 Booking recommended
From 3 years

 +33 (0)4 50 74 02 11

#15 VENTRIGLISSE

 **26/06 → 28/08 : every day**

 2pm - 6pm

 Resort centre

 From 6 years

 +33 (0)4 50 74 02 11

#16 MINI-GOLF

A game of mini golf.

 **26/06 → 28/08 : every day**

 9am - 7pm

 Resort centre

 From age 6.

 +33 (0)4 50 74 02 11

#17 AQUARIAZ

One entry to the
aquatic leisure centre.

 **26/06 → 28/08 : every day**

 1.30pm - 7.30pm

 Resort centre

 Check visitor numbers
on the 'Affluences' app

 +33 (0)4 50 74 24 42

#18 AIR BAG VTT

 **26/06 → 28/08 : every day**

 10am - 5pm

 Resort centre

 From age 6.

 +33 (0)4 50 74 02 11


#19 INFLATABLE CASTLE

30min. access to the activity.

 **26/06 → 28/08 : every day**

 10am - 7pm

 Resort centre

 Reserved for children
aged 2 to 6.


 +33 (0)4 50 74 02 11



#20 PORTES DU SOLEIL CINEMA

A movie session.

 **25/06 → 29/08 : every day
except Saturday. See
programme on the website :
cinema-avoriaz.fr**

 Booking recommended
at the cinema ticket office


#21 PADEL

1 hour access for 1 person.

 **26/06 → 28/08 : every day**

 9am - 7pm

 Resort centre

 Booking required at the
tourist office.

 +33 (0)4 50 74 02 11



#07 AVO' DRIFT

-10%

Indoor electric drifting, in a neon-lit setting.

June → September

4pm - 10pm

Booking required. Helmets and gloves provided if needed. Minimum height : 1.40 m. Book at www.avodrift.eu

#08 9 & 18 -HOLE GOLF

-10%

On the green fee.

13/06 → 27/06

9am - 6pm

28/06 → 30/08

9.30am - 6.30pm

31/08 → 13/09

9am - 5pm

Booking recommended. Green card and FFGolf licence required. All minors must be accompanied by a responsible person.

stop at *Col de la Joux Verte*

+33 (0)4 50 74 24 39

#09 AVO' TROTTINETTES

-10%

On mountain scooter outings, ages 14 and up with an adult, or discovery scooter sessions from age 3 with a parent.

04/07 → 13/09

Sports attire required ; shoulders and knees must be covered ; closed-toe shoes required. Helmets and gloves provided if necessary. Book at <https://avo-trottinettes.fr/>

#10 BOWLING LE ROC

-15%

A game of bowling.

May / June / September :

Monday → Friday

6pm - 10pm

Saturday

4pm - 10pm

July → August : every day

4pm - 2am

Booking recommended. Multi Pass to be specified. From 4 years

stop at *Dromonts*

+33 (0)4 50 74 06 77

#11 HADO E-GAME

-20%

On an augmented reality game session.

26/06 → 28/08

On request when booking

From 6 years. Online booking : affluences.com/fr/sites/hado-e-sport

#12 MOUNTAIN BIKE HIRE - AVORIAZ SPORTS

-15%

On daily hire.

25/06 → 06/09 : every day

8.45am - 6.30pm

Booking recommended, bring identity card and credit card for deposit.

+33 (0)4 50 74 11 74

#13 ADVENTURE CAMP - CHILDREN'S VILLAGE

-15%

5/6 days training course.

05/07 → 21/07 : every day (except Saturday)

9am - 5pm

For children aged 3 to 16, Booking recommended. Appropriate clothing for outdoor activities is required.

stop at *Aquariaz*

+33 (0)4 50 74 04 46

#14 ARCHERY CHILDREN'S VILLAGE AVOZ'ARC

-18% -20%

Archery session : self-guided with equipment hire for 1 hour or 30-minute introductory session with an instructor.

01/07 → 31/08 : every day

10am - 7pm

Booking recommended. From age 6.

stop at *Aquariaz*

+33 (0)6 76 02 96 09

#15 INTEMPOR'L BEAUTY AND MASSAGE THERAPIST

-15%

On massages booked in the morning only. (Sports and Indian 45 min and Californian 1h)

May / June / September : Monday → Friday

9.15am - 6pm

July → August : every day

9.15am - 8pm

Booking required.

+33 (0)6 26 34 22 07



CHAMPÉRY



COOOL!

**MULTI
PASS**

Champéry Tourist office
Région Dents du Midi +41 (0)24 479 05 50
www.regiondentsdumidi.ch



#22 INDOOR CLIMBING WALL - PALLADIUM

30/05 → 13/09 : every day

8am - 8pm (7pm in weekends). Schedules may vary according to availability.

Excluding equipment hire and instructor. Accessible only to experienced climbers, or with an instructor at an additional cost for beginners. Ages 5 and up.

+41 (0)24 479 05 05

#23 OUTDOOR TENNIS PALLADIUM

30/05 → 13/09 : every day (weather permitting)

8am - 8pm (7pm in weekends)

Booking required (max. 24 hours in advance), tennis shoes suitable for clay courts required

+41 (0)24 479 05 05

#24 POOL - PALLADIUM

30/05 → 13/09

Indoor pool

21/06 → 17/08

Outdoor pool

Visit the website : palladiumdechampéry.ch

Outdoor pool open depending on the weather.

+41 (0)24 479 05 05

#25 ORIENTEERING COURSES RDDM

6 routes in Région Dents du Midi

22/05 → 13/09 : every day (weather permitting)

8.30am - 12pm / 1.30pm - 6pm

Pick up your map at the Champéry / Morgins Tourist Office.

+41 (0)24 479 05 50



#26 DENTS DU MIDI TOURIST TRAIN

dates and times to be consulted on the website regiondentsdumidi.ch

Weather permitting

+41 (0)24 479 05 50

#27 RÉGION DENTS DU MIDI EXPLOR'GAMES®

Outdoor Escape Game :
1 walking course in Morgins
& 3 e-bike courses in Région
Dents du Midi.

22/05 → 13/09

8.30am - 12pm /
1.30pm - 6pm

Pick up your card at the
tourist office. From 8 years
old (walking route) From 14
years old (e-bike route). Up to
5 people.

+41 (0)24 479 05 50

#16 CHAMPÉRY CROIX-DE-CULET CABLE CAR

Up/Down for walkers
Altitude at bottom/top:
1050m/1962m

22/05 → 14/06 : weekends

20/06 → 13/09 : every day

See QR code p.72

+41 (0)24 479 02 00

#17 CHAMPÉRY PARAGLIDING

On tandem flights.

22/05 → 13/09 : every day
(weather permitting)

Booking required.

+41 (0)79 638 24 31

#18 ON THE TRAIL OF THE SMUGGLERS

Escape adventure for
families in the streets of
Champéry village.

22/05 → 13/09 : every day

8.30am-12pm /
1.30pm-6pm

Rue du village de Champéry

For ages 5 to 12, under
parental supervision.
Pick up the booklet at the
Tourist Office.

+41 (0)24 479 05 50

#19 GYM FITNESS PALLADIUM

30/05 → 13/09 : every day

8am - 8pm
(7pm in weekends)

From 18 years.
Bring indoor shoes.

+41 (0)24 479 05 05

#20 MUSHING' EXPERIENCE ALPES'HUSKIES

Introduction to mushing,
introductory kart ride and
photos with the dogs.

22/05 → 13/09

Grand-Paradis

Booking and schedules
at huskies.agenda.ch.
Ages 2 and up.

+41 (0)78 664 61 61

#21 HUSKY-RANDO DÉCOUVERTE ALPES'HUSKIES

Walk with a sled dog,
approximately. 45 min.

22/05 → 13/09

Grand-Paradis

Booking and schedules at
huskies.agenda.ch.
From 7 years old and up.
Please bring good walking
shoes and a water bottle.

+41 (0)78 664 61 61


#22 ORGANIC ADVENTURE PARK


-10%


 22/05 → 26/06 + 17/08 → 13/09

 Schedule available on the website

27/06 → 16/08 : every day

 9.30am - 6.30pm
(depending on the day. Last entry 4.30pm)

 Touristic little train Dents du Midi, stop at *Station essence Jubin*.


 Weather permitting.
One Multi Pass per person.
Cash only. Offer cannot be combined with other promotions.


 +41 (0)79 757 56 28

#23 BARME SHUTTLE

-50%

Up/Down Cable car
-<-> Plateau de Barme

 dates and times on the website
regiondentsdumidi.ch

 +41 (0)24 479 05 50

#24 ALPINE GROOVE EVENT

-10%

Live concert at the Hub Experience Champéry.

 July → August : every Saturday

#25 NUAGE SPA BEAU-SÉJOUR HOTEL


-10%

Spa admission - 1 hr 30 min.

 22/05 → 13/09

 10am - 7pm

 Tourist train Dents du Midi, stop at *Hôtel Beau-Séjour*

 Booking required, adults only, please bring a bathing suit and flip-flops. No PRM access.

 +41 (0)24 479 58 58


#26 TRAPGAME


-10%

On an escape game session 1 hr 30 min before 4pm, with 3 rooms to choose from.

 22/05 → 13/09 : every day

 9.30am - 4pm

 Booking required, 6 people max. per room.

 +41 (0)24 565 03 24



#27 DENTS DU MIDI GUIDES

-10%

On guided high mountain outings.

 22/05 → 13/09

 Booking required.

 +41 (0)79 637 70 37

#28 HIKING WITH GUIDE


-10%

EXPÉRIENCE CHAMPÉRY

1/2 day.

 22/05 → 13/09 : every day (weather permitting)

 Booking required.


 +41 (0)24 440 00 24




#29 DOWNHILL MOUNTAIN SCOOTER 
LE VÉLOCISTE

All-terrain downhill scooter hire.

 22/05 → 13/09

 According to Champéry cable car timetable.

 Booking required, extra charge for lift passes.

 +41 (0)79 801 81 66


#30 E-BIKE SWISS RENTAL - LE VÉLOCISTE 

On bike hire, bike tow bars and bike trailers.

 22/05 → 13/09

 9am - 6.30pm

 2 shops : Champéry Village & Champéry Cable car.

 Booking recommended, from 16 years (or 14 if in possession of a moped licence for the e-bike)

 +41 (0)79 801 81 66

#31 E-BIKE LOCATION 
EXPÉRIENCE CHAMPÉRY

1-day adult pass.

 22/05 → 13/09 :

Monday → Friday


 12pm - 8pm


Saturday

 8am - 8pm

Sunday

 8am - 10pm

 Booking required, from 16 years.

 +41 (0)24 440 00 24

#32 VIA FERRATA 
EQUIPMENT RENTAL
EXPÉRIENCE CHAMPÉRY

1/2 day.

 22/05 → 13/09 :

Monday → Friday

 12pm - 8pm

Saturday

 8am - 8pm

Sunday

 8am - 10pm

 Booking required.

 +41 (0)24 440 00 24



CHÂTEL

Châtel tourist office +33 (0)4 50 73 22 44
www.chatel.com

 **Line 12 Châtel <-> Thonon**

 **ColomBus in Vallée d'Abondance** : line C

 **Châtel shuttles**




#28 SUPER CHÂTEL GONDOLA

Up/Down for walkers, altitude at bottom/top: 1229m/1650m

 **26/06 → 30/08** : every day


 See QR code p.72

 ColomBus, stop at *Linga* + Châtel shuttles stop at *Église*

 +33 (0)4 50 73 34 24

#29 PIERRE LONGUE CHAIRLIFT

Up/Down for walkers, altitude at bottom/top: 1304m/1643m

 **13-14-19-20-21/06 +**

26/06 → 13/09 : every day


 See QR code p.72

 Châtel shuttles, stop at *Pierre Longue*

 +33 (0)4 50 73 34 24

#30 ROCHASSONS CHAIRLIFT

Up/Down for walkers, altitude at bottom/top: 1600m/1904m

 **13-14-19-20-21/06 +**
26/06 → 13/09 : every day

 See QR code p.72

 +33 (0)4 50 73 34 24

#31 MORCLAN CHAIRLIFT

Up/Down for walkers, altitude at bottom/top: 1610m/1960m

 **26/06 → 30/08** : every day

 See QR code p.72

 +33 (0)4 50 73 34 24



#32 AQUATIC AREA - FORME D'O

Access to swimming pools
(indoor and outdoor)

22/05 → 05/07 : Tuesday,
Thursday, Friday

12pm - 2pm / 4pm - 7pm

Wednesday, Saturday,
Sunday

12pm - 7pm

06/07 → 30/08 : every day

11am - 7pm

01/09 → 13/09 : Wednesday,
Saturday, Sunday

12pm - 7pm

Friday

12pm - 2pm / 4pm - 7pm

Châtel shuttles,
stop at *Les Candres*

Booking required for
groups. Swimming shorts
are not permitted.

+33 (0)4 50 72 04 31

#33 MINI-GOLF DE LOY

18 holes.

20/06 → 30/06 + 01/09 →
08/09 : every day

2pm - 7pm

01/07 → 31/08 : every day

10am - 7pm

Châtel shuttles,
stop at *Loy*

+33 (0)6 46 34 21 41

#34 CHÂTEL INDOOR KIDS PARK

Indoor playground,
1 hour free per day.

04/07 → 30/08 : every day

12pm - 6pm

Châtel shuttles,
stop at *Les Candres*

Reserved for children
aged 2 to 12. Snack area.

+33 (0)4 50 72 33 67 or

+33 (0)4 50 73 34 24

(off-season)

#35 LE CHAMOIS CINEMA

A movie session

27/06 → 13/09 : every day

Booking recommended,
cinema equipped for the
hearing and visually
impaired.

+33 (0)4 50 73 29 54





#33 TRAMPOLINE

 04/07 → 30/08 : every day

 10am - 5pm


 Châtel shuttles, stop at *Église*

 From 5 years and between 20 and 70 kg, harness supplied.



 +33 (0)4 50 73 20 25 or +33 (0)4 50 73 34 24 (off-season)

#34 ZOÉ TIM KID'AVENTURE

Indoor playground for children

 May / June / September : Wednesday & Saturday

 12pm - 5pm

July / August : Tuesday to Sunday  10.30am - 6pm
Saturday  12pm - 6pm


 Châtel shuttles, stop at *Église*

 For children under 12. Socks mandatory.

 +33 (0)4 56 30 72 71

#35 WELLNESS AREA - FORME D'O

Access to the entire centre : indoor, outdoor and balneo-therapy pools, saunas and steam rooms, cardio room.

 22/05 → 06/07 : Tuesday, Thursday, Friday

 12pm - 2pm / 4pm - 7pm

Wednesday, Saturday, Sunday

 12pm - 7pm

07/07 → 31/08 : every day

 11am - 7pm

01/09 → 13/09 : Wednesday, Saturday, Sunday

 12pm - 7pm

Friday

 12pm - 2pm / 4pm - 7pm

 Châtel shuttles, stop at *Les Candres*

 No swimming shorts allowed. Over 16s.


 +33 (0)4 50 72 04 31




#36 CHÂTEL ACCROBRANCHE 1600


On the accrobranche course.

 26/06 → 30/08

 9.30am - 5pm (entry until 3pm)


 Châtel shuttles stop at *Église*


 Sportswear (closed shoes, hair tied back), loan of equipment and gondola ride included. For children aged 2 and over.

 +33 (0)4 50 73 20 25 or +33 (0)4 50 73 34 24 (off-season)


#37 FANTASTICABLE

Solo or duo flight.


 13-14/06 + 19-20-21/06 + 31/08 → 13/09

 10.30am -12.30pm / 1pm - 4.30pm


26/06 → 11/07 + 24/08 → 30/08


 10am -12.30pm / 1pm - 4.45pm

12/07 → 23/08

 9.30am -12.30pm / 1pm - 4.45pm

 Châtel shuttles stop at *Pierre Longue*


 Book online at skipass-chatel.com
Sports attire required ; Weight between 35 and 120 kg required (solo flight) and between 90 and 150 kg (tandem flight). Conditions may vary depending on the weather. Accessible to people with disabilities.

 +33 (0)4 50 81 34 83 or +33 (0)4 50 73 34 24 (off-season)


#38 SPA OCÉANE


FORME D'O

On 90-minute customized body massages and 80-minute personalized Algotherm facial treatments.

 01/07 → 05/09

 Châtel shuttles, stop at *Les Candres*

 Reservations via Planity Forme d'O or 09 71 00 35 36. (ID required for bathrobe rental). Aged 10 and up.


 +33 (0)9 71 00 35 36

#39 BOB LUGE

 13-14-19-20-21/06

 1.30pm - 5pm


26/06 → 30/08


 10am - 12.30pm / 1.30pm - 6pm

05-06-12-13/09

 1.30pm - 4.30pm

 Châtel shuttles stop at *Pierre Longue*


 Booking required for groups of 10 pers. and more. No loose clothing, closed shoes compulsory, helmets compulsory for children, minimum height 80cm. Children under 1.25 m must be accompanied by an adult.

 +33 (0)4 50 81 32 48 or +33 (0)4 50 73 34 24 (off-season)


#40 BIKE PARK CHÂTEL FIRST WHEEL


Entry to the park, 30 minutes or 1 hour.

 04/07 → 30/08

 10am - 12.30pm / 1.30pm - 6pm

 Châtel shuttles stop at *Pierre Longue*

 From 1m40. Sportswear compulsory.


 +33 (0)4 50 81 32 48 or +33 (0)4 50 73 34 24 (off-season)


#41 CHÂTEL TIR LASER


10 or 20 minute session.

 04/07 → 30/08 : every day

 10am / 5pm


 Châtel shuttle, stop at *Église*

 Ages 8 and up. Sports attire required.

 +33 (0)4 50 73 20 25 or +33 (0)4 50 73 34 24 (off-season)

#42 LA VIEILLE DOUANE

Visit the mountain smuggling interpretation centre.

 14/06 → 30/06 + 01/09 → 13/09 : every day (except Monday, Saturday)

 2pm - 6pm

01/07 → 30/08 : Tuesday & Thursday

 10am - 12pm / 2pm - 6pm

Wednesday & Friday


 2pm - 7pm

Sunday

 2pm - 6pm

 Châtel shuttles, stop at *Les Fioles*

 PMR access. From 3 years.

 +33 (0)4 50 71 75 11

#43 SPA LA FÉE BIEN-ÊTRE

On all 2-hour packages, excluding treatment services. From 4 people, private use included.

 04/07 → 22/08

 Châtel shuttles, stop at *Vonnes*

 Booking required.

 +33 (0)6 04 03 17 18



LA CHAPELLE D'ABONDANCE



**MULTI
PASS**

Tourist office +33 (0)4 50 73 51 41
www.leman-mountains-explore.com

 **Line 12 Châtel <-> Thonon**


 **ColomBus in Vallée d'Abondance:** line C

#44 AN-RAFTING -15%

On the classic rafting descent.

 **22/05 → 13/09 : every day**

 8.30am - 6pm

 Booking required. From 8 years. Be able to swim 25m.

 +33 (0)4 50 71 89 15

#45 CHEVRERIE DES THOULES PEDAGOGICAL FARM -10%

1-hour visit to the farm: tour of the cellar and laboratory, discovery of cheese-making and tasting. Ascent to the alpine pasture (2 min by car) and educational games.

 **22/05 → 13/09 :**
Wednesday → Friday

 Booking required.

 +33 (0)6 86 80 75 78


Store :

22/05 → 03/07 + 31/08 → 13/09 :
Tuesday to Saturday
4pm - 6:30pm

04/07 → 30/08 : Tuesday
to Saturday
10am - 12pm / 4pm - 7pm
(Monday 4pm - 7pm)

#46 FRUITÈRE DE LA CHAPELLE -10%

Guided tour of the cheese dairy.

 **22/05 → 13/09 :**
Tuesday & Thursday

 11am

 Booking required


 +33 (0)4 50 73 14 15

Store : every day
9am -12:15pm / 2:30pm -
6:30pm.
(Until 5:30pm on Sundays)

#47 RALLYE VTT YLLAR MONTAGNE -15%

Self-guided mountain bike/e-MTB trail ride to explore the area (3 hours, 20 km, 580 m elevation gain)

 **22/05 → 13/09 (depending
on snow conditions)**

 Ages 12 and up. Bicycle not provided; includes a tour of Abondance Abbey (individual ticket required). Reservations required
www.yllar-montagne.fr

 stop at *Office de tourisme*

 +33 (0)4 58 10 53 30



Tourist office +33 (0)4 50 74 74 74
www.lesgets.com

 **Les Gets Bus**



#36 MONT CHÉRY GONDOLA

Up/Down for walkers, altitude
 at bottom/top: 1162m/1535m

 **19/06 → 30/08 : every day**

 See QR code p.72

 +33 (0)4 50 79 79 79

#37 POINTE CHAIRLIFT

Up/Down for walkers, altitude
 at bottom/top: 1529m/1815m

 **19/06 → 30/08 : every day**

 See QR code p.72

 +33 (0)4 50 79 79 79

#38 EXPRESS DES CHAVANNES CHAIRLIFT

Ascent only, altitude at
 bottom/top: 1168m/1616m

 **22/05 → 14/06 : weekends**

19/06 → 13/09 : every day

 See QR code p.72

 +33 (0)4 50 79 79 79

#39 LE CLUB CINEMA

A movie session.

 **24/06 → 30/08**

 Booking required.

 +33 (0)4 50 79 72 00

#40 FRUITIÈRE DES PERRIÈRES


Visit of the cheese dairy.

 **22/05 → 30/06 + 28/08 → 13/09** : Booking required.

01/07 → 27/08

 Check the schedule on the website.

 stop at *La fruitière*

 Booking required by sms.
 From 5 years.

 +33 (0)6 33 92 39 86


#41 ÉCOLES LAKE

Swimming lake.

 **27/06 → 30/08**



 12pm - 6.30pm


 stop at *Lac des Écoles*

 +33 (0)4 50 79 81 76


#42 MECHANICAL MUSIC MUSEUM

Guided or self-guided tour and exhibition of automata, phonographs and fairground exhibits.

 22/05 → 05/07 + 31/08 → 13/09 : every day
 2pm - 7pm

06/07 → 30/08 : every day
 10am - 7pm

 stop at *Pressenage*


 PRM access.
Reservations required for groups.

 +33 (0)4 50 79 85 75


#43 GOLF PRACTICE

Discover the new golf driving range located on the training grounds of Golf des Gets.

 06/06 → 13/09 : every day

 5pm - 7pm
(8.30am - 7.30pm out of Multi Pass)



 stop at *Le Golf*

 1 practice token (25 balls) per day and per player. (5 people max). From age 7. Children must be accompanied by an adult.

 +33 (0)4 50 75 87 63


#44 TRAMPOLINE, MINI-KARTS & BOUNCY CASTLE - PÉRIÈRES ACTIVITÉS

1 token offered.

 22/05 → 05/07 + 31/08 → 13/09  Visit the website.

04/07 → 30/08  11am - 7pm

 stop at *Parking des Perrières*

 Find the age requirements for the different activities at <https://www.lesgets.com/perrieres-aventures/>

 +33 (0)4 50 75 87 51





#48 SPA KINABALU

On all facial treatments lasting more than 60 minutes, wellness and mineral body treatments, beauty rituals and wellness passes.

 01/07 → 05/09

 stop at *Cabinet médical*

 Booking required online with MULTI20 code, from 12 years.


 +33 (0)4 80 94 70 53




#49 WIBIT

Water play course consisting of inflatables on the water.

 27/06 → 30/08


 11am - 5.45pm


 stop at *Lac des Écoles*

 Ages 6 and up, minimum height 1.20 m.


 +33 (0)4 50 79 81 76

#50 SLEDGING 4 SEASONS

 23 → 25 + 30-31/05 → 06-07-13-14-20-21 + 27/06 → 30/06 + 01/07 → 30/08 + 05-06-12-13/09

 Opening hours available on <https://pass.lesgets.com/luge-4-saison/>

 stop at *Parking Perrières*

 From 3 years (accompanied by a person of at least 16 years of age), from 8 years of age alone. 150kg max. per sled.

 +33 (0)4 50 75 87 51

#51 **MTB & E-MTB HIRE** - INTERSPORT

-10%

📅 22/05 → 13/09

🕒 8.30am - 7pm

👉 Booking recommended.

☎ +33 (0)4 50 75 86 42

#52 **ALTA LUMINA**

-15%

An immersive nighttime experience in nature.

📅 30/05 → 12/09

🕒 Opening hours available online.

📍 stop *Lac des Écoles*

👉 Valid only for tickets purchased from Les Gets mountain lift ticket offices (preferably between 1 pm and 5 pm)



#53 **SEASON GUIDING**

-10%

On MTB/e-MTB outings or courses. For 1/2 day.

📅 22/05 → 13/09 : every day

🕒 9am - 6pm

📍 stop *Les Gets centre*

👉 Booking required.

☎ +33 (0)6 72 06 65 32

#54 **PARAGLIDING**

LES GETS
PARAPENTE

-15
to -20%

Tandem flight in a 'Classic' (-90kg), 'Classic +', 'Adrénaline' (-80kg) or 'Bambin' (-40kg) Photo and video package included.

📅 10/07 → 27/08

🕒 8.30am - 7.30pm

👉 Booking required.

From the age of 4. Must be in good physical condition. No PRM access.

☎ +33 (0)6 69 18 45 04



#55 **SPA LES SOURCES DU CHÉRY**

-20%

On 3-hour entries to the spa (excluding massage, treatment and gym)

📅 30/06 → 30/08:

Tuesday → Sunday

🕒 1pm - 7pm

📍 stop at *Cabinet médical*

👉 Booking recommended, adults only. Bathing shorts accepted, bathrobes, towel and flip-flops provided.

☎ +33 (0)4 50 49 01 50

#56 **SPA SÉRÉNI-CIMES**

-15%

On all à la carte treatments lasting at least 50 minutes (excluding current offers, hydrotherapy and 'Envois' rituals/packages)

📅 **May / June / September : Friday → Sunday**

🕒 9.30am - 12.30pm / 2pm - 4pm

July → August : every day

🕒 9.30am - 12.30pm / 2pm - 4pm

👉 Booking required.

☎ +33 (0)4 50 79 86 09

MONTRIOND & SAINT JEAN D'AULPS



Vallée d'Aulps Tourisme

+33 (0)4 50 72 15 15 - www.valleedaulps.com

Welcome desk in Montriond +33 (0)4 50 79 12 81

Welcome desk in Saint Jean d'Aulps

+33 (0)4 50 79 65 09

 **Shuttle Montriond Line M:** Montriond/Ardennt <-> Morzine



#45 ARDENT GONDOLA

Up/Down for walkers, altitude at bottom/top: 1205m/1505m

 **26/06 → 30/08 : every day**

 See QR code p.72

 Line M stop at *Ardennt*

 +33 (0)4 50 74 02 15

#46 GRANDE TERCHE GONDOLA

Up/Down for walkers, altitude at bottom/top: 970m/1500m

 **08/07 → 30/08 : every day**

 See QR code p.72

 +33 (0)4 50 79 61 24

#47 TÊTES CHAIRLIFT

Ascent only, altitude at bottom/top: 1502m/1730m

 **08/07 → 30/08 : every day**

 See QR code p.72

 +33 (0)4 50 79 61 24

#48 AULPS ABBEY AULPS VALLEY DISCOVERY AREA

Free admission to permanent and temporary exhibitions and the monastic estate (simple garden and medieval kitchen garden) + access to summer events.

 **22/05 → 14/06 : every day (except Saturday)**

 2pm - 6.30pm

15/06 → 13/09 : every day


 10am - 7pm

 stop at *Abbaye*

 +33 (0)4 50 04 52 63

#49 MONTRIOND LAKE

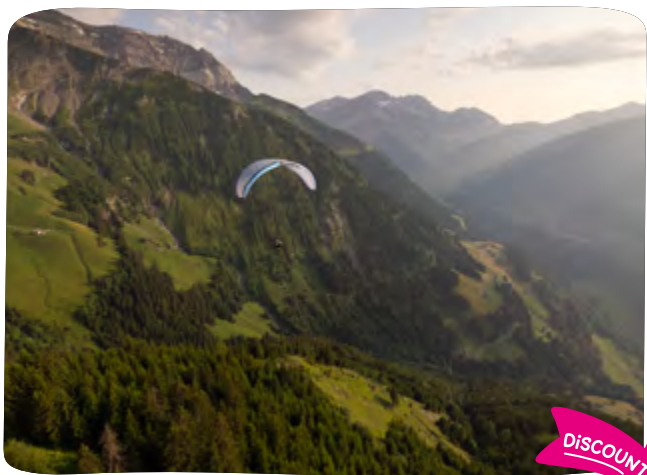
Supervised swimming.

 **July → August**

 11am - 6pm

 stop at *Lac de Montriond*

 +33 (0)4 50 75 96 93



#50 MINI-GOLF

1 entry to a 12-hole mini-golf course on the theme of the sights of the Vallée d'Aulps

May / June / September : Saturday, Sunday & public holidays

2pm - 6pm

July → August : every day

10am - 6pm

From 3 years.

Line M stop at *Lac de Montriond*

+33 (0)6 50 59 33 01

#57 PORTES DU SOLEIL PARAGLIDING SCHOOL

On school slope discovery sessions only, duration 3h.

15/06 → 25/08:

Monday & Tuesday

9am - 12pm

Booking required, aged 12 and over. Equipment provided, good physical condition required.

+33 (0)6 12 55 51 31

#58 ESCAPE GAME THE APÉRO

1h30 game + Savoyard aperitif (quantity proportional to number of players)

22/05 → 13/09 : every day

Reservations required ; minimum of 4 people ; adults only. Delivery and pickup at your home, or pickup at MINI GOLF Parc Activity - Lac de Montriond.

+33 (0)6 50 59 33 01

#59 PONT DU DIABLE GORGES

Visit to the natural tourist site. (open in wet weather)

May / June / September

10.30am - 4pm

July → August

9am - 5.30pm

No PRM access.

+33 (0)4 50 72 10 39

#60 OH MY GOLF INDOOR GOLF SIMULATOR

Trackman indoor golf simulator. Accessible to all levels and self-guided.

22/05 → 13/09 : every day

24h/ 24

Line M bis stop at *Rond Point des Plagnettes*

Booking required online : www.ohmygolf.biz with the code MULTIPASS26. From 7 years.

+33 (0)6 71 68 29 58.

#61 ADVENTURE COURSE - INDIANA PARC

Accrobranche course.

May → June : weekends & public holidays

1.30pm - 6pm

July → August : every day

1pm - 6pm

September : weekends & public holidays

1pm - 6pm

stop at *Palais des Sports*

Booking recommended. From 2 years.

+33 (0)4 50 74 01 88



#62 LES DÉLICES D'ALPAGE -15%

A visit to the canning factory with or without a tasting session.

22/05 → 13/09

8am - 6pm

Located in Essert-Romand (5km from Montriond)

Booking required (48 hours in advance)

+33 (0)4 50 38 69 88

#63 DOWNHILL SCOOTER -15%

Scooter hire for use on a dedicated track plus access to the ski lifts for the day.

08/07 → 30/08 : every day

10am - 5pm

From 14 years

+33 (0)4 50 79 61 24

#64 ELECTRIC SCOOTER -15%

On the 1h rental.

08/07 → 30/08 : every day

10am - 5pm

Booking required. Ages 14 and up, Minimum height 1m40.

+33 (0)4 50 79 61 24

#65 MOUNTAIN KART -15%

Downhill mountain karting, 800 m vertical drop.

08/07 → 30/08 : every day

10am - 5pm

Booking required. Minimum height 1m40.

+33 (0)4 50 79 61 24

#66 PORTES DU SOLEIL RANCH -15%

Beginner courses run over 5 days.

July → August : Monday → Friday

1.30pm - 3.30pm for the training course

(9am - 6pm excluding course)

Reservations required. Beginner level, suitable for children aged 6 and up, weighing a maximum of 40 kg. Sportswear required (trousers/leggings, closed shoes).

+33 (0)6 52 52 37 35

MORGINS



Morgins Tourist office
Région Dents du Midi +41 (0)24 477 23 61
www.regiondentsdumidi.ch



#51 MINI-GOLF

12-hole outdoor mini-golf course.

22/05 → 13/09

9am - 12pm / 1.30pm - 6pm (last departure 5pm)

Clubs can be collected at Morgins Tourist Office.

+41 (0)24 477 23 61

#52 VIEUX MOULINS DE LA TINE

Free visit.

May / June / September : weekends

July → August : Wednesday, Thursday & weekends

10am - 5pm

(last entry at 4pm)

Reservations by email for groups; no disabled access.

Located in Troistorrents (10km from Morgins).

Maximum access 10 people at a time.

renseignement@vimoti.ch

#53 OUTDOOR POOL

27/06 → 30/08 : every day (weather permitting)

9am - 7pm

Morgins Sports centre

Gives access to the Morgins multi-sports ground

+41 (0)24 477 19 92

#54 OUTDOOR TENNIS

For 1 hour singles or 2 hours duo.

22/05 → 26/08

9am - 9pm

27/06 → 30/08

9am - 8pm

Morgins Sports centre

Booking required only on site or by telephone, max. 24 hours in advance.

+41 (0)24 477 19 92

#55 MULTISPORTS

01/06 → 13/09 : every day (weather permitting)

9am - 7pm


Morgins Sports centre


+41 (0)24 477 19 92

#56 ORIENTEERING COURSE RDDM

6 routes in Région Dents du Midi.

 22/05 → 13/09

 8.30am - 12pm / 1.30pm - 6pm


 Pick up your map at the Morgins Tourist Office. Weather permitting.


 +41 (0)24 477 23 61

#57 RÉGION DENTS DU MIDI EXPLOR'GAMES®

Outdoor Escape Game : 1 walking course in Morgins & 3 e-bike courses in Région Dents du Midi.

 22/05 → 13/09

 8.30am - 12pm / 1.30pm - 6pm

 Pick up your card at the Tourist Office. From 8 years and up to 5 people.


 +41 (0)24 477 23 61



 DISCOUNT

#67 DEVAL'KART -15%

 22/05 → 13/09 : every day


 Booking required min. 24 hours in advance. Weather permitting. From 1m35.


 +41 (0)79 224 73 19

#68 MORGINS GONDOLA -30%

Up/Down for walkers, altitude at bottom/top: 1350m/1850m

 01/07 → 13/09 : every day

 Consult the website pds-ch.ch

 +41 (0)24 479 02 00

#69 TENNIS HALL -20%

For 1 hour's hire.


 22/05 → 26/06 + 31/08 → 13/09 : every day

 9am - 9pm

27/06 → 30/08 : every day

 8am - 8pm

 Morgins Sports centre


 Booking required on site or by telephone, max. 24 hours in advance.

 +41 (0)24 477 19 92


#70 BIKE RENTAL J&J SPORT RENT -20%


Standard, downhill MTB and e-MTB hire.

 May : weekends

 9am - 5.30pm

June → September : every day

 9am - 5.30pm


 Booking recommended. From 4 years. Additional : guide, local produce picnic basket.

 +41 (0)24 477 22 06

#71 ELECTRIC BIKE RENTAL - SNOWLINE -25%

 01/06 → 13/09 : Sunday → Friday

 8.30am - 6pm

 Booking recommended (10 people max.), good shoes with hard soles required.


 +41 (0)24 477 11 79

#72 HUSKY-RANDO DÉCOUVERTE ALPES'HUSKIES -15%

Husky ride (approx. 45min)

 22/05 → 13/09


 Route Chésery 2 (in front of the Ranch de Morgins)

 Booking required. From age 7. Good walking shoes and a bottle of water are essential.

 +41 (0)78 664 61 61

#73 FIELD ARCHERY -15%

 22/05 → 13/09 : every day (weather permitting)

 Booking required at least 24 hours in advance, weather permitting, from 8 years upwards.

 +41 (0)79 224 73 19



MORZINE
- AVORIAZ




Tourist office +33 (0)4 50 74 72 72
www.morzine-avoriaz.com

 Shuttle Morzine Bourg > Montriond lake



#58 PLÉNEY GONDOLA

Up/Down for walkers, altitude at bottom/top: 960m/1505m

 **05-06-07/06 + 12/06 → 13/09 : every day**

 See QR code p.72

 +33 (0)4 50 79 00 38

#59 SUPER MORZINE GONDOLA

Up/Down for walkers, altitude at bottom/top: 965m/1455m

 **12/06 → 13/09 : every day**

 See QR code p.72

 +33 (0)4 50 74 02 15

#60 NYON CABLE CAR

Up/Down for walkers, altitude at bottom/top: 1000m/1400m

 **04/07 → 30/08 : every day**

 See QR code p.72

 +33 (0)4 50 79 00 38

#61 CHARNIAZ CHAIRLIFT

Ascent only, altitude at bottom/top: 1321m/1674m

 **04/07 → 30/08 : every day**

 See QR code p.72

 +33 (0)4 50 79 00 38

#62 SÉRAUSSAIX CHAIRLIFT

Ascent only, altitude at bottom/top: 1650m/1740m

 **12/06 → 30/08 : every day**

 See QR code p.72

 +33 (0)4 50 74 02 15

#63 ZORE CHAIRLIFT

Up/Down for walkers, altitude at bottom/top: 1450m/1755m

 **12/06 → 13/09 : every day**

 See QR code p.72

 +33 (0)4 50 74 02 15

#64 MAGIC CARPET VIKING

Uphill only.

 04/07 → 30/08 : every day

 See QR code p.72


 +33 (0)4 50 79 00 38

#65 MAGIC CARPET NABOR

Uphill only.

 04/07 → 30/08 : every day

 See QR code p.72

 +33 (0)4 50 79 00 38

#66 TENNIS


Access to hard courts, for 1 hour. (4 courts)

 23/06 → 01/09 : every day

 9am - 8pm

Excluding Multi Pass :


Singles tennis tournament :
Sunday


 10am - 12pm

Doubles tennis tournament:
Friday

 6pm - 8pm

 stop at *Palais des sports*

 Reservations are required on-site or via ten'up. A Multi Pass is required for each person.

 +33 (0)9 87 06 32 05

#67 LASER GAME OUTDOOR - INDIANA PARC

 May → June : weekends & public holidays


 1.30pm - 6pm

July → August : every day

 10am - 6pm

September : weekends and public holidays

 2pm - 6pm

 Booking required, from 6 years

 +33 (0)4 50 74 01 88




#68 SWIMMING POOL


 25/05 → 26/06 :

 12pm - 7pm
(10am at weekends)

27/06 → 30/08 :

 9am - 7pm
(10am at weekends)

31/08 → 13/09 :


 12pm - 7pm
(2pm at weekends)

 stop at *Piscine*

 +33 (0)4 50 79 01 69

#69 INDOOR ICE RINK

 13/07 → 30/08 : every day

 3pm - 6pm (Late opening on thursday from 8.30am to 11pm)

 stop at little train *Palais des sports*

 Skate hire at extra cost

 +33 (0)4 50 79 08 43


#70 LE REX CINEMA

1 cinema session

 17/06 → 13/09

 stop at *Mairie*

 Booking recommended. Program available on the website www.cine-morzine.fr

 +33 (0)4 50 79 03 05




#74 ELECTRIC BIKE RENTALS - LA PÉDALERIE

 22/05 → 18/06

 Booking

19/06 → 06/09

 8.30am - 12pm / 2pm - 7pm


 Booking required. With or without a guide.

 +33 (0)6 03 89 90 66


#75 MOUNTAIN BIKE RENTAL (DOWNHILL OR ENDURO) LA PÉDALERIE

Accompanied by a guide. protective gear and insurance included.

 22/05 → 18/06

 Booking

19/06 → 06/09

 8.30am - 12pm / 2pm - 7pm

 Booking required.

 +33 (0)6 03 89 90 66

#76 MOUNTAIN BIKE HIRE

-10%

ALPES ATTITUDE - SKIMIUM

📅 29/06 → 31/08

🕒 8.30am - 6.30pm

📄 stop at *Office de Tourisme*

👉 Booking recommended.
From 12 years.

☎ +33 (0)4 50 92 95 13

#77 SUMMER SLEDGE

-12%

2 runs, 800 & 900m long

📅 04/07 → 30/08

🕒 10am - 6.30pm

👉 From age 3. Wear trousers + long sleeves.
Closed in case of rain.

📄 stop at *Le Pleney*

☎ +33 (0)4 50 79 00 38

#78 MTB & E-MTB HIRE - INTERSPORT SUPER-MORZINE

-10%

Mountain bike, DH, E-bike or Enduro hire.

📅 14/06 → 13/09

🕒 8.30am - 6.30pm

👉 Booking recommended.

☎ +33 (0)4 50 75 93 25

#79 ADVENTURE COURSE - INDIANA PARC

-10%

Accrobranche course

📅 May → June : weekends & public holidays

🕒 1.30pm - 6pm

July → August : every day

🕒 1pm - 6pm

September : weekends & public holidays

🕒 1pm - 6pm

📄 stop at *Palais des Sports*

👉 Booking recommended.
From 2 years.

☎ +33 (0)4 50 74 01 88

#80 PORTES DU SOLEIL PARAGLIDING SCHOOL

-10%

On school slope discovery sessions only, duration 3h.

📅 15/06 → 25/08:

Monday & Tuesday

🕒 9am - 12pm

👉 Booking required.
From age 12. Equipment provided, good physical condition required.

☎ +33 (0)6 12 55 51 31

#81 ESCAPE GAME THE APÉRO

-20%

1h30 game + Savoyard aperitif (quantity proportional to number of players)

📅 22/05 → 13/09 : every day

👉 Reservations required ; minimum of 4 people ; adults only. Delivery and pickup at your home, or pickup at MINI GOLF Parc Activity - Lac de Montriond.

☎ +33 (0)6 50 59 33 01

#82 LA POINTE DE NYON CHAIRLIFT, 'PAS DE L'AIGLE'

-24%

Up/Down for walkers, altitude at bottom/top: 1400m/2000m

Access to the Pas de l'Aigle (glass viewing platform)

📅 04/07 → 30/08 (opening is not guaranteed this season)

🕒 See QR code p.72

👉 Hiking boots required

📍 Access from *Nyon Cable car* (included activity)

☎ +33 (0)4 50 79 00 38

#83 PADEL

-50%

1-hour padel court hire.

📅 23/06 → 01/09 : every day

🕒 9am - 8pm

Excluding Multi Pass :

Padel tournament :

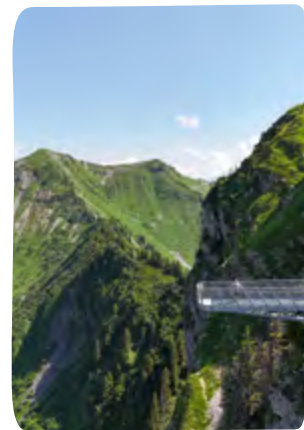
Wednesday

🕒 6pm - 8pm

📄 stop at *Palais des sports*

👉 Reservations can be made on-site or via the TEN'UP website. Presentation of the Multi Pass is mandatory for each person.

☎ +33 (0)9 87 06 32 05



MULTI
PASS



VAL-D'ILLIEZ LES CROSETS CHAMPOUSSIN

Région Dents du Midi Tourist office
+41 (0)24 479 05 50
www.regiondentsdumidi.ch



#71 MOSSETTES SUISSE CHAIRLIFT

Up/Down for walkers, altitude at bottom/top: 1660m/2277m

26/06 → 30/08 : every day
05/09 → 13/09 : weekends

See QR code p.72
 +41 (0)24 479 02 00

#72 RÉGION DENTS DU MIDI EXPLOR'GAMES®

Outdoor Escape Game: 1 walking course in Morgins & 3 e-bike courses in Région Dents du Midi.

22/05 → 13/09

8.30am - 12pm /
1.30pm - 6pm

Pick up your card at the Tourist Office. From 8 years old (walking route) From 14 years old (e-bike route). Up to 5 people.

+41 (0)24 479 05 50

#73 ORIENTEERING COURSES RDDM

6 routes in Région Dents du Midi.

22/05 → 13/09 : every day
(weather permitting)

8.30am - 12pm /
1.30pm - 6pm

Pick up your map at the Champéry Tourist Office.

+41 (0)24 479 05 50

#74 MARMOTS IN THE WILD CHEZ GABY 1670

A family of marmots has been living in our garden for several years now. Perhaps you'll be lucky enough to see them poke their noses out or bask in the sun ? Free access.

25/06 → 13/09 : every day

+41 (0)24 477 22 22



#75 RDDM FUN WEEKEND

Play areas with inflatable structures.

11/07 → 12/07 : Les Crossets
18/07 → 19/07 : Champoussin

4 to 15 years, under parental responsibility.

+41 (0)24 479 05 50

#84 NORDIC BATH

Cedar wood bath, water at 38°C.

13/06 → 13/09 : every day (except Sunday afternoon)

9am - 6pm

Booking required by telephone. Min. 2 people (from age 14).

+41 (0)24 477 22 22

#85 E-BIKE HIRE CHEZ GABY 1670

1/2 day or full day hire.

13/06 → 13/09 : every day (except Sunday afternoon)

9am - 6pm

From age 14. Cash payment only. Please bring identity card.

+41 (0)24 477 22 22

#86 ALP'H AXE THROWING CHEZ GABY 1670

1 hour of practice.

13/06 → 13/09 : every day (except Sunday afternoon)

3pm - 5pm

For a 1-hour session. Booking required by phone. Minimum 2 people. Ages 16 and up. Adult supervision required for younger participants.

+41 (0)24 477 22 22

#87 PARAGLIDING FLY AWAY

On the long tandem flight or introductory day.

22/05 → 13/09

Booking required. Weather permitting. No PRM access.

+41 (0)79 435 26 17

#88 PARAGLIDING VAL D'ILLIAIR

Grand tandem paragliding flight with photo and video.

22/05 → 13/09

8am - 5pm

From 5 years. Booking required. Weather permitting.

+41 (0)79 431 26 61

#89 TENNIS OUTDOOR

22/05 → 13/09

8am - 9pm

Booking required, equipment not included.

+41 (0)24 477 21 13

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ACTIVITIES TERMS & CONDITIONS

MULTI PASS DISCOUNT

In addition to the activities included in the Multi Pass, other service providers offer activities at reduced rates (**from 10% discount** on presentation of a valid Multi Pass card and/or proof of purchase).

Conditions of the offer (services, days, times, conditions, prices, etc.) are available from the service providers and on www.portesdusoleil.com.

DURATION AND VALIDITY

The Multi Pass Portes du Soleil is valid from **May 22nd to September 13th 2026**, depending on opening dates and times, availability and conditions of participating service providers. This activity guide lists the services available under the Multi Pass Portes du Soleil, but is not a contractual document.

CANCELLATION & REFUND

Under no circumstances will the Multi Pass Portes du Soleil be refunded, exchanged or postponed. General terms and conditions of sale available at the ticket office.

MOUNTAIN LIFTS FOR WALKERS

Multi Pass access to mountain lifts is for walkers alone – bikes are not included. Before going up the mountain, please check the weather forecast and dress accordingly!

GOLF PRACTICE

1 bucket of balls per person is provided. Golf clubs free of charge. Activity limited to once per day per person.

TENNIS / PADEL

All players must have a Multi Pass and must sign in on entering the court. If one or more players do not hold a Multi Pass, they must pay their share of the court hire. Additional hire of rackets and balls for tennis. For padel, equipment hire is extra in Morzine and included in Avoriaz. Access to this activity is limited to one entry per person per day.

CULTURAL SITES

At most sites, the Multi Pass only gives access to self-guided tours. Guided tours, workshops, tastings and special events are not included. Discounts available to holders of a valid Multi Pass depending on the sites and activities.

ICE RINK

Skates for hire at extra cost.

SWIMMING POOL, CINEMA, MINI-GOLF

Admission subject to availability. Access to these is limited to one entry per person per day.

OUTDOOR ACTIVITIES AND EVENTS

Conditions of access to these activities may vary according to weather conditions. In the event of bad weather, check with each service provider.

GROUPS

To find out about the conditions of access to the activities, please contact the service providers.



FIND ALL MULTI PASS
ACTIVITIES ONLINE!



LIFT OPENING
TIMES



Portes du **Soleil**
Ski & Bike

Offer valid from May 22nd to September 13th 2026, subject to participation, availability, opening times and dates of service providers, in accordance with current terms and conditions of sale.