



PROGRAMME EVENTS & ACTIVITIES

DECEMBER 2022 - JANUARY 2023

CHAMPÉRY CHAMPOUSSIN LES CROSETS MORGINS TROISTORRENTS VAL-D'ILLIEZ



O CHILDREN

5	Meet Father Christmas
5, 11	Fun Park
5, 11, 17	Ice Disco
5	Saint Nick on Skis!
5, 13	Storytelling Evening Tall Tales and Mountains
7, 13	Snowshoe Ramble — Tracking Wildlife
9	How to Build an Igloo
9, 15	Disco Kids
9, 15	100% Natural Creative Workshop
13	DIY Nature Workshop
13, 17	Little Trappers & Igloo Building
15	Children's Theatre — Simon's Kite!
16	Migros Ski Day
17	Grand Prix Migros
17	Children's Theatre — The Tribulations of Monsieur Aristide

₩WINTER SPORTS

5, 11, 17	Ice Disco
5	Ski Touring Introduction & Fondue
7	Foilleuse Vertical Challenge
12	Rivella Fun Zone
13	Ski Touring Excursion
13	Movement Tracks Challenge
14	RDDM Skimo World Cup
16	Migros Ski Day
17	Grand Prix Migros
18	Wild Fondue & Raclette
18	Region Dents du Midi Explor Games
18	Orienteering Outing

ART & CULTURE

5	Art Champéry
6, 7, 9	Fairyland Fantasy Céleste
8, 9	Spectacle on Ice
10, 11	New Year's Eve
15	Photography Workshop
, 15, 17	Fairyland Fantasy Lightning Drummers
15	Storytelling Evening A Gift from the North

₹ FLORA & FAUNA

7, 13	Wildlife Tracking Snowshoe Ramble
7, 17	100% Sapin
15	Forest Bathing Ramble

GASTRONOMY

5	Ski Touring Introduction & Fondue
9, 17	Holiday Macarons Baking Workshop
9, 17	Cheese Cellar Tour & Tasting

♣ WELL-BEING

W WEL	L-DEING
7, 17	100% Sapin
13	DIY Nature Workshop
15	Forest Bathing Ramble
©	DW FOOD TRAVEL
5	Ski Touring Introduction & Fondue
9. 17	Cheese Cellar Tour & Tasting

5	Ski Touring Introduction & Fondue
9, 17	Cheese Cellar Tour & Tasting
18	Wild Fondue & Raclette



24 SATURDAY

MEET FATHER CHRISTMAS

Father Christmas is visiting Region Dents du Midi resorts with a bag full of treats and photo souvenirs for all of you who've been very good this year.

Champoussin & Les Crosets · 10h00 > 12h00 Champéry · 14h00 > 16h00 Morgins · 16h00 > 18h00

Free

FUN PARK

No 'boreds' allowed! Region Dents du Midi's fabulous Fun Park is back for the holidays, with bouncy castles and games galore!

24-30.12

Salle de la Jeur Morgins · 13h00 › 18h00

Free (3-12 yrs, parents are responsible for their children)

ICE DISCO *

What better way to usher in the New Year that at the disco... on ice! Come shake your tail feathers at this glittering, glamorous disco party on ice for guests of all ages.

Centre Sportif Morgins · 17h00 > 20h00

Single price (skate rental 5.-)

25 SUNDAY

SAINT NICK ON SKIS!

Did you know that Father Christmas loves to shred a few slopes just before Christmas? A little elf told us you might find him handing out sweets to good girls and boys on skis so keep your eyes peeled!

Top of the Champéry - Croix de Culet cable car Top of the Foilleuse chairlift Morgins Bottom of the Crosets 8 chairlift Les Crosets 10h00 > 14h00

Free

26 MONDAY

SKI TOURING INTRODUCTION & FONDUE





Morgins' own Kilian Granger, an elite member of the Swiss Ski Mountaineering team, will show you the basics of ski touring on a winter randonnée to the Savolaire alpine hut for a taste of their World Championship-winning fondue!

Place du 6 Août Morgins · 10h00 › 16h00

Single price (14-17 yrs, must be accompanied by an adult): 60.-

ART CHAMPÉRY

This all-new event will highlight artists and works inspired by nature, especially the mountains. An auction will follow the 4-day exhibition, giving you a chance to take home something beautiful for the holidays!

Centre Culturel Champéry

Exhibition 26 - 29.12 16h30 - 19h Auction 30.12 from 16h30

Free

27 TUESDAY

STORYTELLING EVENING TALL TALES AND MOUNTAINS

This storytelling evening recalls the firelit evenings of vestervear, when tall tales told by flickering candlelight helped pass the long winter nights. A small snack will keep you from feeling peckish.

Parking du Ranch Morgins · 16h00 › 17h30

Single price (5-12 yrs): 15.-





28 WEDNESDAY

WILDLIFE TRACKING SNOWSHOE RAMBLE # (



How does a hare, a squirrel, or a roe deer spend the winter? Follow your guide through a snowy wonderland and find out! You'll learn to spot and interpret the signs of animal activity

Restaurant le Virage Champoussin · 14h00 › 16h30 Adult · 35 -

and enjoy a tasty surprise along the way!

Child (8-15 yrs, must be accompanied by an adult): 20.-

100% SAPIN 🖈 🏝

The majestic fir tree, icon of the alpine forest, provides a wealth of ingredients for tasty natural recipes and oldfashioned remedies. This workshop will cover everything, from identifying, picking, tasting, and making wonderful products to take home.

Place du 6 Août Morgins · 13h30 › 16h30

Adult: 45.-

Child (10-15 yrs, must be accompanied by an adult): 20.-

FAIRYLAND FANTASY - CÉLESTE

This magical spectacle stars Céleste, a giant, illuminated marionette that floats gently in the night sky. She will be accompanied by a Firelight, a fire and light show featuring performers, jugglers and fire twirlers.

Champéry church square · 17h00 > 19h30 Free

FOILLEUSE VERTICAL CHALLENGE *

If the idea of an uphill sprint on skis by moonlight sounds like fun, then the Foilleuse Vertical is for you! With a 525-meter elevation gain over just 2.66 km, this ski touring ascent appeals to beginners, amateurs and die-hard 'skinners' training for the Patrouille des Glaciers race. But what really sets this apart from other ski touring sufferfests is the jovial, convivial atmosphere!

Departure Foilleuse slope Morgins · 19h00 › 21h30

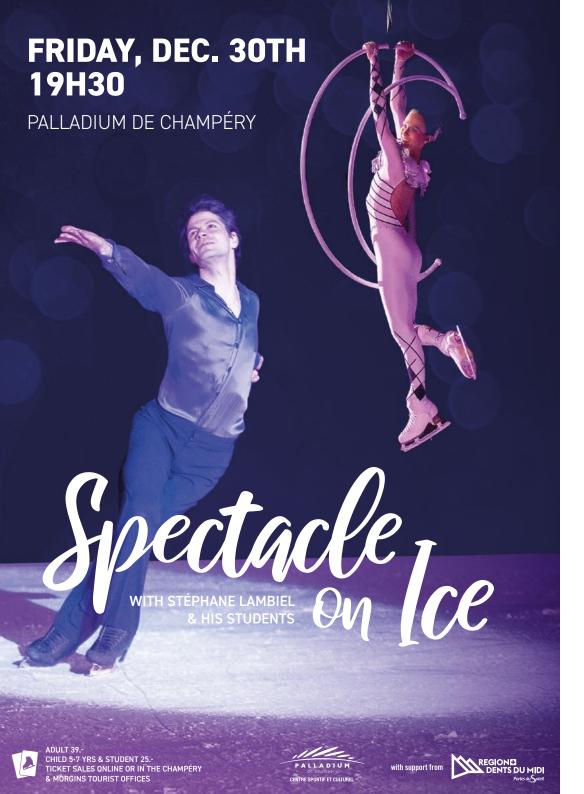
Registration online: 20.-

Registration before start from 17h30 - 18h50: 25.-









29 THURSDAY

HOW TO BUILD AN IGLOO



Little Inuits learn how to build igloos from an early age and

Little Chapel Les Crosets · 13h30 > 15h30

Single price (6-12 vrs): 10.-

100% NATURAL CREATIVE WORKSHOP

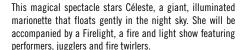


Nature does a body good! Young nature-lovers will learn how to make homemade soaps, balms, and soothing ointments for ouches, while learning about all the natural goodness found in plants.

Hôtel Suisse Champéry · 15h00 › 16h30

Single price (7-12 yrs): 15.-

FAIRYLAND FANTASY · CÉLESTE



Morgins village square · 17h00 > 19h30

Free

DISCO KIDS (9)

Adults aren't the only ones who like to après! From groovy music to non-alcoholic drinks, this kid-friendly disco party gives the next generation a chance to boogie with their

La Crevasse Champéry · 17h30 › 19h30

Single price (4+ yrs)

SAF Club Morgins · 17h30 › 19h30

Single price with a drink (4+ vrs): 5.-

30 FRIDAY

HOLIDAY MACARONS BAKING WORKSHOP



Roll up your sleeves and pre-heat your ovens for a delicious baking workshop! Today we'll be making elegant macarons for a gourmet holiday treat.

La Cavagne Troistorrents · 09h30 › 12h30

Single price (6-15 yrs, must be accompanied by an adult): 20.-

CHEESE CELLAR TOUR & TASTING



Our cheese-ripening cellar holds 16,000 golden wheels of authentic Raclette cheese. When you're done visiting our state-of-the-art cellar, we'll treat you to a cheese tasting with a glass of delicious Swiss wine.

La Cavagne Troistorrents · 14h00 › 16h00

Single price (6-15 yrs. must be accompanied by an adult): 20.-

FAIRYLAND FANTASY · CÉLESTE

This magical spectacle stars Céleste, a giant, illuminated marionette that floats gently in the night sky. She will be accompanied by a Firelight, a fire and light show featuring performers, jugglers, and fire twirlers.

Lift company parking Les Crosets · 17h00 > 19h30

SPECTACLE ON ICE

Aerial acrobatics, figure skating, magic - this magnificent holiday ice show is performed by the group Patin'air with a special guest appearance by Stéphane Lambiel, two-time world champion and Olympic silver medallist.

Palladium Champéry · 19h30 › 21h00

Adult: 39.- · Child (5-17 yrs): 25.-

Free for -5 yrs



31 SATURDAY

FUN PARK 😉

No 'boreds' allowed! Region Dents du Midi's fabulous Fun Park is back for the holidays, with bouncy castles and games galore!

31.12.2022 - 07.01.2023

Val-d'Illiez gymnasium · 13h00 › 18h00

Free (3-12 yrs, must be accompanied by an adult)

ICE DISCO *

What better way to usher in the New Year that at the disco... on ice! Come shake your tail feathers at this glittering, glamorous disco party on ice for guests of all ages.

Palladium Champéry · 16h00 › 21h00 Single price (skate rental incluse) : 10.-

Centre Sportif Morgins · 17h00 › 20h00

Free (skate rental 5.-)

NEW YEAR'S EVE

Send out the old and ring in the New Year with music, spectacles and, of course, fireworks shows! We'll keep you toasty warm and cheery with hot wine and a festive atmosphere in the Region Dents du Midi resorts!

Champéry, Champoussin, Les Crosets, Morgins Free













Rivella Speed Check

- How fast can you schuss?
- Head to the Speed Check at the Bochasses slope to find out.
- Prize drawing at the end of the season.
- Register for free on Skiline for a photo of your finish and time.



Rivella Boardercross

> Challenge your friends on a real bordercross course with banked turns, bumps and gates galore!



\star SAVE THE DATE \star 23.02

Rivella speed skiing workshop

Free with a valid lift pass

Top of the Bochasses lift

JANUARY

2 MONDAY

SKI TOURING REGION DENTS DU MIDI ₩

Earn your views! Accompanied by an experienced guide, skin up the Pointe de Bellevue high above the village of Morgins to take in one of the region's most spectacular panoramas.

Morgins tourist office · 09h00 > 16h00

Single price (14+ yrs): 80.-

LITTLE TRAPPERS & IGLOO BUILDING **

Young explorers will strap on their snowshoes and play Far North with an imaginary Alaskan adventure in search of wild animal tracks. Like any respectable tundra-dweller, they'll learn to build an igloo and make a campfire.

Champeys drag lift Champoussin · 13h30 > 16h30

Single price (6-12 vrs): 15.-

3 TUESDAY

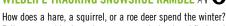
SKI TOURING REGION DENTS DU MIDI ₩

Say Chésery! Today's ski touring outing will take you to the Pointe de Chésery, one of Region Dents du Midi's most emblematic peaks.

Lift company parking Les Crosets · 09h00 >16h00

Single price (14+ yrs): 80.-Portes du Soleil ski pass obligatory

WILDLIFE TRACKING SNOWSHOE RAMBLE A 😛



Follow your guide through a snowy wonderland and find out! You'll learn to spot and interpret the signs of animal activity and enjoy a tasty surprise along the way!

Morgins tourist office - 14h00 > 16h30

Adult : 35.-

Child (8-15 yrs, must be accompanied by an adult): 20.-

NATURE DIY WORKSHOP & 🗪



Using 100% organic ingredients and plants you'll try your hand at making useful products for the winter, like an aromatic candle or a lip balm.

Restaurant l'Étable Les Crosets : 14h00 > 16h00

Single price (8-15 yrs, must be accompanied by an adult): 35.-

STORYTELLING EVENING TALL TALES AND MOUNTAINS

This storytelling evening recalls the firelit evenings of yesteryear, when tall tales told by flickering candlelight helped pass the long winter nights. A small snack will keep you from feeling peckish.

Grand Paradis Shelter Champéry · 16h00 > 17h30

Single price (5-12 yrs): 15.-

MOVEMENT TRACKS CHALLENGE

This winter, Region Dents du Midi invites you to try the MOVEMENT Tracks Challenge! Slap on your skins and see how you measure up to our local champions on the Morgins Rando Parc's most iconic trail - La Jaune. The winner will receive 2 VIP tickets to watch the Ski Mountaineering World Cup in Morgins from January 11th to 14th, 2023.

Start at Place du 6 Août Morgins







11-14.01.23

MORGINS

VERTICAL · SPRINT · INDIVIDUAL · OPEN

RDDMWORLDCUP.CH























JANUARY

4 WEDNESDAY

100% NATURAL CREATIVE WORKSHOP

Nature does a body good! Young nature-lovers will learn how to make homemade soaps, balms, and soothing ointments for ouches, while learning about all the natural goodness found in plants.

Salle de la Jeur Morgins · 14h00 › 15h30

Single price (7-12 yrs): 15.-

PHOTO WORKSHOP IN THE THEY VALLEY

It would be hard to find a more photogenic spot to learn the tricks of the trade of landscape photography. In brilliant daylight or the dark of night, or with a spectacular sunset over the mountains, we will see just how different the same landscape can look in different light.

Morgins tourist office · 16h00 > 19h00

Single price (16+ yrs): 30.-

FAIRYLAND FANTASY LIGHTNING DRUMMERS

Just recently returned home after a successful world tour, the Moz Drums company will light up Region Dents du Midi with holiday magic. Enchanting percussion beats and extravagant colour effects make for an extraordinary sound and light show and a feast for all your senses!

Le Caveau Champoussin · 17h00 > 19h30

Free

CHILDRENS' THEATRE: SIMON'S KITE (04.01)

Simon has made a kite for his little sister's birthday, but before he has the chance to give it to her, it's caught by the wind and whisked away! Simon discovers it has been blown to a mysterious place called the Land of Emotions. With the help of his young audience, Simon will have to face fear, anger, and sadness and learn to express his feelings to get the beautiful kite back for his sister.

Salle de la Jeur Morgins · 16h00 > 17h00 Single price (3-10 yrs): 10.-(free for accompanying adults)

5 THURSDAY

FOREST BATHING RAMBLE & 🖈

A ramble in silence, a moment of introspection and careful observation... you can almost feel the forest breathing along with you. Forest bathing is a rejuvenating path to mind and body wellness. During the outing, your guide will provide a tasty snack.

Morgins tourist office · 17h00 > 19h00

Single price (18+ vrs): 30.-

FAIRYLAND FANTASY LIGHTNING DRUMMERS

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Morgins village square · 17h00 > 19h30

STORYTELLING EVENING A GIFT FROM THE NORTH

This heartwarming story of courage and survival in the Far North is an ode to cooperation and willpower. We'll treat you to a steaming cup of hot wine while you listen to this enthralling indigenous Alaskan legend...

Frâchette Shelter Champoussin · 17h30 > 19h00

Single price (12-15 yrs, must be accompanied by an adult): 15.-

DISCO KIDS 😛

Adults aren't the only ones who like to après! From groovy music to non-alcoholic drinks, this kid-friendly disco party gives the next generation a chance to boogie with their besties.

La Crevasse Champéry · 17h30 › 19h30

Free (4+ yrs)

SAF Club Morgins · 17h30 > 19h30

Single price with a drink (4+ yrs): 5.-



JANUARY



HOLIDAY MACARONS BAKING WORKSHOP



Roll up your sleeves and pre-heat your ovens for a delicious baking workshop! Today we'll be making elegant macarons for a gourmet holiday treat.

La Cavagne Troistorrents · 09h30 › 12h30

Single price (6-15 yrs, must be accompanied by an adult): 20.-

LITTLE TRAPPERS & IGLOO BUILDING **



Young explorers will strap on their snowshoes and play Far North with an imaginary Alaskan adventure in search of wild animal tracks. Like any respectable tundra-dweller, they'll learn to build an igloo and make a campfire.

Grand Paradis Shelter Champéry · 13h30 › 16h30 Single price (6-12 vrs): 15.-

CHEESE CELLAR TOUR & TASTING 2 6



Our cheese-ripening cellar holds 16,000 golden wheels of authentic Raclette cheese. When you're done visiting our state-of-the-art cellar, we'll treat you to a cheese tasting with a glass of delicious Swiss wine.

La Cavagne Troistorrents · 14h00 >16h00

Single price (6-15 vrs. must be accompanied by an adult): 20.-



Just recently returned home after a successful world tour. the Moz Drums company will light up Region Dents du Midi with holiday magic. Enchanting percussion beats and extravagant colour effects make for an extraordinary sound and light show and a feast for all your senses!

Rue du Village Champéry · 17h00 > 19h30

Free

7 SATURDAY

GRAND PRIX MIGROS **

This much-anticipated popular race day is an annual tradition. More than a ski race, the Grand Prix Migros is a fun-for-all celebration of skiing over winning!

Grand Conche slope Les Crosets · 10h00 > 15h00

Registration at gp-migros.ch for kids 8 - 16 yrs

TOURNÉE #ENPISTES AVEC LE NOUVELLISTE

Ski on over to the Morgins sector for the latest stop on the Nouvelliste's #EnPistes winter party tour! Join the gang on the slopes at noon for a welcome drink, DJ, dancing, and a prize raffle!

Restaurant Là Ô Morgins · from 11h00

Free (additional snacks and drinks available for purchase)

100% SAPIN 🏝 🖈

The majestic fir tree, icon of the alpine forest, provides a wealth of ingredients for tasty natural recipes and oldfashioned remedies. This workshop will cover everything. from identifying, picking, tasting, and making wonderful products to take home.

Grand Paradis Shelter Champéry · 13h30 › 16h30

Adult: 45.-

Child (10-15 yrs, must be accompanied by an adult): 20.-

ICE DISCO 🗱 😛

What better way to usher in the New Year that at the disco... on ice! Come shake your tail feathers at this glittering, glamorous disco party on ice for guests of all ages.

Centre Sportif Morgins · 17h00 > 20h00

Free (skate rental 5.-)

CHILDRENS' THEATRE • THE TRIBULATIONS OF MONSIEUR ARISTIDE (07.01)

The tickets are sold, the audience is waiting, and the Boniface Circus Troupe is due to go onstage at any minute! Unfortunately, the whole troupe is stuck in a traffic jam, except for poor Monsieur Aristide, who suffers from terrible stage fright. The show must go on, but Monsieur Aristide is going to need help from the audience to overcome his shyness and put on the Greatest Show on Earth!

Centre Culturel Champéry · 16h00 › 17h00

Single price (3-10 yrs): 10.- (free for accompanying adults)

















WINTER HIGHLIGHTS

DECEMBER		
03-04	Advent Market · Troistorrents	
04	Saint Nicolas' Day · Val-d'Illiez	
07	Storytelling Evening · Morgins	
10	C'est l'hiver! Morgins Festival · Morgins	
17	Helvétienne de Morgins brass band concert · Morgins R.E.D Opening Day · Champéry	
17-18	Christmas Market · Morgins	
18	L'Écho de la Montagne brass band holiday concert Champéry En'Chantée Choeur Horizon choir concert · Morgins	
24-30	Fun Park · Morgins	
24	Meet Father Christmas · Region Dents du Midi	

25 Saint Nick on Skis! · Region Dents du Midi

28 Foilleuse Vertical Challenge · Morgins

28-30 Fairyland Fantasy I Céleste · Region Dents du Midi

30 Auction | Art Champéry - Champéry

31 New Year's Eve · Region Dents du Midi Fun Park . Val-d'Illiez

	Fun Park · vai-u illiez
	JANUARY
01-07	Fun Park · Val-d'Illiez
04-06	Fairyland Fantasy Lightning Drummers Region Dents du Midi
06	NC Vox choir concert · Champéry
07	En pistes avec le Nouvelliste · Morgins Grand Prix Migros · Les Crosets
11-14	Region Dents du Midi Skimo World Cup · Morgins
13-15 20-22 27-29	Theatre Paul's Key · Val-d'Illiez
23-27	Welsh Alpine Ski Championship · Champéry-Les Crosets
27	Ski Alpi Champéry · Champéry
28	Migros Ski Day · Champoussin

28-30.12	Châtel Classic · Châtel
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15-23.12 Super Noël · Monthey

09-10.01 La Grande Odyssée · La Chapelle d'Abondance

	FEBRUARY
11	Movement Golden Apple Tracks · Morgins
15-17	Fairyland Fantasy · Region Dents du Midi
18	Children's Carnaval · Champéry
18-21	Carnaboum · Val-d'Illiez
18-26	Fun Park · Champéry
21	Children's Carnaval · Morgins
22-24	Raclette on Tour · Region Dents du Midi
23	Rivella Intro to Speed Skiing · Champoussin
	MARCH
10-12	Rock The Pistes OFF festival - Champéry

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10-12	Rock The Pistes OFF festival · Champéry
12-18	Rock The Pistes Festival · Portes du Soleil
16-18	Rock The Pistes OFF festival · Morgins
25	Harry's Ride · Morgins
27-31	Maxi-Rires Festival - Champéry

APRIL

01 Mayi-Piros Fostival . Champéry

UI	maxi-nii co i couvai · Ghallipely
	Banked Slalom · Les Crosets
08	En pistes avec le Nouvelliste · Les Crosets
	Bike & Sound Winter Festival Les Crosets

22 L'Écho de la Montagne brass band annual concert Champéry

"IN THE REGION

EXHIBITIONS			
09-25.12	Claudia Brugnolo · Espace Raiffeisen Champéry		
30.12-22.01	Raymond Bonzon · Espace Raiffeisen Champéry		
Dec - mid-Jan	Charles Jones Way & Jean-Joseph Geisser Galerie de la Tine Troistorrents		
26-29.12	Art Champéry · Centre Culturel Champéry		
27.01-12.02	Angelo Garbo · Espace Raiffeisen Champéry		

³⁰ Spectacle on Ice · Champéry





#regiondentsdumidi

info@rddm.ch | regiondentsdumidi.ch

REGION DENTS DU MIDI TOURIST OFFICES

CHAMPÉRY

Rue du Village 54 1874 Champéry +41 24 479 05 50 champery@rddm.ch

MORGINS I TROISTORRENTS

Route du Village 6 1875 Morgins +41 24 477 23 61 morgins@rddm.ch

VIRTUAL INFORMATION POINT VAL-D'ILLIEZ I LES CROSETS I CHAMPOUSSIN

AOMC train station 1873 Val-d'Illiez valdilliez@rddm.ch











